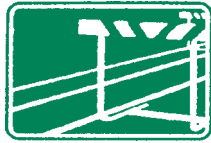


The Interscholastic



Spring Sports



Featured In This Issue:
Baseball Program
Softball Program
Tennis Program
Track Program



February 2019

**THE
INTERSCHOLASTIC
(USPS 582-020)**

February, 2019

Volume 69, No. 3

Published three times a year at Parkersburg, West Virginia by the West Virginia Secondary School Activities Commission in the interest of all participants in the interscholastic activities program.

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- Assistant Executive Director Greg Reed
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- Assistant Executive Director Dr. Cindy Daniel

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REGIONAL DEPUTY DIRECTORS

- REGION 1
- Jason Marling Sherrard Middle School
- REGION 2
- Dottie Smith Wirt County High School
- REGION 3
- Matt DeMotto Bridgeport High School
- REGION 4
- Judy Marcus Washington High School
- REGION 5
- Eddie Vincent .. Buckhannon-Upshur High School
- REGION 6
- John Henry Shady Spring Middle School
- REGION 7
- Amy Robertson Greenbrier West High School
- REGION 8
- Mark Godfrey PikeView High School
- REGION 9
- Jeff Kelley St. Albans High School
- REGION 10
- Brent Jarrell Barboursville Middle School

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TOURNAMENT SITE PROPOSALS

The WVSSAC is soliciting written proposals from schools and cities interested in hosting state tournaments. Contact the WVSSAC office for proposal deadlines.

| <u>Sport</u> | <u>Present Location</u> | <u>Next Open Date</u> |
|---------------------------|-------------------------|-----------------------|
| Baseball | Charleston | 2021 |
| Basketball (Boys & Girls) | Charleston | 2019 |
| Cheerleading | Huntington | 2023 |
| Cross Country | Ona | 2020 |
| Football | Wheeling | 2020 |
| Golf | Wheeling | 2020 |
| Soccer | Beckley | 2020 |
| Softball | Vienna | 2020 |
| Swimming | Morgantown | 2019 |
| Tennis | Charleston | 2019 |
| Track | Charleston | 2020 |
| Volleyball | Charleston | 2019 |
| Wrestling | Huntington | 2021 |

Proposals should include:

- * Facility description (number of seats, public address system, locker rooms, concessions, display room for banners, hospitality, etc.,)
- * Lodging and restaurant facilities
- * Transportation
- * Proposed budget

Information on proposals should be directed to Executive Director Bernie Dolan at 304-485-5494.



Your WVSSAC Administrators



Bernie Dolan
Executive Director



Greg Reed



Wayne Ryan



Dr. Cindy Daniel

----- Assistant Executive Directors -----

Matt DeMotto Appointed to Deputy Board

Mr. Matt DeMotto, Principal, Bridgeport High School, was appointed to serve on the Deputy Board to represent Region 3.

Matt was born in Elkins, WV and graduated from Coalton High School. He continued his education at West Virginia Wesleyan with a degree in Biology, Physical Education and Athletic Training. He received his education leadership degree from West Virginia University.

He holds certificates in Biology/PE/General Science/ Athletic Training and Administration. He taught Biology at Washington Irving High School, and Lumberport Middle School - Title 1 Teacher. He also taught Physical and Earth Science at Roosevelt Wilson Junior High. He taught 7th grade Science at Washington Irving Middle School. He served as Assistant Principal at Nutter Fort Primary School and Bridgeport High School before accepting the principalship at Bridgeport High School in 2018.

Matt was a member of the 1985 Class A State Baseball Champions at Coalton High School.

Mr. DeMotto and his wife Stacey are the parents of two children: Carson and Quinn. They attend All-Saints Catholic Church.



Matt DeMotto

We are pleased to have Mr. DeMotto to serve on our Deputy Board at the WVSSAC



REGIONAL BAND FESTIVALS – 2019

Region 1 – Hancock, Ohio, Brooke, Marshall, Wetzel, and Tyler

Location: John Marshall High School
 Date: **April 9, 10, 2019**
 Director: Ms. Tracey Filben, Bandmaster
 John Marshall High School
 1300 Wheeling Avenue
 Glen Dale, WV 26038
 E-mail: tfilben@k12.wv.us

Region 2 – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun, Roane, Jackson, Mason, and Pleasants

Location: Parkersburg South HS
 Date: **April 10, 11, 2019**
 Director: Ms. Eric Staats, Bandmaster
 Parkersburg South High School
 1511 Blizzard Drive
 Parkersburg, WV 26101
 E-mail: edstaats@k12.wv.us

Region 3 – Putnam, Cabell, and Wayne

Location: Cabell Midland High School
 Date: **April 10, 11, 12, 2019**
 Director: Mr. Tim James, Bandmaster
 Cabell Midland High School
 2300 Route 60
 Ona, WV 25545
 E-mail: trjames@k12.wv.us

Region 4 – Kanawha

Location: Capital High School
 Date: **March 28, 29, 2019**
 Director: Ms. Meleah Fisher, Bandmaster Herbert Hoover HS
 Herbert Hoover High School
 5096 Elk River Rd. North
 Elkview, WV 25071
 E-mail: mfisher@mail.kana.k12.wv.us

Region 5 – Lincoln, Boone, Logan, Mingo, and Clay

Location: Chapmanville Regional High School
 Date: **April 10, 11, 2019**
 Director: Robin Bailey, Bandmaster
 Chapmanville Regional High School
 200 Vance Street
 Chapmanville, WV 25508
 E-mail: robin.bailey@k12.wv.us

Region 6 – Wyoming, McDowell, Mercer, and Monroe

Location: Princeton High School
 Date: **March 28, 2019**
 Director: Ms. Julia Kade, Bandmaster
 Chuck Mathena Center
 #2 Stafford Commons
 Princeton, WV 24740
 E-mail: jkade@suddenlink.net

Region 7 – Fayette, Raleigh, Summers, Greenbrier, and Nicholas

Location: Woodrow Wilson High School
 Date: **April 10, 11, 2019**
 Director: Mr. William Bailey
 194 Oak Leaf Trail
 Mount Hope, WV 25880
 E-mail: bbailey49@frontier.com

Region 8 – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton

Location: Philip Barbour High School
 Date: **April 5, 6, 2019**
 Director: Mr. Victor Iapalucci, Bandmaster
 Philip Barbour High School
 99 Horseshoe Drive
 Philippi, WV 26416
 E-mail: viapaluc@k12.wv.us

Region 9 – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson

Location: Musselman High School
 Date: **March 20, 21, 22, 2019**
 Director: Mr. Michael Knepper, Bandmaster
 Musselman High School
 126 Excellence Way
 Inwood, WV 25428
 E-mail: mknepner@k12.wv.us

Region 10 – Preston, Monongalia, Marion, Taylor, and Harrison

Location: Bridgeport High School/Robert C Byrd High School
 Date: **May 1, 2, 2019**
 Director: Mr. Michael Ford
 144 Virginia Street
 Jane Lew, WV 26378
 E-mail: musicmakers07@aol.com

BAND ADJUDICATORS

Adjudicators for Regional Band Festivals can be found on the WVSSAC website.

The WVSSAC website can be found at www.wvssac.org. At the top of the page, Click on **School Resources**, then click on **Band** in the drop down box. Then click on **Adjudicators**.



2019 Baseball Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that must be filed with the WVSSAC office and the instructions for each sport are in the Director's Manual.

The following items were discussed and recommended by the Coaches' Baseball Committee for approval by the Board of Directors:

| 2019 Baseball Dates | | |
|---------------------|---------------|-----------------|
| Season Begins | Week 35 | February 25 |
| First Contest | Week 37 | March 13 |
| Sectional | Weeks 45 - 46 | May 6 - 18 |
| Regional | Week 47 | May 20 - 25 |
| State | Week 48 | May 30 - June 1 |
| Middle School Dates | | |
| Season Starts | Week 35 | February 25 |
| First Contest | Week 37 | March 13 |
| Season Ends | Week 45 | May 11 |

I. GENERAL INFORMATION

- A. The Speed-up Rule will be used as it relates to runners. This privilege will be optional to each coach.
 - 1. A courtesy runner may be used for the pitcher and/or catcher. The same runner may not be used for both positions. Neither the pitcher nor the catcher will be required to leave the game under such circumstances.
 - 2. Players who have participated in the game in any other capacity are ineligible to serve as courtesy runners. A player may not run as a courtesy runner for the pitcher or the catcher and then be used as a runner or batter for another player in that half inning.
- B. Team uniforms should conform to Rule 1-4-1-2-3-4, National Federation Baseball Rules Book. Teams purchasing new uniforms should be aware of the rule that relates to numbering and size of numbers.
- C. All varsity, junior varsity and middle school contests must use WVSSAC registered officials.
- D. Any high school player or coach who is ejected from a contest must sit out the next three scheduled contests at that level and all other contests in the interim. Middle school ejections result in a two game suspension.
- E. Remember that it is mandatory for players to use the NOCSAE approved batting helmet and NOCSAE approved catcher's headgear. Refer to Rule 1-5-1-2-3-4-5 of the National Federation Baseball Rules Book.
- F. **The Spalding TF-Pro is the official baseball adopted by the WVSSAC.** It will be used in all Sectional, Regional and State Tournament play. All baseballs used during games must have the National Federation Authenticating Mark.
- G. High school varsity coaches are reminded to rate game officials and send the report to the WVSSAC office at mid-season and at the end of the season.
- H. Use of Tobacco: The use of tobacco or tobacco-like products is prohibited by officials, coaches, players, and team attendants during a contest. A player or coach detected using tobacco will be ejected and will not be allowed to re-enter. They will also sit out the next three regularly scheduled games.
- I. **Points of Emphasis:**
 - 1. **All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**
 - 2. Sportsmanship of Coaches, Players and Fans-Always remember the importance of sportsmanship to the game.

- 3. Coach's Uniform-Coaches **must** be in the same uniform as the players, however, coaches will be allowed to wear pullover or jacket in school colors. Coaches occupying coaching boxes must be in the same color jacket (if wearing a jacket).
- 4. Only coaches, players or eligible substitutes in proper uniform may occupy the coaching box.
- 5. Officials should submit a Special Report when a safety situation is discovered at a playing field.
- 6. The same baseball, type and brand name, must be used for the entire game.

J. Pregame Warm-up Procedures

The following are recommended warm-up procedures for the regular season, sectional, and regional games.

- 1. When the visiting team arrives at the game field, the home team will immediately begin its infield practice (not to exceed 15 minutes).
- 2. When the home team has completed its pregame infield practice, the visiting team will begin its infield practice (not to exceed 15 minutes).
- 3. Following the completion of pregame infield practice by both teams, the game umpires will meet at home plate with representatives from both teams (head coaches and/or captains) to discuss ground rules and present each team's starting line-up and batting order no later than 5 minutes before game time.

This specific procedure will hopefully encourage schools to be ready to "play ball" when game time arrives and to stipulate a procedure of pregame warm-up when it is obvious the game will not begin on schedule because of a late arriving visiting team or potential gamesmanship by coaches.
- 4. The pitcher is not allowed to throw warm-up pitches to the plate during infield practice.

K. Bats

Bats that are altered from the manufacturer's original design and production, or that do not meet the rule specifications, are illegal. No artificial or intentional means shall be used to control the temperature of the bat. No foreign substance may be inserted into the bat. Bats that are broken, cracked or dented or that deface the ball, i.e., tear the ball, shall be removed without penalty. A bat that continually discolors the ball may be removed from the game with no penalty at the discretion of the umpire.

II. RULES AND REGULATIONS:

WVSSAC Pitch Count Required Days of Rest (Pitches)

| Age | Maximum | 0 days | 1-Day | 2-Days | 3-Days | 4-Days |
|-----|---------|--------|-------|--------|--------|--------|
| HS | 110 | 1-30 | 31-50 | 51-75 | 76-110 | ----- |
| MS | 95 | 1-25 | 26-40 | 41-55 | 56-70 | 71+ |

- 1. The pitch count is based on the number of pitches thrown to batters during the batter's time at bat. Warm up pitches allowed before the game, in between innings or allowed by the umpire in case of injury or game delay do not count. Additionally, intentional walks and balks do not count towards the total number of pitches thrown.
- 2. When the pitcher reaches 110 pitches, he may not pitch to another batter. He may only finish pitching to the current batter (at bat).
- 3. No player can pitch four (4) consecutive days.
- 4. The pitching rule applies even though a game is called (ended) by the umpire because of darkness, rain or some other factor before it has become an official game.



5. Game officials are not responsible for enforcing the pitch count rule. Schools should report violations to the WVSSAC office following competition.
6. Violations will be considered in the same manner as a school using an ineligible player. The minimum penalty for such violations is forfeiture of the game. Additional penalties could also apply such as, but not limited to, head coach suspension, program probation determined by the WVSSAC office.
7. Recording/Charting pitches:

During the game, each team will provide an individual (preferably a coach) to log pitches from the dugout. The home team will also provide a pitch count recorder in the press box or assigned area to record pitch counts.

Any discrepancy in the pitch count of either pitcher will be resolved at the conclusion of each half inning. If the pitch counts do not match, we will go with the predominant count. If all three counts do not match, the count used by the pitch count recorder will be considered the official count.

B. Ending a Game:

1. The ten (10) run rule will be in effect for all season games including all tournament games.
2. All tournament games will be seven (7) innings except when the ten (10) run rule is in effect. Tournament games stopped because of rain, lightning, etc., will be resumed at the point of interruption and continue for the regulation seven (7) innings. The suspended game rule may be used during regular season by mutual agreement of both coaches unless required by league rules to continue suspended games.
3. **By mutual agreement of both participating coaches prior to the start of the junior-varsity game, a J.V. game may be less than seven (7) innings.**
4. **In games involving middle school baseball teams, a single contest will be seven (7) innings. If playing a doubleheader, one game will be seven (7) innings and one will be five (5) innings. In a seven (7) inning game, the ten (10) run rule will be in effect following the fifth (5th) inning. In a five (5) inning game, a twelve (12) run rule will be in effect following the third (3rd) inning. No suspended games will be allowed should a game be terminated because of darkness or weather.**

III. TOURNAMENTS

A. SECTIONAL TOURNAMENT (May 6 - 18, 2019)

1. The principal or his/her designate of the school appearing in **BOLD FACE** in each section is asked to call a meeting of school representatives in his/her section to select tournament director, officials, etc. **All games will be played at higher seed.** The meeting should take place no later than Friday of Week 41 (April 12).
2. Sections with 5 or more teams must begin on May 6, 2019. Sections with 4 teams must begin on May 7, 2019. Sections with 3 teams must begin on May 8, 2019.
3. All Sectionals must be completed by Saturday, Week 46 - May 18, 2019.
4. **All games must be played on consecutive days (weather permitting) once the tournament begins.**
5. Sectionals must be double elimination.
6. **Seeding Procedure for Sectional and Regional Tournaments**
 - a. Ballots will be faxed and emailed to each school by Friday, April 26, 2019.
 - b. Ballots will include the names of all schools in the Region. They must be returned to the WVSSAC office by noon on

April 30, 2019.

- c. Coaches will rate all schools in sections 1 and 2. Do not vote for your own team!
- d. The WVSSAC and the schools will separate the schools into appropriate brackets involving teams in Section 1 and Section 2.
- e. Each school will have one of the highest and lowest ratings eliminated.
- f. Principal and Head Coach must sign the ballot before returning to the WVSSAC.
- g. **If two or more teams are tied, the following criteria will be used to resolve the tie:**
 1. **Head to Head Competition**
 2. **Total Number of Wins in Classification or Above**
 3. **Total Number of Wins**
 4. **Toss of Coin**
7. If a winner cannot be determined by Saturday May 18, 2019, the tournament winner will be determined by reverting to a single elimination format.
8. Tournament Directors are also reminded to use only Class I and II officials and to file pre-tournament pairings, post-tournament results, and financial statements with the WVSSAC. Forms may be found in the Director's Manual.
9. The official party for reimbursement is twenty (20). However, a total of twenty-five (25) may be in the dugout. Sectional and Regional Directors are to enforce this rule.
10. The West Virginia Secondary School Activities Commission will provide each Sectional and Regional winner with a championship plaque at no charge for 2018.

Class AAA (Sectionals)

Region I

- | | |
|-----------|--|
| Section 1 | Brooke, John Marshall, Wheeling Park |
| Section 2 | Buckhannon-Upshur, Morgantown, Preston , University |

Region II

- | | |
|-----------|---|
| Section 1 | Hedgesville, Martinsburg, Musselman , Spring Mills |
| Section 2 | Hampshire, Jefferson, Washington |

Region III

- | | |
|-----------|--|
| Section 1 | Capital, George Washington, South Charleston , St. Albans |
| Section 2 | Greenbrier East, Princeton, Riverside , Woodrow Wilson |

Region IV

- | | |
|-----------|--|
| Section 1 | Parkersburg, Parkersburg South, Ripley |
| Section 2 | Cabell Midland, Huntington, Hurricane , Spring Valley |





AA

Region I

- Section 1 Berkeley Springs, Frankfort, **Grafton**, Keyser, Petersburg, Philip Barbour
- Section 2 East Fairmont, Fairmont Senior, **North Marion**, Oak Glen, Weir

Region II

- Section 1 Bridgeport, Elkins, **Liberty**, Lincoln, Robert C Byrd
- Section 2 Braxton County, Clay County, **Herbert Hoover**, Lewis County, Nicholas County, Roane County

Region III

- Section 1 Independence, Liberty (R), **Oak Hill**, Westside, Wyoming East
- Section 2 Bluefield, James Monroe, **Pike View**, River View, Shady Spring

Region IV

- Section 1 Point Pleasant, Nitro, **Poca**, Sissonville, Wayne, Winfield
- Section 2 Chapmanville Regional, Lincoln County, **Logan**, Man, Mingo Central, Scott

A

Region I

- Section 1 Cameron, **Hundred**, Madonna, Valley, Wheeling Central
- Section 2 Magnolia, Paden City, **Ritchie County**, St. Mary's, Tyler Consolidated

Region II

- Section 1 Clay-Battelle, Doddridge County, **Gilmer County**, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley
- Section 2 East Hardy, Moorefield, **Paw Paw**, Pendleton County, Tucker County, Union, **Harman**

Region III

- Section 1 Charleston Catholic, Fayetteville, **Midland Trail**, Pocahontas County, Richwood, Valley (F), Webster County
- Section 2 Greater Beckley Christian, Greenbrier West, **Meadow-Bridge**, **Montcalm**, Mount View, Summers County

Region IV

- Section 1 Calhoun County, Parkersburg Catholic, **Raven-wood**, Wirt, Wahama, Williamstown
- Section 2 Buffalo, Hannan, **Sherman**, St. Joseph, Tolsia, Tug Valley, Van

B. REGIONAL TOURNAMENT (May 20-25, 2019)

1. The Regional Director will select umpires for all regional games. Umpires are to be Class I or II. Directors should cooperate with participating schools for selection of umpires; however, the final decision will be made by the Regional Director.
2. The WVSSAC will provide each region with a championship plaque.
3. The Regional Director is responsible for the entire game management and filing financial reports with WVSSAC.
4. Participating schools and officials shall receive proper and adequate notice of any change in scheduling.
5. The Regional Director shall purchase six (6) Spalding TF-Pro baseballs per game. The expense will be charged against the tournament proceeds. Baseballs will be divided between the participating schools after the game.
6. Finances - A financial report will be prepared for each regional game. Profit or loss should be shared by the teams in each game.
Ticket Prices: Adult \$6.00, Student \$5.00
7. Changes in game sites and times - If changes occur, officials that were originally assigned must be given first consideration to work the rescheduled contest.
 - a. A second ballot will be sent to the schools who have advanced to the Regional Tournament. These ballots will be used to seed the State Tournament.
 - b. Ballots will be sent Friday, May 17, 2019 by fax and email and due back to the WVSSAC by noon on Tuesday, May 21, 2019.
 - c. The Regional Tournament is a best 2 of 3 series.
 - d. The highest seed from the initial ballot will host games 1 and 3 (if necessary).
 - e. The Regional Tournament must begin on Monday, May 20 if Sectional Tournament is Completed on or before Thursday, May 16, 2019. Regional Tournament must begin on Tuesday, May 21, 2019 if Sectional Tournament not completed by Thursday, May 16, 2019.

C. STATE TOURNAMENT (May 30 - June 1, 2019)

The State Tournament will be held at Appalachian Power Park, Charleston, West Virginia. Participating schools should refer to Reimbursement Schedule 2018-2019 for expense schedule.

Ticket Prices: Adult \$8.00 Student \$7.00 Book Tickets \$30.00

The class that plays on the first day of the tournament will rotate:

- 2019 - Class AA
- 2020 - Class A
- 2021 - Class AAA
- 2022 - Class AA

Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.



(* Home Team)

1st Session

Thursday May 30 - 4:30 p.m. - AA #1 seed vs #4 seed
 May 30 - 50 min. after Game 1 AA #2 seed vs #3 seed

2nd Session

Friday May 31 - 10:00 a.m. - A #1 seed vs #4 seed
 May 31 - 50 min. after Game 1 - A #2 seed vs. #3 seed

3rd Session

Friday May 31 - 5:00 p.m. - AAA- #1 seed vs #4 seed
 May 31 - 50 min. after Game 1 - AAA #2 seed vs #3 seed

4th Session

Saturday June 1 - 10:00 a.m.
 AA Finals - Game 1 - Home Team
 45 minutes following award presentation
 A Finals - Game 1 - Home Team
 45 minutes following award presentation
 AAA Finals - Game 1 - Home Team

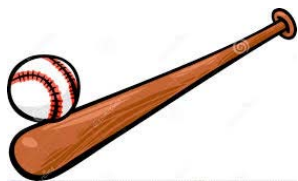
Awards

SECTIONAL TOURNAMENT - Team Championship (WVSSAC will provide a plaque).

REGIONAL TOURNAMENT - Team Championship (WVSSAC will provide a plaque).

STATE TOURNAMENT - Team: Championship (each class)
 Runner-up (each class)
 Individual: Championship - 20 (each class)
 Runner-up - 20 (each class)
 All Tournament - 10 (each class)

The tournament director will select a committee to choose at least one person from each participating school for the All Tournament team.

**2017-2018 State Baseball Champions**

AAA
Hurricane High School

AA
Bridgeport High School

A
Moorefield High School

2019 Baseball Rules Clinics

Listed below are scheduled Rules Clinics for Baseball during the 2016-2017 school year.

SCHOOLS: The **Head Coach** shall be required to attend any sports rules clinics which are sponsored by this Commission in his/her coaching assignment. Schools failing to have a head coaching position filled at the time of the clinic will be required to have a school representative present at the rules clinic. An individual can only represent one school unless he/she is head coach at both schools. In a 9-12 school, both the varsity and 9th grade coach are required to attend. Middle School head coach must attend.

The clinic attendance requirement will not be granted if the coach or representative is late in excess of 10 minutes.

| DATE | LOCATION | TIME | COORDINATOR |
|---------|-------------------------------|------------|----------------|
| Jan. 25 | Charleston Catholic Ath. Com. | 1:00 p.m. | Greg Reed |
| Jan. 26 | Interpreters' Clinic (WVSSAC) | 9:00 a.m. | Greg Reed |
| Jan. 26 | WVSSAC Office | 9:00 a.m. | Greg Reed |
| Jan. 28 | Logan H. S. | 6:00 p.m. | Brian Atkinson |
| Jan. 29 | Huntington H. S. | 6:00 p.m. | Bruce Senior |
| Jan. 31 | Wheeling Park H. S. | 6:00 p.m. | Dwaine Rodgers |
| Feb. 2 | Martinsburg H. S. | 9:00 a.m. | David Walker |
| Feb. 2 | Frankfort H. S. | 12:30 p.m. | Jay Hesse |
| Feb. 4 | Woodrow Wilson H. S. | 6:00 p.m. | Tim Carrico |
| Feb. 5 | Capital H. S. - Charleston | 6:00 p.m. | Ron Wilson |
| Feb. 7 | Robert C. Byrd H. S. | 6:00 p.m. | Scott Davis |
| Feb. 11 | *WVSSAC Office | 7:00 p.m. | Greg Reed |

*Make-up Clinic - \$10.00 Fee

Requests for baseball rule interpretations or explanations should be directed to the state association responsible for administering and conducting the high school baseball programs in your state. The National Federation will assist in answering rules questions from state associations whenever called upon.

2019 MAJOR BASEBALL RULE REVISIONS

1-3-1 — Modified the effective date that baseballs shall meet a NOCSAE performance standard. (Effective January 1, 2020).

6-1-3 — Modified an element of the pivot foot requirement.

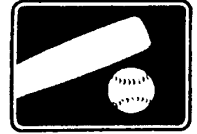
Officials' Signals — Created a signal for a 3- or 4-person mechanic to indicate the direction of rotation to the umpiring crew.

Officials' Signals — Created a signal for a game umpire to alert his or her partner of relevant information.

2019 Baseball Points of Emphasis

Sportsmanship
 Compliance of Players' Equipment
 Baserunner's Responsibilities

2019 Girls' Softball Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.

2019 High School Softball Dates

| | | |
|------------------|----------------|----------------------------|
| Season Starts | Mon. of Wk. 35 | February 25 |
| 1st Contest Held | Wed. of Wk. 37 | March 13 |
| Sectional | Week 44-45 | April 29-May 11 |
| Regional | Week 46 | May 13 -18 |
| State | Week 47 | May 22-23 (Rain Date 24th) |

I. GENERAL INFORMATION

- The The NFHS Dudley Thunder Heat Softball yellow optic red stitch raised ball is the official state ball. This ball is required for all levels (sectional, regional, and state) of the tournament structure. The ball must display the COR .47, NF authenticating mark, and the compression of 375 lbs.
- All sectional, regional games must be played on softball fields with dirt infields. Every attempt should also be made for regular season games.
- Use of Tobacco: The use of tobacco or tobacco-like products is prohibited by officials, coaches, players, and team attendants during a contest. A player or coach detected using tobacco will be ejected from the contest.
- It is strongly recommended that the coach be attired in the same uniform as the team. If the coach is not attired in the team uniform, he/she must be attired in clothing of the school colors, white, black, gray or khaki. Coaches are allowed to wear jerseys/coaching shirts, coaching shorts/slacks or warm-up suits provided the clothing is of the school colors or white, black, gray or khaki. It is further required that the jersey/coaching shirt reflect the school name and/or logo. Cut-offs, fleece, or any type of jeans of any color are prohibited. Coaches for each team are not required to be in identical dress; however, each coach must comply with the regulations (colors, logo, etc.,).
- For regular season games to avoid unnecessary delay of the scheduled start time, it is recommended that the home team warmup first.
- The WVSSAC Board of Directors has approved that all temporary body markings and face paint must be removed. Permanent body markings must be covered if the game official determines the marking is objectionable. Note: This is an official's determination and is not protestable. This includes Eye Black - It must be worn as intended only directly under the eye.
- All sectional and regional receipts or expenses shall be shared by participating schools.

II. RULES AND REGULATIONS

- Fast pitch rules will be used for all middle and high school programs.
- The Maximum Team and Player Contests for high school is 32 games exclusive of sectional, regional, and state contests.
- Middle school teams and players may play 18 games including tournaments sanctioned by the WVSSAC. Middle School varsity teams must play 7 inning games. Note that the 10 and 8 run rules also remain in effect.
- At all school levels (middle school or high school), subvarsity games may be limited to 1 hour 30 minutes (provided the**

inning has been completed) or 7 innings or conclusion of the game - See Game Rules (Tie Breaker). The choice of these two game ending procedures must be determined by the coaches prior to the start of the game. This decision is to be communicated to the officials at the **pre-game conference**. If coaches cannot reach agreement, the game will be seven innings. Note that the 10 and 8 run rules would also remain in effect.

- Players' Uniforms: The following are points of emphasis in addition to the regulations specified in the National Federation Softball Rules Book:
 - All helmets shall have a permanently affixed Manufacturer Certified NOCSAE Stamp (Rule 1-6-1). Also, all helmets shall be equipped with NOCSAE approved face protector (Rule 1-6-6).
 - Players' uniforms are to be worn as manufactured. Example - shirts must be tucked in and sleeves not rolled up.
 - Players' shirts - All shirts must be tucked in. If the shirt comes out during play, players are to correct at the next opportune time. Failure to do so will result in a team warning. On the next occurrence, the player will be restricted to the dugout.**
- Game Rules: The National Federation Softball Rules will govern all play. In addition, the following rules are emphasized:
 - Rule 4-2-2 - Game ending procedure - after 4 1/2 or 5 innings if one team is ahead by eight (8) runs. This will be in effect for all regular season games and all tournament play.
 - A 10 run rule after 3 innings and before 4 1/2 innings will be in effect for regular season play only.
 - International Tie Breaker - The Tie Breaker may only be used in **regular season** and at the beginning of the 8th inning; **however, there must be mutual consent of both coaches before the game begins**. If there is not mutual consent, the Tie Breaker may not be used.

National Federation Rule 4-2-6: While using the tie-breaker, each half-inning begins by placing a runner on second base. That runner is the player in the batting order who precedes the lead off batter in that inning. Then the game proceeds a full inning or until a winner is determined in that inning.
 - All post season games will be played under suspended game rules. A suspended game is a game to be completed at a later date. Tournament games stopped because of rain, lightning, etc., will be resumed at the point of interruption and continue for the regulation seven (7) innings; the eight (8) run rule will be in effect for sectional, regional, and state tournament play.
 - During Regular Season, Suspended Games rule may be used if coaches mutually agree prior to the start of the game.
 - Game Ending Procedures for Invitational Tournaments: The option to use hour and a half or 5 inning game ending procedure will be determined by the Tournament Director and participating schools should be notified.
 - Pitching Rule: No pitcher shall pitch more than fourteen (14) innings in any one (1) day period. One (1) pitch is considered an inning pitched. There is no "lay over" regulation for softball pitchers. If the rule is violated, the head coach will be suspended for the next three (3) games and the pitcher will not be allowed to pitch in the next three (3) games. However, she may play another position during those three games.
 - A courtesy runner for the pitcher or catcher may be used.

III. POINTS OF EMPHASIS

- A. **All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**
- B. Schools must use WVSSAC registered officials for all softball contests.
- C. At the pre-game conference, officials are to give each head coach an officials' introductory card indicating the officials' names and registration numbers. It is important that officials also sign the scorebook. At that time, game ending procedures should be agreed upon.
- D. Coaches are reminded that good sportsmanship must be emphasized and practiced at all times by coaches, players, and spectators. If a coach or player is ejected from a contest, coaches should refer to WVSSAC Rule 127-4-3 Code for Interscholastic Athletics. In clarification, when a coach is ejected, he/she is required to leave the vicinity and is not allowed to coach at the next three played contests at that level. At the next three played contests, the coach is not allowed to have any contact with the team. This includes warming up the team or representing the team by wearing the team uniform to the game. He/she must be out of sight and sound.
- E. Coaches are to review the Non-School Participation Rule with all players.
- F. **Double First Base** may be used for regular season games only and the home school should notify visitors when it is being used.
- G. NFHS Pitching Distance for Middle School and High School is 43 feet.

IV. TOURNAMENTS

Tournament Play - Each team is permitted a maximum roster of eighteen (18) players whose names shall be submitted to the tournament director prior to participation at each level of tournament play. **Therefore, only 18 players may dress.** Each team shall be allowed a maximum of twenty-two (22) team personnel in the dugout or on the bench.

Ticket prices for each session of tournament games are as follows:

- | | | |
|----------------|------------------|--------------------|
| 1. Sectional: | local option | |
| 2. Regional: | Adults - \$6.00 | Students - \$5.00 |
| 3. State: | Adults - \$8.00 | Students - \$7.00 |
| 4. All Session | Adults - \$30.00 | Students - \$25.00 |

Awards:

- A. Sectional: WVSSAC Championship Plaque - The plaque is mailed to the school whose name appears in **BOLD FACE** print.
- B. Regional: WVSSAC Championship Plaque
- C. State (for each class):
 1. Team: Championship Trophy
Runner-up Trophy
 2. Individual: Champion (20)
Runner-up (20)
 3. All Tournament (10) Plaques
 4. Sportsmanship Plaque

A. SECTIONAL TOURNAMENT

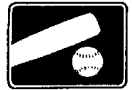
If there are 4 or more teams in your section, you must begin play on Tuesday, April 30th. Less than 4 teams must begin no later than Wednesday, **May 1st**. Exception: Schools may choose to begin sectional play on Monday, **April 29th**.

The games must be played on consecutive days once the tournament is started (weather permitting) and reverts to single elimination if not completed by rain date.

1. The school appearing in **BOLD FACE** will serve as temporary chairman of each sectional and as such will be responsible for calling a meeting by **March 13th**. **Before any games have been played, it is recommended that a school administrator (principal, assistant principal, athletic director) attend the sectional seeding meeting with the coach.** Site, pairings, selection of tournament director, dates, times, officials, awards, etc., shall be established at this meeting. Sectional tournament teams shall be seeded; therefore, it is recommended that teams play all other teams in their section. Sectional tournament play may be single or double elimination. However, the Softball Coaches' Committee has made the following changes to the tournament structure.
 - a. It is recommended that the sectional tournament be double elimination.
 - b. The "best" team should receive a "bye". The "best" team should be determined by using the following criteria:
 - 1) Head to head sectional
 - 2) Regional
 - 3) Overall record

Double Headers are recommended, but not required, to reduce travel.

The determination of home/visitor team and dug out assignments shall be made at the sectional meeting. For all tournament play, the home team dugout shall be the dugout on the first base line. The "bye" team shall be the home team.
 - c. At the sectional meeting, coaches shall reach **simple majority** decisions concerning the tournament format. Once the format has been established, **there is no change**. The WVSSAC office prefers that coaches/schools in each section reach agreement without intervention from this office. Intervention from this office is a last resort.
 2. Tournament Directors are to submit the Sectional Softball Tournament Form Sb1 by **April 18**.
 3. Registered Class I or II officials must be used.
 4. Sectional winners are to send team picture, roster, and team record to Alice Goodwin at the WVSSAC office. The roster form to be completed for the state tournament souvenir program is included in the Coach's Packet.
 5. Tournament Directors are to submit the Sectional Softball Financial Report Form Sb2 by **May 17**.
- #### B. REGIONAL TOURNAMENT - Host site will be home team.
1. Regional Directors will be responsible for selecting time and officials and for notifying participating schools. The Softball Coaches' Committee recommends the use of four person officiating crews.
 2. Regional Tournament play is double elimination.
 3. Registered Class I or II officials are to be used.
 4. Regional Host site will rotate from Section 1 to Section 2. Section 2 - 2020, Section 1 - 2021
 5. Game 1 will be played at Host school
Game 2 will be played at Visitor school
Game 3 will return to Host school
 6. Tournament Directors are to submit the Regional Softball Financial Report Form Sb4 by **May 24**.



The games must be played on consecutive days once the tournament is started (weather permitting) and reverts to single elimination if not completed by rain date.

C. STATE TOURNAMENT (May 22-23, 2019)

1. The State Tournament will be held at the Jackson Park in Vienna. Steve Black, Parks & Recreation and Chris Way, Parkersburg HS AD will serve as Tournament Directors. The tournament will be a two (2) day double elimination championship.
2. WVSSAC reimbursement for teams in the state tournament will be for a maximum of twenty (20) including players, managers, and coaches.
3. The playing schedule for the three classes will rotate yearly.
4. Four person officiating crews will be used.
5. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
6. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Sectional / Regional Alignment

AAA

Region I

- Section 1 Brooke, John Marshall, **Wheeling Park**
- Section 2 Buckhannon-Upshur, Morgantown, **Preston**, University

Region II

- Section 1 Hedgesville, Martinsburg, **Musselman**, Spring Mills
- Section 2 Hampshire, Jefferson, **Washington**

Region III

- Section 1 Capital, George Washington, **South Charleston**, St. Albans
- Section 2 Greenbrier East, Princeton, **Riverside**, Woodrow Wilson

Region IV

- Section 1 Parkersburg, Parkersburg South, **Ripley**
- Section 2 Cabell Midland, Huntington, **Hurricane**, Spring Valley

AA

Region I

- Section 1 Berkeley Springs, Frankfort, **Grafton**, Keyser, Petersburg, Philip Barbour
- Section 2 East Fairmont, Fairmont Senior, **North Marion**, Oak Glen, Weir

Region II

- Section 1 Bridgeport, Elkins, **Liberty**, Lincoln, Robert C Byrd
- Section 2 Braxton County, Clay County, **Herbert Hoover**, Lewis County, Nicholas County, Roane County

Region III

- Section 1 Independence, Liberty (R), **Oak Hill**, Westside, Wyoming East
- Section 2 Bluefield, James Monroe, **PikeView**, River View, Shady Spring

Region IV

- Section 1 Point Pleasant, Nitro, **Poca**, Sissonville, Wayne, Winfield
- Section 2 Chapmanville Regional, Lincoln County, **Logan**, Man, Mingo Central, Scott

A

Region I

- Section 1 Cameron, **Hundred**, Madonna, Valley, Wheeling Central
- Section 2 Magnolia, Paden City, **Ritchie County**, St. Mary's, Tyler Consolidated,

Region II

- Section 1 Clay-Battelle, Doddridge County, **Gilmer County**, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley
- Section 2 East Hardy, Moorefield, **Pendleton County**, Tucker County, Union

Region III

- Section 1 Charleston Catholic, Fayetteville, **Midland Trail**, Pocahontas County, Richwood, Valley (F), Webster County
- Section 2 Greater Beckley Christian, Greenbrier West, **Meadow Bridge**, Montcalm, Mount View, Summers County

Region IV

- Section 1 Calhoun County, Parkersburg Catholic, **Ravenswood**, Wirt, Wahama, Williamstown,
- Section 2 Buffalo, Hannan, **Sherman**, St. Joseph, Tolsia, Tug Valley, Van

Softball Regional Tournament

The Softball Coaches' Advisory Committee recommended to the Board of Directors and was adopted winner of Section 1 will secure umpires for the entire regional tournament.

2018-2019 Season - Class A, AA, AAA

1. Section 1 winner will host regional Game 1
2. Section 2 winner will host regional Game 2
3. Section 2 1 will host Game 3

State Softball Tournament

***Note:** Home Team

- Game 1: Region 1 vs. Region 4*
- Game 2: Region 3 vs. Region 2*
- Game 3: Loser Game 1 vs. Loser Game 2*
- Game 4: Winner Game 1 vs. Winner Game 2*
- Game 5: Winner Game 3 vs. Loser Game 4*

State Softball Tournament Rotation

| 2020 | 2021 | 2022 | 2023 | 2024 | 2025 |
|-------|-------|-------|-------|-------|-------|
| 1 - 3 | 1 - 2 | 1 - 4 | 1 - 3 | 1 - 2 | 1 - 4 |
| 2 - 4 | 4 - 3 | 3 - 2 | 2 - 4 | 2 - 4 | 4 - 3 |



Wednesday, May 22

***NOTE: Admission will be charged for each session.**

Session I Field One (A) Field Two (AA) Field Three (AAA)

9:30 am ----- Game 1

9:45 am ----- Game 1

10:00 pm ----- Game 1

Game 2 will begin 30 minutes after completion of Game 1.

Session II

4:30 pm ----- Game 3

4:45 pm ----- Game 3

5:00 pm ----- Game 3

Game 4 will begin 30 minutes after completion of Game 3.

Thursday, May 23

Session I Field One (A) Field Two (AA) Field Three (AAA)

9:30 am ----- Game 5

9:45 am ----- Game 5

10:00 am ----- Game 5

Session II

Championship Game(s)

(Home Team - Determined by Higher Seeded Team)

2:00 pm AAA Championship Field 3

2:15 pm A Championship Field 1

2:30 pm AA Championship Field 2

SOFTBALL RULES CLINICS

Schools: The Head Coach shall be required to attend any sport rules clinic in his/her coaching assignment which is sponsored by this Commission. **Schools failing to have a head coaching position filled at the time of the clinic are required to have a school representative present at the rules clinic.** In a 9-12 school, both the varsity and 9th grade coach are required to attend.

Officials: All officials must attend the clinic to be eligible to work any contests during the season.

The clinic attendance requirement will not be granted if the coach or representative is late in excess of 10 minutes.

SOFTBALL RULES CLINICS

| | | | |
|---------|-------------------------------|------------|----------------|
| Jan. 26 | Interpreters' Clinic (WVSSAC) | 1:00 p.m. | Cindy Daniel |
| Jan. 26 | Parkersburg (WVSSAC) | 1:00 p.m. | Cindy Daniel |
| Jan. 28 | Logan H. S. | 6:00 p.m. | Brian Atkinson |
| Jan. 29 | Huntington H. S. | 6:00 p.m. | Bruce Senior |
| Jan. 31 | Wheeling Park H. S. | 6:00 p.m. | Dwaine Rodgers |
| Feb. 2 | Martinsburg H. S. | 9:00 a.m. | David Walker |
| Feb. 2 | Frankfort | 12:30 p.m. | Jay Hesse |
| Feb. 4 | Woodrow Wilson H. S. | 6:00 p.m. | Casey Crane |
| Feb. 5 | Capital H. S. – Charleston | 6:00 p.m. | Ron Wilson |
| Feb. 7 | Robert C. Byrd H. S. | 6:00 p.m. | Scott Davis |
| Feb. 11 | *WVSSAC Office | 5:00 p.m. | Cindy Daniel |
| | *Make-up Clinic - \$10.00 Fee | | |



2019 SOFTBALL RULE REVISIONS

1-1-7, 2-22-4, Table 5-1, 5-1-10: The media shall be prohibited from being in live-ball area. The home team or game management may designate an area for the media in dead ball territory.

Rationale: Clarifies that game management may designate a media area in dead ball territory.

1-5-2a: The knob may be molded, lathed, welded or adjustable, but must be permanently fastened.

Rationale: Clarifies that an adjustable knob is permissible, provided the knob is permanently fastened by the manufacturer.

1-8-4: Defensive players are permitted to wear a shield on their face/head protection in the field but it must be constructed of a molded, rigid material that is clear and permits 100 percent (no tint) allowable light transmission.

Rationale: In an effort to promote risk minimization, tinted eye shields are prohibited for defensive face/head protection.

6-1-1 PENALTY, 6-1-2 Thru 4 PENALTY, 6-2-1 PENALTY, 6-2-7 PENALTY: in the case of an illegal pitch, the batter is awarded a ball. The penalty that permitted base runners to be awarded one base without liability to be put out is removed.

Rationale: The new language creates more balance between offense and defense. The batter should receive the award rather than runners already on base.

2019 SOFTBALL MAJOR EDITORIAL CHANGES

2-65-2: Clarifies there can be no appeal of the play that occurred prior to the umpire awarding an intentional walk.

6-1-2a, b: Clarifies what motion constitutes the start of the pitch and when the step back of the non-pivot foot may be taken.

APPENDIX H: An Appendix regarding DP/FLEX rules was added for quick reference.

2019 SOFTBALL EDITORIAL CHANGES

2-65-2, 3-5-1 NOTE, 5-1 Table, 5-1-1k, 6-2-5, 7-1-2 PENALTY 3, 8-2-4 PENALTY, 8-4-3, 10-1-1

2017-2018 State Softball Champions

Class AAA

Hurricane High School

Class AA

Herbert Hoover High School

Class A

Wheeling Central High School

2019 Tennis Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THIS PROGRAM. THE FORMS AND PROCEDURES FOR TOURNAMENT PLAY ARE IN THE DIRECTOR'S MANUAL. The results of any tournament must be submitted to the next level director and the WVSSAC office as soon as possible after the conclusion of the tournament.

The Board of Directors and the Tennis Coaches' Committee reviewed the tennis program in the February *Interscholastic* and approved the following:

2019 High School Tennis Dates:

| | | |
|---|-----------------------|-------------------------|
| Season Starts | Mon. of Wk. 35 | Feb. 25 |
| 1st Contest Held | Wed. of Wk. 37 | Mar. 13 |
| Regional | Week 44 | April 29 - May 4 |
| State | Week 45 | May 9 - 11 |
| Forms Due | | |
| Information Verification Form (T3) | | Mar. 4 |
| Regional Seeding Form (T4) | | Mar. 29 |
| Regional Directors Form (T5) | | Apr. 3 |
| Regional Entry Form (21 & 22) | | Apr. 26 |

I. GENERAL INFORMATION

- No coaches are required to attend a WVSSAC State Rules Clinic this year. Return Information Verification Form (T3) by **March 4th**. Coach must complete the Regional Seeding Form (T4) and send it to the Regional Director by **March 29**.
- Coaches shall present themselves in **professional attire** suitable for a school representative. Coaches shall be attired in white, gray, black, khaki, or school colors.
- Middle School/9th Grade teams should be allowed to participate in interscholastic contests even if a player must play both a singles match and a doubles match. This allows for a team with as few as six team members to participate in a match with 4 singles matches and 3 doubles matches. Although it is recommended to use as many participants as possible, schools with a low number of participants should not be penalized for using a team member in both singles and doubles.
- Electronic Devices - Coaches, players, and officials are not allowed to have cell phones or pagers while they are on-court.
- All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**

II. RULES AND REGULATIONS

A. REGULATIONS

- Tennis rules published by the United States Tennis Association are the official rules for all interscholastic competition unless otherwise modified by the WVSSAC.
- Middle School/9th Grade Dates - Middle School/9th Grades are allowed to play either a fall or spring season. However, the season selected shall be no longer than 12 weeks.
- In order to enter regional play, the position must have been played in at least six matches.** When playing teams inside your region and a player doesn't actively participate or is injured, the team must choose to default the position. An exhibition match may be played if mutually agreed upon by both coaches. The exhibition match will not count towards regional seeding. However, it does count for scoring the regular season match and towards the athletes overall record. When playing outside your region and a player does not actively participate or is injured, the team may choose to substitute or move players up.
- A team match shall consist of 4 points out of 7 (3 doubles, 4 singles). Schools competing with less than 3 members will count the individual matches but the contest will not count as a team match.
- When two teams are sponsored by a school (boys and girls), the girls must compete against girls, boys against boys. If a school sponsors one co-educational team, that team must compete as a boys' team. This applies to regular season. However, during tournament play, which is individual play, there are no co-educational teams or mixed doubles. Girls compete against girls and

boys compete against boys. Clarification - If only one girl is on the team, she must play the #1 position (exception to #6) at regional competition.

- Players may play both singles and doubles, but it is not mandatory that they do so.
No form of stacking is acceptable.
- In a match, a school must play players in order of ability. This rule applies regardless of the number of players. Example: If a school has 3 players, they shall be put in rank order. The best player would play #1, second best #2, and third best #3.
- In doubles, players shall be placed on doubles teams according to ladder position, i.e., the best two doubles players at #1 doubles, the next two doubles players at #2 doubles, and so on for #3 doubles.
- Players' placement in the doubles need not correspond to their singles placement. For example, the #1 and #2 Singles players need not be the #1 Doubles team.
- Regular season matches will be pro-sets (8 games-with a 12 point tie breaker at 8 games all).

Six Game Pro Sets - There is no provision for a six game pro set. If a six game pro set match is played, the match will not count in the season record and will be a forfeit.

Tie Breaker - No coaching is allowed during the tie breaker.

- No-Ad Scoring - Regular Season - Both coaches must mutually agree. If mutual agreement cannot be established, regular scoring will be used. State Tournament - Scoring decisions will be made by the WVSSAC.**
 - The USTA has approved a variation of the conventional scoring system for the purpose of shortening the duration of a tennis match. It is called "no-ad scoring" and is precisely what the name implies.
 - Singles and Doubles: A game is won by the first player or team to win 4 points; that is if the score goes to 3-points-all (or deuce), the next point decides the game. There is no "advantage" point. Receiver decides to which court the service is delivered on the 7th point.
- If inclement weather causes a match to be cancelled during regular season play, the match will count as completed if four matches have been completed.
- When rescheduling regular season matches, matches with regional opponents should take precedence over non-regional matches.
- The tennis format of 4-3 will be used in all matches in West Virginia. If West Virginia schools play out-of-state opponents, they may play the same format as the home school. In any match, extra players may play as exhibition; however, points are not added to the team score.
- Honest Effort Rule: A player cannot default a match to save energy for another match or default to gain an advantage by not playing. If a student does not adhere to this rule, he/she will be disqualified from the tournament.**
- A penalty point deduction on the teams total will be assessed for unsportsmanlike behavior after a player has defaulted or play is complete for all regular season matches, Regional and State.**
- Coaches shall use Special Report Forms for unsportsmanlike acts or actions which could not or were not resolved by the use of the Coach's Request for Ruling Form. The Special Report Forms are to be submitted to the WVSSAC.
If misconduct occurs, the coach should first consult the coach of the player in question. If that coach fails to issue appropriate sanctions, the other coach may issue appropriate sanctions. A Special Report should then be completed and mailed to the WVSSAC office.
- Saturday Matches - 2 out of 3 format may be used if both coaches agree. **This is Saturday matches ONLY.**



B. UNIFORMS

Participants are required to be in school uniform for all regular season and tournament play. Uniforms must be in school colors. The school approved identification must be on the front of the uniform. Sleeves are not considered to be the front of the uniform. Doubles competition team mates must be attired in the same uniform. It is the responsibility of the match/tournament director and match officials to enforce these regulations. **All players mid-drifts and torsos must be covered.**

C. CONDUCT

1. All teams and players are reminded that only coaches may approach the Tournament Director. Inappropriate contact by players or parents is unacceptable, and warnings and penalties will result.

D. FORFEITS AND DEFAULTS

1. If, after an individual match begins, a forfeit occurs due to illness, injury, or penalty for misconduct, the games and set won by the forfeiting team shall stand and count.
2. In all other matches, if a default occurs before the individual match begins, then the Tournament Director shall record the score as 6-0 or 8-0.

E. ALTERNATES (Tournament Play)

1. Regional and State Competitions are individual competitions. Prior to the beginning of any doubles play at the Regional Tournament, alternates (doubles) who were listed on the Entry Form may be used only in case of illness or injury and only in the position of the unavailable player. **The alternates must be used in the order in which they were placed on the Entry Form.** The regional director reserves the right to request medical verification (physician, nurse practitioner, athletic trainer).
2. If an alternate plays in the first round of doubles play in regionals and the team advances in regionals or to state, the "original" partner may not return to the team. The alternate becomes the partner for the tournament(s).
3. If a qualifier to the State Tournament is unable to participate, no substitution may be made. This regulation applies to singles and doubles and will result in a forfeit.

III. REGIONAL TOURNAMENT

For all tournament play, players and coaches must be at courts 30 minutes prior to match. Failure to arrive on time will result in default.

A. Regional Tournament (Week 44).

May begin on Monday and continue through completion Saturday, (Rain Dates May 7-8) First Round matches may be played at home site.

In order to avoid date, time, etc., conflicts, coaches should notify players on the first day of the season of the Regional Tournament dates. Regional directors will determine the date(s) which are best considering time and facilities and notify schools as soon as possible.

- If you only have one coach and your regional/state is at 2 sites, you must provide an additional authorized coach to travel to the other site as needed. This will allow the other teams/players to progress through the tournament.**

C. Regional Coaches' Meeting Information

1. The Regional Director is responsible for calling a meeting of all coaches and school administrators. **If a coach fails to attend the Regional Seed Meeting, all of that school's players will be placed in the blind draw.**
2. It is recommended that tournament directors make "weather" provisions to secure indoor accommodations with the cost assessed to the individual schools **from gate receipts.**
3. Regional directors are asked, whenever possible, to schedule regional play after school, on Saturday, or on out-of-school days.

4. Seeding will be the top four at each of the singles and doubles positions. **The number of additional positions seeded may be decided by majority vote of participating schools. All positions must be seeded in same manner.** The remaining placements will be by blind draw. Draw sheets with appropriate "bye" positions will be distributed to each tournament director. **The "blind draw" players are to be placed on the remaining lines from top to bottom. Coaches may not choose brackets. The draw goes straight down the draw sheet.**

5. **Teams/Individuals must actively participate against at least 50% of the teams within their assigned region to be eligible to participate in the regional seeding process.**

6. Seeding will be based upon the following criteria in the following priority order:

1. Head to Head in Regional Play
2. Number of Regional Matches Played and Won
3. Common Opponents
4. Strength of Opponents Played
5. Overall Record

USTA ranking is NOT to be considered.

Teams may play each other no more than 2 times to count for seeding purposes.

7. Advanced Placement Testing: The regional schedule will not be adjusted or altered for AP testing, prom or other activities. AP students must take the make-up test or forfeit the regional match.

D. General Information

1. The Regional Tennis Entry Form must be received by the WVSSAC office by **12:00 noon April 26, 2019**. A copy shall also be mailed to the regional tournament director. No alternates are allowed for singles play once the Entry Form is submitted. Alternates for the doubles team are only allowed for injury or illness and prior to the beginning of doubles play and must be used in the order they appear on the Entry Form. **No matches played after the 12:00 deadline will count for seeding purposes.**

a. The Seeding Meeting line-up must coincide with the Entry Form line-up regardless of the date of the meeting.

b. Regional Director must return Tennis Seeding Form (T5) to WVSSAC office by **April 3rd**. It will then be placed on the Website.

2. **Match Report** Forms - Match Report Forms (23) shall be taken to the Regional Coaches' Meeting. **Failure of the coach to bring match report form to meeting may result in loss of seeding. Should a conflict arise, the decision will be left to the Regional Director.**

3. All Regional Tournament Directors are to secure roving officials to monitor court behavior and foot faults. All roving officials will be attired in such a way that they are easily recognizable. Directors should refer to Points of Emphasis for more specific information. If the tournament director cannot secure officials, he/she shall assume the responsibility of enforcing all regulations.

4. Regional Tournament Directors are asked to secure one trained official for each court. If trained officials are not available, Tennis Coaches' Committee members and tennis knowledgeable individuals shall be chosen first when assigning officials at the regional level. All officials will be attired in such a way that they are easily recognizable. **Officials are responsible for keeping spectators at least 10 feet from court fence.**

5. Regional and state team awards will be based upon individual (singles and doubles) qualifying points accumulated each round.

6. A student must complete the qualifying tournament to be eligible to compete at the next level.

7. Participants or teams are to supply their own tennis balls. Wilson is the state adopted tournament ball.

8. **Time Violations:** Time violations occur when a player takes more than 20 seconds between points or takes more than 90 seconds on changeovers. A warning shall be given for the first violation. Subse-



quent delays shall be penalized by a point loss for each violation, with no accumulation.

9. **Harassment of Players Prohibited:** Team members and their spectators shall not harass opposing team players. Harassment directed at individual match is first assessed a warning, next a loss of game, and finally default.
10. **Bathroom Breaks:** A player must ask an official for a designated "bathroom break". The official may refuse this request if he determines that the player is resorting to gamesmanship. WVSSAC will allow reasonable time for bathroom breaks and should take them on a 90-second changeover or Set Break.
11. **Rest Time Between 8 Game Pro Sets** - At the tournament director's discretion, a maximum of 30 minutes rest time is allowed between 8 game pro sets during regular season or tournament play.
12. If an individual is unable to complete the tournament once it has begun, he/she must forfeit.
13. **No ad scoring is not allowed in regional tournament play.**
14. Admission is \$6.00 for adults and \$5.00 for students.

E. Team Awards

A regional team plaque (boys and girls) will be presented for each class. Team winner will be determined by points received by qualifying for each round of the regional tournament. Each round of qualification will award one point (per qualifier, per school). **No team points are awarded for any consolation matches at any position.** Therefore, each position will be played to determine order of finish. For eg. for the #1 position, play will continue until 1st, 2nd, 3rd, and 4th place finishers are determined. In the event of a tie, the following will be considered: number of champions, semi-final finish at any flight, quarter-final finish at any flight, and finish at round (opening round) prior to quarter-finals.

F. Individual Competition

1. The regional tournament will be a "flighted" tournament. The following competitions (4-3) will be held for boys and girls: number one singles, number two singles, number three singles, number four singles, number one doubles, number two doubles, and number three doubles. Each school in the region will send one entry for each of the positions/competitions.
2. The top four at each position must be seeded unless a majority of coaches vote to seed additional positions. To assist in the seeding, all coaches will be required to complete the Match Report Form for all regular season matches and to submit those to the regional tournament director at the Regional Coaches' Meeting.
3. All other players will be entered by a "blind" draw. The WVSSAC office will send bracket sheets to each regional director.
4. All regional play will be 8 game pro sets with 12 point tie breaker at 8 all. Rest time: maximum of 30 minutes at tournament director's discretion.
5. Qualifiers for the state tournament will be determined by the position played. The following will qualify from each of the four regions (boys and girls):

| | |
|--------------------------|--------------------------|
| Four number one singles | Three number one doubles |
| Three number two singles | Two number two doubles |
| Two number three singles | One number three doubles |
| One number four singles | |

IV. STATE TOURNAMENT (Wednesday-Saturday of Week 45)

- A. The State Tennis Tournament will be held at the Kanawha City Community Center Tennis Courts and Coonskin Park, Charleston, WV, with Mike Tompkins as Tournament Director; Bill Malone and Carolyn Tyree, Assistant Directors; John Charnock, Charleston Parks and Recreation Director. **Mandatory Coaches Meeting, Wednesday at 6:30 PM.**
- B. The State Tennis Tournament will use USTA officials assigned by the WVSSAC.

Both court monitor and chair/on-court officials will be used. The USTA official will serve primarily as an observer and preventive measure to eliminate rule violations or conflicts; the chair/on-court offi-

cial will be responsible for calls. The court monitor will be responsible for verifying players' uniforms, calling lines if requested, etc.

- C. Admission for the State Tennis Tournament will be \$8.00 for adults and \$7.00 for students. This is a daily admission fee; pass-outs/hand stamps will be used each day.

All Session Passes for the three day tournament will be sold at a cost of \$21.00 for adults and \$18.00 for students. These passes are nonrefundable.

- D. Media - No photographers or reporters will be allowed on court (indoor or outdoor) during play.
- E. State Tournament Tentative Schedule

1. Wednesday, 6:30 p.m. - Mandatory Coaches Meeting at Kanawha City.

2. Thursday, 8:00 a.m.

Singles and Doubles Competition

The order of competition is tentatively scheduled for first rounds of singles and doubles and the following rounds as time allows on each day of the tournament.

3. On Thursday and Friday, the two class divisions will be held at different site locations.*

AAA - Kanawha City Community Center

A/AA - Coonskin Park

* Site locations will rotate each year.

4. Order of Play:

Girls Boys

5. Play will resume at 8:00 a.m. on Friday.

- F. The WVSSAC will supply Wilson tennis balls for all State Tournament matches.

- G. Team Competition

1. 1 point for each win in each position.
2. A team champion will be honored in AAA and AA-A.

- H. Doubles

1. Rounds prior to semi finals (first 2 rounds) would be 8 game pro sets. Subsequent matches would be 2 of 3 sets, weather permitting.

2. Seeding of state qualifiers will be based upon order of finish at the regional tournament. Regional pairings would vary each year and with each position and will be determined by the WVSSAC after completion of Regional Tournaments.

- I. Singles

1. Rounds prior to semi finals (first 2 rounds) would be 8 game pro sets. Subsequent matches would be 2 of 3 sets, weather permitting.

2. Seeding of state qualifiers will be based upon order of finish at the regional tournament. Regional pairings would vary each year and with each position.

- J. Awards

1. Winner and Runner-Up Singles at each position.
2. Winner and Runner-Up Doubles at each position.
3. Team Winner and Runner-Up trophy.

- K. **NOTE:** Reimbursement will end with tournament elimination.

- L. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.



STATE TOURNAMENT SEEDING

| | | |
|-------------|-------------|-------------|
| 1st singles | 2nd singles | 3rd singles |
| 4th singles | 2nd doubles | 1st doubles |
| 3rd doubles | | |

The regions for State Tournament Seeding will be determined by the WVSSAC. After completion of Regional Tournaments, they will be placed on the website.

**TENNIS ALIGNMENT – REGIONAL COMPETITION
AAA TEAMS
SINGLES AND DOUBLES**

*Tournament Directors shall refer to the Director's Manual for responsibilities and to the Entry Form Book online for proper form completion.

Region I

Site: John Marshall High School
 Director: Rob Chavanak, AD, John Marshall HS
 Schools: Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

Region II

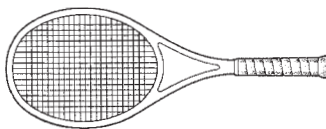
Site: Jefferson High School
 Director: Bill Stewart, AD, Jefferson HS
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

Region III

Site: Coonskin Park
 Director: Shawn Wheeler, AD, George Washington HS
 Schools: Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

Region IV

Site: Parkersburg City Park
 Director: Chris Way, AD, Parkersburg HS
 Schools: Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley



**TENNIS ALIGNMENT – REGIONAL COMPETITION
AA-A TEAMS
SINGLES AND DOUBLES**

*Tournament Directors shall refer to the Director's Manual for responsibilities and to the Entry Form Book online for proper form completion.

Region I

Site: Fairmont State
 Director: James Beckman/Rodney Anselene, East Fairmont HS
 Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Keyser, Madonna, Magnolia, North Marion, Oak Glen, Petersburg, Ritchie County, St. Mary's, Weir, Wheeling Central

Region II

Site: Jackson Park **Robert C Byrd HS**
 Director: Ann Scufca, AD, Parkersburg Catholic HS
Sarah DePiano, Coach, Grafton HS
 Schools: Braxton County, Bridgeport, Elkins, Grafton, Lewis County, Liberty, Lincoln, Moorefield, Notre Dame, Philip Barbour, Robert C Byrd, Trinity Christian, Williamstown, Parkersburg Catholic, Wirt

Region III

Site: Concord University
 Director: Joe Blankenship, Tennis Coach, Concord University
 Schools: Bluefield, Charleston Catholic, Fayetteville, Greenbrier West, Herbert Hoover, Independence, Liberty (R), Man, Midland Trail, Mount View, Oak Hill, River View, Shady Spring, Westside, Wyoming East

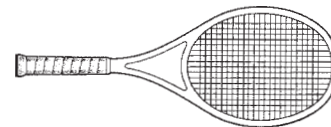
Region IV

Site: Logan High School
 Director: Brian Atkinson, AD, Logan HS
 Schools: Chapmanville Regional, Lincoln County, Logan, Mingo Central, Point Pleasant, Nitro, Poca, Ravenswood, Scott, Sherman, Sissonville, St. Joseph, Tug Valley, Wahama, Winfield

TENNIS RULES CLINICS

No Rules Clinics for 2018-19

Coach must sign and return form T3 in Coaches' Packet that they received and read their materials before 1st contest date.



2017-2018 Boys' State Champions

AAA

George Washington High School

AA-A

Winfield High School

2017-2018 Girls' State Champions

AAA

George Washington High School

AA-A

Winfield High School



National Federation of State High School Associations



GUIDELINES ON HANDLING PRACTICES AND CONTESTS DURING LIGHTNING OR THUNDER DISTURBANCES

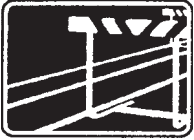
These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

PROACTIVE PLANNING

1. Assign staff to monitor local weather conditions before and during practices and contests.
2. Develop an evacuation plan, including identification of appropriate nearby safer areas and determine the amount of time needed to get everyone to a designated safer area:
 - a. A designated safer place is a substantial building with plumbing and wiring where people live or work, such as a school, gymnasium or library. An alternate safer place from the threat of lightning is a fully enclosed (not convertible or soft top) metal car or school bus.
3. Develop criteria for suspension and resumption of play:
 - a. When thunder is heard or lightning is seen*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.
 - b. 30-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed* prior to resuming play.
 - c. Any subsequent thunder or lightning* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
 - d. When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, you should never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning* should always take precedence over information from a mobile app or lightning-detection device.

* – At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

4. Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel.
5. Inform student-athletes and their parents of the lightning policy at start of the season.



2019 Track and Field Program

ALL MEET DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A MEET. The necessary forms or reports that must be filed with the WVSSAC office and instructions for each sport are in the Director's Manual.

The Track Committee reviewed and recommended to the Board of Directors which approved the following:

2019 High School Track Dates

| | | |
|-------------------------|----------------|-------------|
| Season Starts: | Mon. of Wk. 35 | February 25 |
| 1st Contest May Be Held | Wed. of Wk. 37 | March 13 |
| Regional | Week 45 | May 8 - 11 |
| State | Week 46 | May 17 - 18 |

Middle School Dates

| | | |
|-------------------------|------------------|-------------|
| Season Starts | Mon. of Wk. 35 | February 25 |
| 1st Contest May Be Held | Wed. of Wk. 37 | March 13 |
| Season Ends | Thurs. of Wk. 46 | May 16 |

I. GENERAL INFORMATION

- The track format will be Regional and State.
- It is the coach's responsibility to enforce the uniform rule (National Federation Rule 4-3).
- Shuttle Hurdle Relay for Girls**
The race will be 102.5 meters - 10 hurdles
Layout of course:
Start to first hurdle - 13.0 meters
Distance between hurdles - 8.5 meters
Last hurdle to finish line - 13.0 meters
Shuttle Hurdle Relay for Boys
The race will be 110 meters - 10 hurdles
Layout of course:
Start to first hurdle - 13.735 meters
Distance between hurdles - 9.17 meters
Last hurdle to finish line - 13.735 meters
A team may use one marker at each exchange and it must be placed on the line between the team's assigned two lanes.
It is recommended that competition in shuttle should begin in even numbered lanes (2, 4, 6, 8) and end in odd numbered lanes (1, 3, 5, 7).
- Pole Vaulters' Weight Verification Form: Coaches are required to process the form and to give a copy of the form to the event judge at ALL meets.**
- The pole vault landing system should conform to the National Federation rules. See 6-5-7; 6-5-8; 6-5-9; 6-5-10; 6-5-11; 6-5-12; 6-5-13; and 6-5-14.
- All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**

II. RULES AND REGULATIONS

- The 16 individual and relay team qualifiers in running, shot, discus and long jump events to the state meet will be determined as follows:**
 - Top three (3) individuals and relay teams from each region will qualify.
 - The 13th through 16th qualifying positions will be determined by the next four (4) fastest times/distances from the regional results.
 - The State Meet Games Committee will develop a tie breaking procedure to be instituted if needed. This procedure will be included in the Games Committee Report.
- Each Regional Meet will qualify the top four (4) individuals in the high jump and pole vault plus any additional athletes who meet or better the qualifying standard for the State Meet. If there is a tie for 4th place that does not meet the State Qualifying Standard that tie must be worked off utilizing the tie breaking procedure that is normally used for 1st place.**

- Field implements for shot and discus shall be provided by the WVSSAC for the state meet. No personal or school implements will be permitted in the throwing venues. A variety of implements will be available for warm-up and competition.
- A 34.92-degree sector will be used in the shot put and discus in all meets during the 2018 season by National Federation rule.
- Student eligibility must be submitted on line to the WVSSAC before the first meet. All updates must be completed on line before an athlete competes in a meet.

III. TOURNAMENTS

A. REGIONAL TOURNAMENT (Wednesday-Saturday of Week 45)

- It is recommended, but not mandatory, that all Regional Meets held on Wednesday/Thursday/Friday not start until 4:00 p.m.
- Price of admission: Adult - \$6.00 Student - \$5.00
- Schools are responsible for having updated rosters online.**
- The event file for all regional track meets will be posted on the WVSSAC website by April 30, 2019.
- The State Track Meet Games Committee will establish starting heights for the high jump and the pole vault for all Regional Meets. These heights may be adjusted by the Games Committee due to weather.
- The Regional Director will provide a Hy-Tek backup file and a Finish Lynx backup file of all events to the State Meet Directors by 9:00 AM the day after the Regional Meet.**
- The 4 X 400 (M) Relay will be run using a 3-turn stagger in both the regional and state competitions.**
- The 800, 1600, 3200 and 4 X 800 will be run using a one-turn stagger in both regional and state competitions.**
- In Regional Meets, coaches will be allowed to scratch and substitute entries from eligibility sheets; however, they will not be allowed to add entries.
- Coaches are responsible for all times turned in to the Regional Director who has the authority to request verification of times.
- Regional Awards: Plaques will be provided for Regional boys' and girls' team winners only. Individual and other team awards will be left to the discretion of the directors and participating schools with the cost covered by the participating schools or other sources.
- Regional Alignment and Location**
There will be a Regional Track Director's Meeting, including Hy-Tek computer operators, at 10:00 a.m. on **Tuesday, April 9, 2019**, at the WVSSAC office. (Regional Directors are REQUIRED to bring their Hy-Tek software users.)
- Regional Track Meet required order for field events:

| First Session | Second Session |
|-----------------|------------------|
| Girls Shot | Girls Discus |
| Boys Discus | Boys Shot |
| Girls High Jump | Girls Long Jump |
| Boys Long Jump | Boys High Jump |
| Boys Pole Vault | Girls Pole Vault |

AAA

Region I

Location: Buckhannon-Upshur HS
 Director: Rick Reynolds, AD, Buckhannon-Upshur HS
 Date: May 8, 2019 ~~11:00 AM~~ **1:00 PM**
 Schools: Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

Region II

Location: Spring Mills High School
 Director: Dan Comer, AD, Spring Mills HS
 Date: May 8, 2019 12:00 n
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington



Region III

Location: Laidley Field - Charleston
 Director: Shawn Wheeler, AD, George Washington High School
 Date: May 8, 2019 4:00 PM
 Schools: Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

Region IV

Location: Cabell Midland High School
 Director: Chris Parsons, AD, Cabell Midland HS
 Date: May 8, 2019
 Schools: Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley

AA

Region I

Location: North Marion High School
 Director: Mike Parrish, AD, North Marion HS
 Date: May 10, 2019 2:00 PM
 Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Grafton, Keyser, North Marion, Oak Glen, Petersburg, Philip Barbour, Weir

Region II

Location: Lewis County High School
 Director: Brian Fisher, AD, Lewis County HS
 Date: May 10, 2019 2:00 PM
 Schools: Braxton County, Bridgeport, Clay County, Elkins, Herbert Hoover, Lewis County, Liberty, Lincoln, Nicholas County, Roane County, Robert C Byrd

Region III

Location: Laidley Field - Charleston
 Director: Shawn Wheeler, AD, George Washington High School
 Date: May 10, 2019 ~~4:00 PM~~ **11:30 AM**
 Schools: Bluefield, Independence, James Monroe, Liberty (R), Oak Hill, Pike View, River View, Shady Spring, Westside, Wyoming East

Region IV

Location: Winfield High School
 Director: Will Isaacs, AD, Winfield HS
 Date: May 10, 2019 2:00 PM
 Schools: Chapmanville Regional, Lincoln County, Logan, Man, Mingo Central, Nitro, Point Pleasant, Poca, Sissonville, Scott, Wayne, Winfield

A

Region I

Location: St. Marys High School
 Director: Lynn Johnson, AD, St. Marys HS
 Date: May 9, 2019 4:00 PM
 Schools: Bishop Donahue, Cameron, Hundred, Madonna, Magnolia, Paden City, Ritchie County, St. Mary's, Tyler Consolidated, Valley, Wheeling Central

Region II

Location: Lewis County HS
 Director: Brian Fisher, AD, Lewis County HS
 Date: May 9, 2019 2:00 PM
 Schools: Clay-Battelle, Doddridge County, East Hardy, Gilmer County, Moorefield, Notre Dame, Paw Paw, Pendleton County, Pickens, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union, WV School Blind/Deaf

Region III

Location: Laidley Field - Charleston
 Director: Shawn Wheeler, AD, George Washington High School
 Date: May 9, 2019 4:00 PM
 Schools: Charleston Catholic, Fayetteville, Greater Beckley Christian, Greenbrier West, Meadow Bridge, Midland Trail, Montcalm, Mount View, Pocahontas County, Richwood, Summers County, Valley (F), Webster County

Region IV

Location: Parkersburg South High School
 Director: Jeff Givens, AD, Williamstown High School
 Date: May 9, 2019 4:00 PM
 Schools: Buffalo, Calhoun County, Hannan, Parkersburg Catholic, Ravenswood, Sherman, St. Joseph, Tolsia, Tug Valley, Van, Wirt, Wahama, Williamstown

Order of Events:

High School One Session Meet

If running meet different than listed here, notify each school prior to meet entry deadline. Field Events to follow same order as Regional events.

- | | |
|--------------------------|------------------------------|
| 1. 4 x 800 (M) Relay (G) | 7. 300 (M) LH 30" (G) |
| 4 x 800 (M) Relay (B) | 300 (M) IN 36" (B) |
| 2. 100 (M) HH 33" (G) | 8. 4 x 100 (M) Relay (G) |
| 110 (M) HH 39" (B) | 4 x 100 (M) Relay (B) |
| 3. 100 (M) Dash (G) | 9. 800 (M) Run (G) |
| 100 (M) Dash (B) | 800 (M) Run (B) |
| 4. 4 x 200 (M) Relay (G) | 10. 200 (M) Dash (G) |
| 4 x 200 (M) Relay (B) | 200 (M) Dash (B) |
| 5. 1600 (M) Run (G) | 11. 3200 (M) Run (G) |
| 1600 (M) Run (B) | 3200 (M) Run (B) |
| 6. 400 (M) Dash (G) | 12. Shuttle Hurdle Relay (G) |
| 400 (M) Dash (B) | Shuttle Hurdle Relay (B) |
| | 13. 4 x 400 (M) Relay (G) |
| | 4 x 400 (M) Relay (B) |

High School Two Session Meet

First Session High School

- 100 (M) HH 33" (G) Trials
- 110 (M) HH 39" (B) Trials
- 100 (M) Dash (G) Trials
- 100 (M) Dash (B) Trials
- 3200 (M) Run (G) Finals
- 200 (M) Dash (G) Trials
- 200 (M) Dash (B) Trials
- 3200 (M) Run (B) Finals
- 400 (M) Dash (G) Finals
- 400 (M) Dash (B) Finals

Second Session High School

- 4 x 800 (M) Relay (G)
- 4 x 800 (M) Relay (B)
- 100 (M) HH 33" (G)
- 110 (M) HH 39" (B)
- 100 (M) Dash (G)
- 100 (M) Dash (B)
- 4 x 200 (M) Relay (G)
- 4 x 200 (M) Relay (B)
- 1600 (M) Run (G)
- 1600 (M) Run (B)
- 300 (M) LH 30" (G)
- 300 (M) LH 36" (B)
- 4 x 100 (M) Relay (G)
- 4 x 100 (M) Relay (B)
- 800 (M) Run (G)
- 800 (M) Run (B)
- 200 (M) Dash (G)
- 200 (M) Dash (B)
- Shuttle Hurdle Relay (G)
- Shuttle Hurdle Relay (B)
- 4 x 400 (M) Relay (G)
- 4 x 400 (M) Relay (B)

Field Events

- Pole Vault (B & G) 8.**
- High Jump (B & G)**
- Long Jump (B & G)**
- Shot Put (B & G)**
- Discus (B & G)**

B. STATE TOURNAMENT (Friday-Saturday of Week 46)

Qualifying standards for the State Meet in field events will use the following standards.

| | BOYS | | |
|------------|--------------|-----------|----------|
| | AAA | AA | A |
| Pole Vault | 12'6" | 12'0" | 11'6" |
| High Jump | 6'0" | 5'10" | 5'10" |
| | GIRLS | | |
| | AAA | AA | A |
| Pole Vault | 9'6" | 9'0" | 8'6" |
| High Jump | 5'0" | 5'0" | 4'10" |

- If there is a scratch in the "hot heat" of the State Track Meet in any timed final event, the referee is to rehear the race in order to fill the "hot heat" in the finals.
- The top two finishers in each heat and the next four best times will be used to determine the qualifiers for the finals in the State Track Meet.
- The **2018-2019** State Track and Field Meet will be at Laidley Field, Charleston, West Virginia, on Friday, **May 17** and Saturday, **May 18**.
- Officials volunteering to help at this meet who receive no compensation will have their registration fee for the following year waived.
- Price of admission: Adults - \$8.00 Students - \$7.00**
- Protests:** Protests that develop during the State Track Meet should be made at once and not later than thirty (30) minutes after the results of the protested event have been officially announced. Any such protests must be submitted in writing by the coach to the timing/com-



puter building near the finish line. The protest will be submitted to the Jury of Appeals who will render a decision.

7. Award Presentations: Awards in all final events will be presented to first place finishers thirty (30) minutes after the results of said event have been officially announced. Should the event have a protest filed, the award presentation will be postponed until the Jury of Appeals has rendered a decision on the protest and said event results have been declared official. Places 2-6 may pick up their awards 30 minutes after results have been officially announced and no protest has been filed.

8. Seeding Information

For the State Meet, heat leaders and relay team leaders will be seeded on the basis of the regional times.

9. All relays will be ran as timed finals.

For seeding purposes, F.A.T. times will be utilized; hand-held times will be converted. The State Meet Director will be responsible for this conversion.

10. No tents can be put up or areas of any kind reserved by any teams until Friday of the State Meet beginning at 11:00 am. First come - first serve. Violator's tents will be confiscated and given back at 2:00 pm.

11. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

12. Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

Order of Events

Friday, May 17 (Please note starting times of events)

| Time | # | B/G | Event | Div. | Pre/Finals |
|---------|----|-------|--------------------------------------|------|------------|
| 1:55 PM | | | National Anthem | | |
| 2:00 PM | | | Field Events – Session 1 – V | | |
| | | Girls | Discus | AA | Finals |
| | | Girls | High Jump | A | Final |
| | | Boys | Long Jump | AA | Finals |
| | | Boys | Pole Vault | A | Finals |
| | | Boys | Shot Put | AAA | Finals |
| 2:00 PM | 1 | Girls | 4x800 Meter Relay | A | Finals |
| 2:15 PM | 2 | Girls | 4x800 Meter Relay | AA | Finals |
| 2:30 PM | 3 | Girls | 4x800 Meter Relay | AAA | Finals |
| 2:45 PM | 4 | Boys | 4x800 Meter Relay | A | Finals |
| 3:00 PM | 5 | Boys | 4x800 Meter Relay | AA | Finals |
| 3:15 PM | 6 | Boys | 4x800 Meter Relay | AAA | Finals |
| 3:30 PM | 7 | Girls | 100 Meter Hurdles | A | Trials |
| 3:35 PM | 8 | Girls | 100 Meter Hurdles | AA | Trials |
| 3:40 PM | 9 | Girls | 100 Meter Hurdles | AAA | Trials |
| 3:50 PM | 10 | Boys | 110 Meter Hurdles | A | Trials |
| 3:55 PM | 11 | Boys | 110 Meter Hurdles | AA | Trials |
| 4:00 PM | | | Field Events – Session 2 – VI | | |
| | | Boys | Discus | AAA | Finals |
| | | Boys | High Jump | AA | Final |
| | | Girls | Long Jump | AA | Finals |
| | | Girls | Pole Vault | A | Finals |
| | | Girls | Shot Put | AAA | Finals |
| 4:00 PM | 12 | Boys | 110 Meter Hurdles | AAA | Trials |
| 4:10 PM | 13 | Girls | 100 Meter Dash | A | Trials |
| 4:15 PM | 14 | Girls | 100 Meter Dash | AA | Trials |
| 4:20 PM | 15 | Girls | 100 Meter Dash | AAA | Trials |
| 4:25 PM | 16 | Boys | 100 Meter Dash | A | Trials |
| 4:30 PM | 17 | Boys | 100 Meter Dash | AA | Trials |
| 4:35 PM | 18 | Boys | 100 Meter Dash | AAA | Trials |
| 4:45 PM | 19 | Girls | Shuttle Hurdles | A | Finals |
| 5:00 PM | 20 | Girls | Shuttle Hurdles | AA | Finals |
| 5:15 PM | 21 | Girls | Shuttle Hurdles | AAA | Finals |

| | | | | | |
|---------|----|-------|-------------------------------------|-----|--------|
| 5:30 PM | 22 | Boys | Shuttle Hurdles | A | Finals |
| 5:45 PM | 23 | Boys | Shuttle Hurdles | A | Finals |
| 6:00 PM | | | Field Events – Session 3 – I | | |
| | | Girls | Discus | AAA | Finals |
| | | Girls | High Jump | AA | Final |
| | | Boys | Long Jump | AAA | Finals |
| | | Boys | Pole Vault | AA | Finals |
| | | Boys | Shot Put | A | Finals |
| 6:00 PM | 24 | Boys | Shuttle Hurdles | A | Finals |
| 6:20 PM | 25 | Girls | 200 Meter Dash | A | Trials |
| 6:25 PM | 26 | Girls | 200 Meter Dash | AA | Trials |
| 6:30 PM | 27 | Girls | 200 Meter Dash | AAA | Trials |
| 6:40 PM | 28 | Boys | 200 Meter Dash | A | Trials |
| 6:45 PM | 29 | Boys | 200 Meter Dash | AA | Trials |
| 6:50 PM | 30 | Boys | 200 Meter Dash | AAA | Trials |
| 7:00 PM | 31 | Girls | 3200 Meter Run | A | Finals |
| 7:15 PM | 32 | Girls | 3200 Meter Run | AA | Finals |
| 7:30 PM | 33 | Girls | 3200 Meter Run | AAA | Finals |
| 7:45 PM | 34 | Boys | 3200 Meter Run | A | Finals |
| 8:00 PM | 35 | Boys | 3200 Meter Run | AA | Finals |
| 8:15 PM | 36 | Boys | 3200 Meter Run | AAA | Finals |

Saturday – May 18

| Time | # | B/G | Event | Div. | Pre/Finals |
|----------|----|-------|--|------|------------|
| 9:00 AM | | | Field Events – Session 4 – II | | |
| | | Boys | Discus | A | Finals |
| | | Boys | High Jump | AAA | Final |
| | | Girls | Long Jump | AAA | Finals |
| | | Girls | Pole Vault | AA | Finals |
| | | Girls | Shot Put | A | Finals |
| 10:00 AM | 37 | Girls | 400 Meter Dash | A | Finals |
| 10:05 AM | 38 | Girls | 400 Meter Dash | AA | Finals |
| 10:10 AM | 39 | Girls | 400 Meter Dash | AAA | Finals |
| 10:15 AM | 40 | Boys | 400 Meter Dash | A | Finals |
| 10:20 AM | 41 | Boys | 400 Meter Dash | AA | Finals |
| 10:25 AM | 42 | Boys | 400 Meter Dash | AAA | Finals |
| 10:30 AM | 43 | Girls | 1600 Meter Run | A | Finals |
| 10:40 AM | 44 | Girls | 1600 Meter Run | AA | Finals |
| 10:50 AM | 45 | Girls | 1600 Meter Run | AAA | Finals |
| 11:00 AM | | | Field Events – Session 5 – III | | |
| | | Girls | Discus | A | Finals |
| | | Girls | High Jump | AAA | Final |
| | | Boys | Long Jump | A | Finals |
| | | Boys | Pole Vault | AAA | Finals |
| | | Boys | Shot Put | AA | Finals |
| 11:00 AM | 46 | Boys | 1600 Meter Run | A | Finals |
| 11:10 AM | 47 | Boys | 1600 Meter Run | AA | Finals |
| 11:20 AM | 48 | Boys | 1600 Meter Run | AAA | Finals |
| 11:35 AM | 49 | Girls | 300 Meter Hurdles | A | Finals |
| 11:40 AM | 50 | Girls | 300 Meter Hurdles | AA | Finals |
| 11:45 AM | 51 | Girls | 300 Meter Hurdles | AAA | Finals |
| 11:50 AM | 52 | Boys | 300 Meter Hurdles | A | Finals |
| 11:55 AM | 53 | Boys | 300 Meter Hurdles | AA | Finals |
| 12:00 PM | 54 | Boys | 300 Meter Hurdles | AAA | Finals |
| 12:05 PM | | | Lunch Break | | |
| 12:40 PM | | | National Anthem and Graduations | | |
| 1:00 PM | | | Field Events – Session 6 – IV | | |
| | | Boys | Discus | AA | Finals |
| | | Boys | High Jump | A | Final |
| | | Girls | Long Jump | A | Finals |
| | | Girls | Pole Vault | AAA | Finals |
| | | Girls | Shot Put | AA | Finals |
| 1:00 PM | 7 | Girls | 100 Meter Hurdles | A | Finals |
| 1:03 PM | 8 | Girls | 100 Meter Hurdles | AA | Finals |
| 1:06 PM | 9 | Girls | 100 Meter Hurdles | AAA | Finals |
| 1:15 PM | 10 | Boys | 110 Meter Hurdles | A | Finals |
| 1:18 PM | 11 | Boys | 110 Meter Hurdles | AA | Finals |
| 1:21 PM | 12 | Boys | 110 Meter Hurdles | AAA | Finals |
| 1:25 PM | 13 | Girls | 100 Meter Dash | A | Finals |
| 1:27 PM | 14 | Girls | 100 Meter Dash | AA | Finals |
| 1:29 PM | 15 | Girls | 100 Meter Dash | AAA | Finals |



| | | | | | |
|---------------------|--------|-------|-------------------|-----|--------|
| 1:31 PM | 16 | Boys | 100 Meter Dash | A | Finals |
| 1:33 PM | 17 | Boys | 100 Meter Dash | AA | Finals |
| 1:35 PM | 18 | Boys | 100 Meter Dash | AAA | Finals |
| 1:40 PM | 55 | Girls | 4x200 Meter Relay | A | Finals |
| 1:50 PM | 56 | Girls | 4x200 Meter Relay | AA | Finals |
| 2:00 PM | 57 | Girls | 4x200 Meter Relay | AAA | Finals |
| 2:10 PM | 58 | Boys | 4x200 Meter Relay | A | Finals |
| 2:20 PM | 59 | Boys | 4x200 Meter Relay | AA | Finals |
| 2:30 PM | 60 | Boys | 4x200 Meter Relay | AAA | Finals |
| Awards Presentation | | | | | |
| 2:55 PM | 61 | Girls | 4x100 Meter Relay | A | Finals |
| 3:00 PM | 62 | Girls | 4x100 Meter Relay | AA | Finals |
| 3:05 PM | 63 | Girls | 4x100 Meter Relay | AAA | Finals |
| 3:10 PM | 64 | Boys | 4x100 Meter Relay | A | Finals |
| 3:15 PM | 65 | Boys | 4x100 Meter Relay | AA | Finals |
| 3:20 PM | 66 | Boys | 4x100 Meter Relay | AAA | Finals |
| 3:25 PM | 67 | Girls | 800 Meter Run | A | Finals |
| 3:30 PM | 68 | Girls | 800 Meter Run | AA | Finals |
| 3:35 PM | 69 | Girls | 800 Meter Run | AAA | Finals |
| 3:40 PM | 70 | Boys | 800 Meter Run | A | Finals |
| 3:45 PM | 71 | Boys | 800 Meter Run | AA | Finals |
| 3:50 PM | 72 | Boys | 800 Meter Run | AAA | Finals |
| 3:55 PM | 25 | Girls | 200 Meter Dash | A | Finals |
| 3:57 PM | 26 | Girls | 200 Meter Dash | AA | Finals |
| 3:59 PM | 27 | Girls | 200 Meter Dash | AAA | Finals |
| 4:01 PM | 28 | Boys | 200 Meter Dash | A | Finals |
| 4:03 PM | 29 | Boys | 200 Meter Dash | AA | Finals |
| 4:05 PM | 30 | Boys | 200 Meter Dash | AAA | Finals |
| 4:10 PM | 73 | Girls | 4x400 Meter Relay | A | Finals |
| 4:22 PM | 74 | Girls | 4x400 Meter Relay | AA | Finals |
| 4:34 PM | 75 | Girls | 4x400 Meter Relay | AAA | Finals |
| 4:46 PM | 76 | Boys | 4x400 Meter Relay | A | Finals |
| 4:58 PM | 77 | Boys | 4x400 Meter Relay | AA | Finals |
| 5:10 PM | 78 | Boys | 4x400 Meter Relay | AAA | Finals |
| 5:25 PM | Awards | | | | |

- D. Physical Examination - Each student shall have a physical examination before competing with a school team.
- E. Uniforms and Jewelry Rule (National Federation Rule 4-3)
- F. Middle school teams are permitted 14 meets and only 2 meets per week.
- G. There shall be no State Championship at this level.
- H. **Boys Shot Put (middle school) - 4 kilograms**
Girls Shot Put (middle school) - 6 pound

I. Hurdle Specifications Please note updates

| Hurdle | Height | # of Hurdles | Start to 1st Hurdle | Between Hurdles | Last Hurdle to Finish |
|------------|--------|--------------|---------------------|-----------------|-----------------------|
| 75-m HH-B | 36" | 7 | 13-m | 8.5-m | 11-m |
| 100 m HH-B | 33" | 10 | 13 m | 8.5 m | 10.5 m |
| 75-m LH-G | 30" | 7 | 13-m | 8.5-m | 11-m |
| 100 m LH-G | 30" | 10 | 13 m | 8.5 m | 10.5 m |
| 200-m LH | 30" | 6 | 15-m | 35-m | 10-m |
| 200 m LH | 30" | 5 | 50 M | 35 m | 10 m |

6th Grade Boys only can run 30" hurdles in a stand-alone event at the discretion of the Games Committee or Meet Management.

Shuttle Hurdles

| | | | | | |
|------------|-----|---|--------|-----|--------|
| G/B - 60 m | 30" | 5 | 13.0 m | 8.5 | 13.0 m |
|------------|-----|---|--------|-----|--------|

- J. The Board of Directors has adopted the following order of events for meets at the middle school level.

Order of Events:

Middle School One Session Meet

- | | |
|--------------------------------|----------------------------------|
| 1. 3200 (M) Run (G) | 7. 1600 (M) Run (G) |
| 3200 (M) Run (B) | 1600 (M) Run (B) |
| 2. 400 (M) Run (G) | 8. 200 (M) Low Hurdles (30") (G) |
| 400 (M) Run (B) | 200 (M) Low Hurdles (30") (B) |
| Break | 9. 4 x 100 (M) Relay (G) |
| 3. 4 x 800 (M) Relay (G) | 4 x 100 (M) Relay (B) |
| 4 x 800 (M) Relay (B) | 10. 800 (M) Run (G) |
| 4. 100 (M) Hurdles (30") (G) | 800 (M) Run (B) |
| 100 (M) High Hurdles (36") (B) | 11. 200 (M) Dash (G) |
| 5. 100 (M) Dash (G) | 200 (M) Dash (B) |
| 100 (M) Dash (B) | 12. Shuttle Hurdle Relays (G) |
| 6. 4 x 200 (M) Relay (G) | Shuttle Hurdle Relays (B) |
| 4 x 200 (M) Relay (B) | 13. 4 x 400 (M) Relay (G) |
| | 4 x 400 (M) Relay (B) |

Middle School Two Session Meet

- | First Session MS/JHS | Second Session MS/JHS |
|-----------------------------------|-----------------------------------|
| 1. 100 (M) Low Hurdles (G) Trials | 1. 4 x 800 (M) Relay (G) |
| 100 (M) High Hurdles (B) Trials | 4 x 800 (M) Relay (B) |
| 2. 100 (M) Dahh (G) Trials | 2. 100 (M) Low Hurdles (G) Finals |
| 100 (M) Dash (B) Trials | 100 (M) High Hurdles (B) Finals |
| 3. 3200 (M) Run (G) Finals | 3. 100 (M) Dash (G) Finals |
| 4. 200 (M) Dash (G) Trials | 100 (M) Dash (B) Finals |
| 200 (M) Dash (B) Trials | 4. 4 x 200 (M) Relay (G) |
| 5. 3200 (M) Run (B) Finals | 4 x 200 (M) Relay (B) |
| 6. 400 (M) Dash (G) Finals | 5. 1600 (M) Run (G) |
| 400 (M) Dash (B) Finals | 1600 (M) Run (B) |
| | 6. 200 (M) Low Hurdles (G) |
| | 200 (M) Low Hurdles (B) |
| | 7. 4 x 100 (M) Relay (G) |
| | 4 x 100 (M) Relay (B) |
| | 8. 800 (M) Run (G) |
| | 800 (M) Run (B) |
| | 200 (M) Dash (G) Finals |
| | 200 (M) Dash (B) Finals |
| | 10. Shuttle Hurdle Relay (G) |
| | Shuttle Hurdle Relay (B) |
| | 11. 4 x 400 (M) Relay (G) |
| | 4 x 400 (M) Relay (B) |

Field Events for Either Type of Meet
Pole Vault (B & G)
High Jump (B & G)
Long Jump (B & G) 9.
Shot Put (B & G)
Discus (B & G)

| | 1 | 2 | 3 | 4 | 5 | 6 |
|------|-----|-----|-----|-----|-----|-----|
| 2019 | V | VI | I | II | III | IV |
| 2020 | VI | I | II | III | IV | V |
| 2021 | I | II | III | IV | V | VI |
| 2022 | II | III | IV | V | VI | I |
| 2023 | III | IV | V | VI | I | II |
| 2024 | IV | V | VI | I | II | III |

IV. MIDDLE SCHOOL TRACK PROGRAM

Refer to the National Federation's 2019 Track and Field Rules Book. This section deals with modifications for conducting middle school competition. The Track Committee has adopted certain changes in these modifications as related to order of events and measurements (weight, height or distance). See previously listed order of events. It is important that all schools follow these contents closely in order to gain a consistency from one track meet to another within our state.

- A. Organization of meets:
 - 1. **Middle Schools may only compete with other middle schools. They may not compete against stand alone 9th grade teams.**
 - 2. Middle school athletes, regardless of grade levels (6, 7, or 8), may compete in a maximum of four (4) events of which only three (3) may be running events including relays.
- B. Participation by an individual in two successive running events should be avoided.
- C. Practice may start Monday of Week 35. Individual members of a team must have practiced on fourteen (14) SEPARATE days, exclusive of the day of a contest, before participating in an interscholastic contest.



2019 TRACK AND FIELD RULE REVISIONS

4-3-1: Eliminates redundant language and expands definition of foundation garments.

Rationale: This change expands the current interpretation of foundation garment to include any item worn under the uniform top and/or bottom as well as eliminate duplicate language in same rule.

4-3-2: Clarifies uniform language for relay and cross country team members.

Rationale: Slight differences in design of uniform do not negatively impact the identification of a relay or cross country team. The expectation of this rule is that all relay and cross country team members can be clearly identified as representing the same school.

6-6-11, 6-8-12: Records measurement in discus and javelin to the nearest lesser inch or centimeter.

Rationale: Clarifies measurements when using metric system.

6-9-4, 6-9-5: Clarifies pit measurements for long jump and triple jump.

Rationale: Ensures pit measurements are within industry standards for safety.

8-1-1 thru 3: Clarifies legal course layout.

Rationale: Clarification of course markings.

8-3-2 thru 5: Clarifies order of finish based on torso.

Rationale: Clarifies that no matter the system used, the order of finish is based on when the torso crosses the finish line.

2019 Editorial Changes

6-2-20: Provides consistent language in the rules book, case book and officials manual.

Rationale: Consistency with wording in the rules books.

2019 Editorial Changes

4-6-5 Notes, 5-1-3, 8-6-1 thru 3, 5-2-3, 5-3-6, 6-5-1, 6-9-1

2019 Points of Emphasis

Uniforms

Wearable Technology

Officials Safety and Recommendations in Vertical and Horizontal Jumps

2019 TRACK CLINICS

Schools: The Head Coach shall be required to attend any sport rules clinic in his/her coaching assignment which is sponsored by this Commission. Both boys and girls head coaches must attend the Rules Clinic. Schools failing to have a head coaching position filled at the time of the clinic will be required to have a school representative present at the rules clinic. In a 9-12 school, both the varsity and 9th grade coach are required to attend.

Officials: All officials are expected to attend the clinic to be eligible to work any contests during the season.

| <u>Date</u> | <u>Location</u> | <u>Time</u> | <u>Coordinator</u> |
|-------------------------------|---------------------------|-------------|--------------------|
| Jan. 28 | WVSSAC Office | 6:00 p.m. | Wayne Ryan |
| Jan. 29 | Huntington H. S. | 6:00 p.m. | Bruce Senior |
| Jan. 31 | Wheeling Park H.S. | 6:00 p.m. | Dwaine Rodgers |
| Feb. 2 | Martinsburg H. S. | 9:00 a.m. | David Walker |
| Feb. 2 | Frankfort H. S. | 12:30 p.m. | Jay Hesse |
| Feb. 4 | Woodrow Wilson H.S. | 6:00 p.m. | Tim Carrico |
| Feb. 5 | Capital H.S. - Charleston | 6:00 p.m. | Ron Wilson |
| Feb. 7 | Robert C. Byrd H. S. | 6:00 p.m. | Scott Davis |
| Feb. 11 | *WVSSAC Office | 6:00 p.m. | Wayne Ryan |
| *Make-up Clinic - \$10.00 Fee | | | |

Requests for rule interpretations or clarifications should be directed to the state association which is responsible for administering and conducting the high school track programs in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

2017-2018 Boys' State Track Champions

AAA

Hurricane High School

AA

Bridgeport High School

A

Magnolia High School

2017-2018 Girls' State Track Champions

AAA

Ripley High School

AA

Bridgeport High School

A

Doddridge County High School

((((((OFFICE ECHOES)))))

**Minutes of Meeting
Board of Directors #688
WVSSAC Office
July 12, 2018**

1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 8:01 am on Thursday, July 12, 2018 at the WVSSAC Office, Parkersburg, WV by Mr. Lee Loy. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers Craig Lee Loy, Dr. Eddie Campbell, Robert Dunlevy, Jamie Tallman, and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Cindy Daniel. Dr. James Wilson was absent.

2. Approval of Minutes

- A. June Meeting – Mr. Dolan presented the minutes of the June 12, 2018 meeting for approval. On a motion by Mike Arbogast and a second by David Cottrell, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by Gregory Moore and a second by Eddie Campbell, the Board voted unanimously to approve the agenda as amended. For the Good of The Order, Matt DeMotto was recommended for the empty position on the Deputy Board.

4. Financial Reports

- A. **June Monthly** – Mr. Dolan presented the June Monthly Financial Reports for consideration by the Board. On a motion by Mike Arbogast and a second by Jamie Tallman, the Board unanimously approved the report as presented.
- B. **Softball State Tournament** – Mr. Dolan presented the Softball State Tournament financial for approval by the Board. It was pointed out that receipts were up however student attendance was down. He also pointed out what an exceptional job Jackson Park did to get the fields ready considering all the rain. On a motion by David Cottrell and a second by Mike Arbogast, the Board unanimously approved the report as presented.
- C. **Baseball State Tournament** – Mr. Reed presented the Baseball State Tournament financial for approval by the Board. He also pointed out that attendance was down and revenue was down \$23,914.00. On a motion by Eddie Campbell and a second by Robert Dunlevy, the Board unanimously approved the report as presented.
- D. **Track State Tournament** – Mr. Ryan presented the Track State Tournament financial for approval by the Board. He reported that we had an excellent tournament, however, attendance was down. Only 2

schools stayed in unapproved hotels which was down from 8 last year. On a motion by Jim Crawford and a second by Eddie Campbell, the Board unanimously approved the report as presented.

5. Coaching Committee Reports

- A. **Media Committee** – Mr. Dolan shared with the Board that it was a good meeting. No action necessary.

6. Discipline Log

- A. None

7. Legal Updates –

- A. Board of Review – Zavery McManaway was approved by the Board of Review 3-2.

8. Martinsburg Basketball Trip –

On a motion by Mike Arbogast and a second by David Cottrell, the Board voted 7-1 (Jamie Tallman voting no) to approved Martinsburg HS's trip to the Seahawk Basketball Classic in Hilton Head Island, SC on December 21, 22 and 23, 2018.

9. Administrative Update

- A. Administrative Goals Report – Goals for the previous year were discussed with the Board.
- B. Regional Principal Meetings were discussed.
- C. Review of NFHS Conference – Mr. Dolan led a brief discussion about the Conference.
- I. He believed that it was beneficial to this office. Next year's meeting will be in Indianapolis, IN. It will be their 100th Anniversary.
- II. It was pointed out that Greg Reed and Bill Gillispie made it to the National Championship of Corn Hole but lost by 2 points.
- III. NFHS is pushing shot clocks for basketball. It is not cost effective for this office.
- IV. Uniforms were briefly discussed.
- D. Competitive Balance Meeting was discussed. Will meet again on 9/12/18 at 10:00 AM.
- E. Opioid Program was discussed.

10. Appeals

- A. Student Athlete, VanDevender Middle School - 127-2-4 (Age) – On a motion by Eddie Campbell and a second by Jamie Tallman, the Board unanimously voted to sustain the Executive Directors decision for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.
- B. Student Athlete, Riverside High School - 127-2-7 (Residence Transfer) – Mr. Lee Loy recused himself. On a motion by David Cottrell and a second by Robert Dunlevy, the Board unanimously voted to overturn the decision of the Executive Director because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

- C. Student Athlete, Van Jr/Sr High School - 127-2-7 (Residence Transfer) – After a brief executive session, on a motion by Gregory Moore and a second by Jamie Tallman, the Board voted 7-1 to overturn the decision of the Executive Director and that eligibility be granted, extreme and undue hardship having been established.

- D. Student Athlete., Scott High School - 127-2-7 (Residence Transfer) – On a motion by Gregory Moore and a second by Robert Dunlevy, the Board unanimously voted to sustain the decision of the Executive Director for the reason that extreme and undue hardship has not been proven and there is no allegation that the rule fails to accomplish the purpose for which it is intended.

- E. Student Athlete, Huntington HS - 127-2-7 (Residence Transfer) – After a brief executive session, on a motion by David Cottrell and a second by Gregory Moore, the Board unanimously voted to sustain the Executive Directors decision for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.

- F. Student Athlete, Valley (F) High School - 127-2-4 (Age) – Mr. Lee Loy recused himself from the meeting. On a motion by David Cottrell and a second by Jim Crawford, the Board voted to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

- G. Student Athlete, Huntington High School - 127-2-7 (Residence Transfer) – After a brief executive session, On a motion by Mike Arbogast and a second by Jim Crawford, the Board unanimously voted to sustain the Executive Directors decision for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.

11. Items for the Good of the Order:

- A. Mr. Dolan presented Matt DeMotto, Bridgeport High School Principal to fill the vacant position on the Deputy Board. Gregory Moore moved and Jamie Tallman seconded the motion to accept Mr. Dolan's recommendation.

12. On a motion by Mike Arbogast and a second by Jim Crawford, the Board unanimously voted to adjourn the meeting.

Bernie Dolan, Executive Director



**Minutes of Meeting
Board of Directors #689
WVSSAC Office
August 22-23, 2018**

1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 5:56 PM on Wednesday, August 22, 2018 at the WVSSAC Office, Parkersburg, WV by Mr. Lee Loy. The meeting was continued August 23 at 8:22. The following members were present: Gregory Moore, David Cottrell, Mike Arbogast, Richard Summers, Craig Lee Loy, Dr. Eddie Campbell, Robert Dunlevy, Jamie Tallman, Dr. James Wilson, and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Cindy Daniel.

2. Approval of Minutes

- A. July Meeting – Mr. Dolan presented the minutes of the July 12, 2018 meeting for approval. On a motion by Mike Arbogast and a second by Robert Dunlevy, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by David Cottrell and a second by Mike Arbogast, the Board voted unanimously to approve the agenda as amended. Update on Private School Meeting was added for the Good of The Order.

4. Financial Reports

- A. **July Monthly** – Mr. Dolan presented the July Monthly Financial Reports for consideration by the Board. On a motion by Eddie Campbell and a second by Jim Crawford, the Board unanimously approved the report as presented.

5. Coaching Committee Reports - There were no committee reports to present.

6. Discipline Log

- A. Mr. Carper, Cabell Midland HS – On a motion by David Cottrell and a second by Jamie Tallman, the Board unanimously approved the suspension of 1 game for Mr. Carper, Cabell Midland HS.

7. Sunday Approval

- A. On a motion by Mike Arbogast and a second by James Wilson, the Board unanimously approved Hurricane HS Cheer participation on Sunday at the 89th Annual Putnam County Homecoming Parade.
- B. On a motion by Mike Arbogast and a second by Dr. Wilson, the Board approved with a 8-1 vote Elkins HS Baseball Sunday participation.

8. State Cheer Proposals

- A. Anna Adkins from the Cabell Huntington Convention & Visitors Bureau and Scott Morehouse from Marshall University presented their proposal for the State Cheer Tournament for 2020 to 2023.
- B. Tim Braden from the Charleston Civic Center presented his proposal for the State Cheer Tournament for 2020 to 2024.

After extensive consideration by the Board, on a motion by Greg Moore and a second by David Cottrell, the Board voted 5-4 to accept Cabell Huntington/Marshall University's proposal to move the State Cheer Competition to Huntington in 2020.

9. Legal Updates –

- A. Board of Review Results –
I. Wade Smitley – Overturned 3-1
II. Billy Belcher – Sustained

10. Proposed Budget for 2018-19 – Mr. Dolan presented the 2018-19 budget for approval. On a motion by Mike Arbogast and a second by Jim Crawford, the Board approved the budget.

11. Administrative Update

- A. Regional Principal Meetings – Mr. Dolan asked permission from the Board to invite the county Superintendents to the Regional Principal Meetings next year.
- B. Clinics – Mr. Dolan informed the Board that the area Rules Clinics went well.
- C. Work Session – September 11 – School Interviews – Mr. Dolan and Mr. Wooten will conduct the interviews. Work session has been postponed.
- D. Administrative Workshop – Mr. Dolan reminded the Board of the Administrative Workshop to be held on September 29, 2018.
- E. Section II Meeting – September 24-26, 2018 Mr. Dolan reminded the Board of the Section II meeting to be held in Delaware.
- F. Competitive Balance – Mr. Dolan updated the Board on where we stand on Competitive Balance.
- G. Opioids, Substance Abuse – Mental Illness Meeting August 29, 2018
- H. Staff Goals – Mr. Dolan shared his goals for the upcoming year. The Assistant Administrators goals were also shared with the Board.
- I. There will be formal group picture taken at the October meeting

12. Appeals

- A. **Student Athlete, Ritchie County HS** - - 127-2-8 (Adoption Guardianship) – On a motion by David Cottrell and a second by Jamie Tallman, the Board unanimously voted to overturn the decision of the Executive Director and that eligibility be granted, extreme and undue hardship having been established.
- B. **Student Athlete, Sissonville HS** - 127-2-7.1.f.4 (Residence Transfer) – After a brief executive session, on a motion by Eddie Campbell and a second by David Cottrell, the Board voted 6-2 with 1 abstention to sustain the decision of the Executive Director denying eligibility, for the reason that extreme and undue hardship had not been proven and for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended.

C. Student Athlete, Liberty (H) HS - 127-2-7 (Residence Transfer) – After a brief executive, on a motion by Eddie Campbell and a second by Jim Wilson, the Board voted 6-1 with 2 abstentions to overturn the decision of the Executive Director because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

D. Student Athlete, Andrew Jackson MS- 127-2-4 (Age) – After a brief executive session, on a motion by David Cottrell and a second by Robert Dunlevy, the Board unanimously voted to sustain the Executive Directors decision for the reason that extreme and undue hardship had not been proven and there is no allegation that the rule fails to accomplish the purpose for which it is intended.

E. Student Athlete, Midland Trail HS - 127-2-7 (Residence Transfer) – On a motion by Richard Summers and a second by Eddie Campbell, the Board voted 7-1 with one abstention to sustain the decision of the Executive Director for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended and there is no allegation of extreme and undue hardship.

F. Student Athlete, Riverside HS – 127-2-7 (Residence Transfer) – Mr. Lee Loy recused himself from the proceedings. After a brief executive session, on a motion by Robert Dunlevy and a second by Jim Crawford, the Board voted 6-1 with one abstention to overturn the decision of the Executive Director and that eligibility be granted, extreme and undue hardship having been established.

G. Student Athlete, Riverside HS - 127-2-7 (Residence Transfer) – Mr. Lee Loy recused himself from the proceedings. On a motion by Jim Crawford and a second by James Wilson, the Board voted 6-1 with 1 abstention to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

H. Student Athlete, Oceana MS – 127-2-4 (Age) – On a motion by James Wilson and a second by Jim Crawford, the Board voted 3-5 with 1 abstention to overturn the decision of the Executive Director. The motion failed to pass and the student is denied eligibility.

13. Items for the Good of the Order:

- A. Update on Private School Meeting

14. On a motion by David Cottrell and a second by Mike Arbogast, the Board unanimously voted to adjourn the meeting.

Bernie Dolan, Executive Director

