

UNIFORMS AND APPEARANCE

FRONT

You may choose a square, v, scoop neckline – no cleavage may show at any time. One cut out is permitted as long as it is above a legal neckline.



Shoulder must be a minimum of 2" wide. There can be no sheer or nude material on the torso – front or back. Midriff must be covered front and back. The only place sheer or nude colored material can be is on the sleeves of the uniform.

BACK

Neckline must be normal (cannot expose back). Torso must be covered. No cut outs permitted on back. No racer backs are permitted.



Beginning with the 2019-2020 school year, all schools will only be permitted to wear boy briefs. The skirt must fully cover the hips and fall a minimum of 2" below the boycut briefs. When skorts are worn, the inseam must be a minimum of 3". No shorts or capris are permitted as part of the uniform.

Uniforms shall be functional and meet the school's approval. Uniforms and practice apparel must also be safe and conducive to safe physical activity. All midribs and torsos (front and back) must be covered. No cutouts are permitted on torso and uniforms must have a standard front and back neckline (v-neck, scoop or square). Sheer material is not permitted on the torso. For safety reasons, sequins, glitter, studs, beads, rhinestones and any other adornments that are raised and/or not made of uniform material are not legal on uniforms. (Flat heat pressed is permitted). This also includes adornments on socks, shoes, hair ties, hair bows, practice wear and any other garments worn to participate in cheer activities. Shorts may be worn as part of the practice apparel and shorts that are not lycra are allowed at Pep Rallies and "Meet the Team" events.