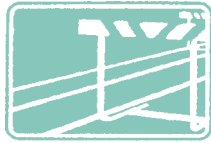


# The Interscholastic



## Spring Sports



**Featured In This Issue:**  
**Baseball Program**  
**Softball Program**  
**Tennis Program**  
**Track Program**



**February 2018**

**THE  
INTERSCHOLASTIC  
(USPS 582-020)**

February 2018

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Web Site: [www.wvssac.org](http://www.wvssac.org)E-Mail: [wvssac@wvssac.org](mailto:wvssac@wvssac.org)

\*\*\*\*\*

**REGIONAL DEPUTY DIRECTORS**

REGION 1

Jason Marling ..... Sherrard Middle School

REGION 2

Mike Dotson ..... Ritchie County Middle School

REGION 3

Gregory Moore ..... South Harrison High School

REGION 4

Judy Marcus ..... Washington High School

REGION 5

Eddie Vincent .. Buckhannon-Upshur High School

REGION 6

Kara Vicars ..... Summers County High School

REGION 7

Amy Robertson ..... Greenbrier West High School

REGION 8

Mark Godfrey ..... PikeView High School

REGION 9

Jeff Kelley ..... St. Albans High School

REGION 10

Bret Jarrell ..... Barboursville Middle School

**TABLE OF CONTENTS**

2017-18 Baseball Program .....	5
2017-18 Softball Program .....	9
2017-18 Tennis Program .....	13
2017-18 Track Program .....	18
Band Festivals .....	4
Executive Directors .....	3
Game Suspension Guidelines .....	17
Office Echoes .....	23
Tournament Site Proposals .....	2

**TOURNAMENT SITE PROPOSALS**

The WVSSAC is soliciting written proposals from schools and cities interested in hosting state tournaments. Contact the WVSSAC office for proposal deadlines.

<u>Sport</u>	<u>Present Location</u>	<u>Next Open Date</u>
Baseball	Charleston	2021
Basketball (Boys & Girls)	Charleston	2018
Cheerleading	Charleston	2018
Cross Country	Ona	2020
Football	Wheeling	2020
Golf	Wheeling	2020
Soccer	Beckley	2020
Softball	Vienna	2020
Swimming	Morgantown	2018
Tennis	Charleston	2018
Track	Charleston	2020
Volleyball	Charleston	2019
Wrestling	Huntington	2021

Proposals should include:

- \* Facility description (number of seats, public address system, locker rooms, concessions, display room for banners, hospitality, etc.,)
- \* Lodging and restaurant facilities
- \* Transportation
- \* Proposed budget

**Information on proposals should be directed to  
Executive Director Bernie Dolan at 304-485-5494.**



# Your WVSSAC Administrators



**Bernie Dolan**  
Executive Director



**Kelly Geddis**



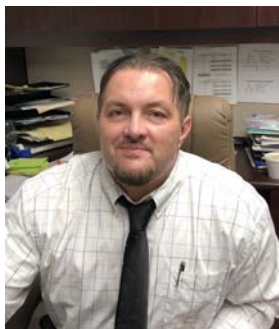
**Greg Reed**



**Wayne Ryan**

----- Assistant Executive Directors -----

## Eddie Vincent Appointed to Deputy Board



**Eddie Vincent**

Eddie enjoys fishing, camping and weight-lifting.

Mr. Eddie Vincent, Principal, Buckhannon-Upshur High School, was appointed to serve on the Deputy Board to represent Region 5.

Eddie was born in Peru, Indiana and graduated from East Fairmont High School. He continued his education at West Virginia University with a degree in counseling and psychology. He received his education leadership degree from Salem International University. He holds certificates in Social Studies, Counseling and Administration. He has taught at East Fairmont High School, North Marion High School and served as Guidance Counselor at Buckhannon Upshur High school. He also served as Guidance Counselor at Lewis County. He began serving at Buckhannon Upshur in 2015 as AD and began his career as principal in 2016.

Mr. Vincent and his wife Tracey are the parents of three children: Abigail, Candence; and Riley.

\*\*\*\*\*

## Kenny DeMoss Appointed to Board of Trustees

Mr. Kenny DeMoss, Principal, Parkersburg High School, was appointed to serve on the Board of Trustees. Kenny is the second alumni in school history to be named principal at Parkersburg High School.

Kenny was born in Parkersburg, WV and graduated from Parkersburg High School. He earned his Bachelor's Degree in Elementary Education from West Virginia University-Parkersburg. He earned a Master's Degree in Technology Integration from Grand Canyon University, Masters in Educational Leadership from Salem University and a Masters in Sports Management from North Central University. He has served as teacher, assistant coach and coach in track and basketball at Parkersburg High School and Warren High School.

Kenny was named SEOAL Coach of the Year and Ohio District 13 Coach of the Year for 2005-06 and MSAC Coach of the Year in 2017.

Mr. DeMoss and his wife Robin are the parents of 3 children; Tiffany, Taylor and Teagan.

Kenny is a member of the NASSP and WVASSP. He enjoys golf, jogging, exercising, basketball, and walking his dogs.



**Kenny DeMoss**



## REGIONAL BAND FESTIVALS – 2017-18

### Region 1 – Hancock, Ohio, Brooke, Marshall, Wetzel, and Tyler

Location: John Marshall High School

Date: **April 24, 25, 2018**

Director: Ms. Tracey Filben, Bandmaster  
John Marshall High School  
1300 Wheeling Avenue  
Glen Dale, WV 26038

E-mail: [tfilben@k12.wv.us](mailto:tfilben@k12.wv.us)

### Region 2 – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun, Roane, Jackson, Mason, and Pleasants

Location: Parkersburg South HS

Date: **April 11, 12, 2018**

Director: Ms. Eric Staats, Bandmaster  
Parkersburg South High School  
1511 Blizzard Drive  
Parkersburg, WV 26101

E-mail: [edstaats@k12.wv.us](mailto:edstaats@k12.wv.us)

### Region 3 – Putnam, Cabell, and Wayne

Location: Cabell Midland High School

Date: **April 17, 18, 19, 20, 2018 Note Date Change**

Director: Mr. Tim James, Bandmaster  
Cabell Midland High School  
2300 Route 60  
Ona, WV 25545

E-mail: [trjames@k12.wv.us](mailto:trjames@k12.wv.us)

### Region 4 – Kanawha

Location: Capital High School

Date: **March 27, 28, 2018**

Director: Ms. Meleah Fisher, Bandmaster Herbert Hoover HS  
Herbert Hoover High School  
5096 Elk River Rd. North  
Elkview, WV 25071

E-mail: [mfisher@mail.kana.k12.wv.us](mailto:mfisher@mail.kana.k12.wv.us)

### Region 5 – Lincoln, Boone, Logan, Mingo, and Clay

Location: Chapmanville Regional High School

Date: **April 11, 12, 2018**

Director: Brenda Hager, Bandmaster  
Chapmanville Regional High School  
200 Vance Street  
Chapmanville, WV 25508

E-mail: [bkhager@k12.wv.us](mailto:bkhager@k12.wv.us)

### Region 6 – Wyoming, McDowell, Mercer, and Monroe

Location: Princeton High School

Date: ~~March 23, 2018~~ **April 27, 2018 Note Date Change**

Director: Ms. Julia Kade, Bandmaster  
Chuck Mathena Center  
#2 Stafford Commons  
Princeton, WV 24740

E-mail: [jkade@suddenlink.net](mailto:jkade@suddenlink.net)

### Region 7 – Fayette, Raleigh, Summers, Greenbrier, and Nicholas

Location: Woodrow Wilson High School

Date: **April 18, 19, 2018**

Director: Mr. William Bailey

**194 Oak Leaf Trail Note Address Change  
Mount Hope, WV 25880**

E-mail: [bbailey49@frontier.com](mailto:bbailey49@frontier.com)

### Region 8 – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton

Location: Philip Barbour High School

Date: **April 13, 14, 2018**

Director: Mr. Victor Iapalucci, Bandmaster  
Philip Barbour High School  
99 Horseshoe Drive  
Philippi, WV 26416

E-mail: [viapaluc@k12.wv.us](mailto:viapaluc@k12.wv.us)

### Region 9 – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson

Location: Musselman High School

Date: **March 21, 22, 2018**

Director: Mr. Michael Knepper, Bandmaster  
Musselman High School  
126 Excellence Way  
Inwood, WV 25428

E-mail: [mknepper@k12.wv.us](mailto:mknepper@k12.wv.us)

### Region 10 – Preston, Monongalia, Marion, Taylor, and Harrison

Location: Bridgeport High School/Robert C Byrd High School

Date: **April 18, 19, 2018**

Director: Mr. Michael Ford  
144 Virginia Street  
Jane Lew, WV 26378

E-mail: [musicmakers07@aol.com](mailto:musicmakers07@aol.com)

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## BAND ADJUDICATORS

Adjudicators for Regional Band Festivals can be found on the WVSSAC website.

The WVSSAC website can be found at [www.wvssac.org](http://www.wvssac.org). At the top of the page, Click on **School Resources**, then click on **Band** in the drop down box. Then click on **Adjudicators**.



# 2018 Baseball Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms or reports that must be filed with the WVSSAC office and the instructions for each sport are in the Director's Manual.

The following items were discussed and recommended by the Coaches' Baseball Committee for approval by the Board of Directors:

2018 Baseball Dates		
Season Begins	Week 35	February 26
First Contest	Week 37	March 14
Sectional	Weeks 45 - 46	May 7 - 19
Regional	Week 47	May 21 - 26
State	Week 48	May 31 - June 2
Middle School Dates		
Season Starts	Week 35	February 26
First Contest	Week 37	March 14
Season Ends	Week 45	May 12

## I. GENERAL INFORMATION

- A. The Speed-up Rule will be used as it relates to runners. This privilege will be optional to each coach.
  1. A courtesy runner may be used for the pitcher and/or catcher. The same runner may not be used for both positions. Neither the pitcher nor the catcher will be required to leave the game under such circumstances.
  2. Players who have participated in the game in any other capacity are ineligible to serve as courtesy runners. A player may not run as a courtesy runner for the pitcher or the catcher and then be used as a runner or batter for another player in that half inning.
- B. Team uniforms should conform to Rule 1-4-1-2-3-4, National Federation Baseball Rules Book. Teams purchasing new uniforms should be aware of the rule that relates to numbering and size of numbers.
- C. All varsity, junior varsity and middle school contests must use WVSSAC registered officials.
- D. Any high school player or coach who is ejected from a contest must sit out the next three scheduled contests at that level and all other contests in the interim. Middle school/9th grade ejections result in a two game suspension.
- E. Remember that it is mandatory for players to use the NOCSAE approved batting helmet and NOCSAE approved catcher's headgear. Refer to Rule 1-5-1-2-3-4-5 of the National Federation Baseball Rules Book.
- F. **The Spalding TF-Pro is the official baseball adopted by the WVSSAC.** It will be used in all Sectional, Regional and State Tournament play. All baseballs used during games must have the National Federation Authenticating Mark.
- G. High school varsity coaches are reminded to rate game officials and send the report to the WVSSAC office at mid-season and at the end of the season.
- H. Use of Tobacco: The use of tobacco or tobacco-like products is prohibited by officials, coaches, players, and team attendants during a contest. A player or coach detected using tobacco will be ejected and will not be allowed to re-enter. They will also sit out the next three regularly scheduled games.
- I. **Points of Emphasis:**
  1. **All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**
  2. Sportsmanship of Coaches, Players and Fans-Always remember the importance of sportsmanship to the game.

3. Coach's Uniform-Coaches **must** be in the same uniform as the players, however, coaches will be allowed to wear pullover or jacket in school colors. Coaches occupying coaching boxes must be in the same color jacket (if wearing a jacket).
4. Only coaches, players or eligible substitutes in proper uniform may occupy the coaching box.
5. Officials should submit a Special Report when a safety situation is discovered at a playing field.
6. The same baseball, type and brand name, must be used for the entire game.

## J. Pregame Warm-up Procedures

The following are recommended warm-up procedures for the regular season, sectional, and regional games.

1. When the visiting team arrives at the game field, the home team will immediately begin its infield practice (not to exceed 15 minutes).
2. When the home team has completed its pregame infield practice, the visiting team will begin its infield practice (not to exceed 15 minutes).
3. Following the completion of pregame infield practice by both teams, the game umpires will meet at home plate with representatives from both teams (head coaches and/or captains) to discuss ground rules and present each team's starting line-up and batting order no later than 5 minutes before game time.
 

This specific procedure will hopefully encourage schools to be ready to "play ball" when game time arrives and to stipulate a procedure of pregame warm-up when it is obvious the game will not begin on schedule because of a late arriving visiting team or potential gamesmanship by coaches.
4. The pitcher is not allowed to throw warm-up pitches to the plate during infield practice.

## K. Bats

**Bats that are altered from the manufacturer's original design and production, or that do not meet the rule specifications, are illegal. No artificial or intentional means shall be used to control the temperature of the bat. No foreign substance may be inserted into the bat. Bats that are broken, cracked or dented or that deface the ball, i.e., tear the ball, shall be removed without penalty. A bat that continually discolors the ball may be removed from the game with no penalty at the discretion of the umpire.**

## II. RULES AND REGULATIONS:

### WVSSAC Pitch Count Required Days of Rest (Pitches)

Age	Maximum	0 days	1-Day	2-Days	3-Days	4-Days
HS	110	1-30	31-50	51-75	76-110	-----
MS	95	1-25	26-40	41-55	56-70	71+

1. The pitch count is based on the number of pitches thrown to batters during the batter's time at bat. Warm up pitches allowed before the game, in between innings or allowed by the umpire in case of injury or game delay do not count. Additionally, intentional walks and balks do not count towards the total number of pitches thrown.
2. When the pitcher reaches 110 pitches, he may not pitch to another batter. He may only finish pitching to the current batter (at bat).
3. No player can pitch four (4) consecutive days.
4. The pitching rule applies even though a game is called (ended) by the umpire because of darkness, rain or some other factor before it has become an official game.



5. Game officials are not responsible for enforcing the pitch count rule. Schools should report violations to the WVSSAC office following competition.
6. Violations will be considered in the same manner as a school using an ineligible player. The minimum penalty for such violations is forfeiture of the game. Additional penalties could also apply such as, but not limited to, head coach suspension, program probation determined by the WVSSAC office.
7. Recording/Charting pitches:

During the game, each team will provide an individual (preferably a coach) to log pitches from the dugout. The home team will also provide a pitch count recorder in the press box or assigned area to record pitch counts.

Any discrepancy in the pitch count of either pitcher will be resolved at the conclusion of each half inning. If the pitch counts do not match, we will go with the predominant count. If all three counts do not match, the count used by the pitch count recorder will be considered the official count.

#### B. Ending a Game:

1. The ten (10) run rule will be in effect for all season games including all tournament games.
2. All tournament games will be seven (7) innings except when the ten (10) run rule is in effect. Tournament games stopped because of rain, lightning, etc., will be resumed at the point of interruption and continue for the regulation seven (7) innings. The suspended game rule may be used during regular season by mutual agreement of both coaches unless required by league rules to continue suspended games.
3. **By mutual agreement of both participating coaches prior to the start of the junior-varsity game, a J.V. game may be less than seven (7) innings.**
4. **In games involving middle school baseball teams, a single contest will be seven (7) innings. If playing a doubleheader, one game will be seven (7) innings and one will be five (5) innings. In a seven (7) inning game, the ten (10) run rule will be in effect following the fifth (5th) inning. In a five (5) inning game, a twelve (12) run rule will be in effect following the third (3rd) inning. No suspended games will be allowed should a game be terminated because of darkness or weather.**

### III. TOURNAMENTS

#### A. SECTIONAL TOURNAMENT (May 7 - 19, 2018)

1. The principal or his/her designate of the first named school in each section is asked to call a meeting of school representatives in his/her section to select tournament director, officials, etc. **All games will be played at higher seed.** The meeting should take place no later than Friday of Week 41 (April 13).
2. May 7, 2018 - All Sectionals must begin
3. All Sectionals must be completed by Saturday, Week 46 - May 19, 2018.
4. **All games must be played on consecutive days (weather permitting) once the tournament begins.**
5. Sectionals must be double elimination.
6. **Seeding Procedure for Sectional and Regional Tournaments**
  - a. Ballots will be faxed and emailed to each school by Friday, April 27, 2018.
  - b. Ballots will include the names of all schools in the Region. They must be returned to the WVSSAC office by noon on May 1, 2018.

- c. Coaches will rate all schools in sections 1 and 2. Do not vote for your own team!
- d. The WVSSAC and the schools will separate the schools into appropriate brackets involving teams in Section 1 and Section 2.
- e. Each school will have one of the highest and lowest ratings eliminated.
- f. Principal and Head Coach must sign the ballot before returning to the WVSSAC.
- g. **If two or more teams are tied, the following criteria will be used to resolve the tie:**
  1. **Head to Head Competition**
  2. **Total Number of Wins in Classification or Above**
  3. **Total Number of Wins**
  4. **Toss of Coin**
7. If a winner cannot be determined by Saturday May 19, 2018, the tournament winner will be determined by reverting to a single elimination format.
8. Tournament Directors are also reminded to use only Class I and II officials and to file pre-tournament pairings, post-tournament results, and financial statements with the WVSSAC. Forms may be found in the Director's Manual.
9. The official party for reimbursement is twenty (20). However, a total of twenty-five (25) may be in the dugout. Sectional and Regional Directors are to enforce this rule.
10. The West Virginia Secondary School Activities Commission will provide each Sectional and Regional winner with a championship plaque at no charge for 2018.

#### Class AAA (Sectionals)

##### Region I

- |           |  |
|-----------|--|
| Section 1 | Brooke, <b>John Marshall</b> , Wheeling Park               |
| Section 2 | Buckhannon-Upshur, <b>Morgantown</b> , Preston, University |

##### Region II

- |           |   |
|-----------|---|
| Section 1 | Hedgesville, <b>Martinsburg</b> , Musselman, Spring Mills |
| Section 2 | Hampshire, <b>Jefferson</b> , Washington                  |

##### Region III

- |           |  |
|-----------|--|
| Section 1 | Capital, <b>George Washington</b> , South Charleston, St. Albans |
| Section 2 | Greenbrier East, <b>Princeton</b> , Riverside, Woodrow Wilson    |

##### Region IV

- |           |  |
|-----------|--|
| Section 1 | Parkersburg, <b>Parkersburg South</b> , Ripley               |
| Section 2 | Cabell Midland, <b>Huntington</b> , Hurricane, Spring Valley |



**AA****Region I**

- Section 1 Berkeley Springs, **Frankfort**, Grafton, Keyser, Petersburg, Philip Barbour
- Section 2 East Fairmont, **Fairmont Senior**, North Marion, Oak Glen, Weir

**Region II**

- Section 1 Bridgeport, **Elkins**, Liberty, Lincoln, Robert C Byrd
- Section 2 Braxton County, **Clay County**, Herbert Hoover, Lewis County, Nicholas County, Roane County

**Region III**

- Section 1 Independence, **Liberty (R)**, Oak Hill, Westside, Wyoming East
- Section 2 Bluefield, **James Monroe**, Pike View, River View, Shady Spring

**Region IV**

- Section 1 Point Pleasant, **Nitro**, Poca, Sissonville, Wayne, Winfield
- Section 2 Chapmanville Regional, **Lincoln County**, Logan, Man, Mingo Central, Scott

**A****Region I**

- Section 1 **Cameron**, Hundred, Madonna, Valley, Wheeling Central
- Section 2 Magnolia, **Paden City**, Ritchie County, St. Mary's, Tyler Consolidated

**Region II**

- Section 1 Clay-Battelle, **Doddridge County**, Gilmer County, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley
- Section 2 East Hardy, **Moorefield**, Paw Paw, Pendleton County, Tucker County, Union

**Region III**

- Section 1 Charleston Catholic, **Fayetteville**, Midland Trail, Pocahontas County, Richwood, Valley (F), Webster County
- Section 2 Greater Beckley Christian, **Greenbrier West**, Meadow Bridge, Montcalm, Mount View, Summers County

**Region IV**

- Section 1 Calhoun County, **Parkersburg Catholic**, Ravenswood, Wirt, Wahama, Williamstown
- Section 2 Buffalo, **Hannan**, Sherman, St. Joseph, Tolsia, Tug Valley, Van

**B. REGIONAL TOURNAMENT (May 21-26, 2018)**

- The Regional Director will select umpires for all regional games. Umpires are to be Class I or II. Directors should cooperate with participating schools for selection of umpires; however, the final decision will be made by the Regional Director.
- The WVSSAC will provide each region with a championship plaque.
- The Regional Director is responsible for the entire game management and filing financial reports with WVSSAC.
- Participating schools and officials shall receive proper and adequate notice of any change in scheduling.
- The Regional Director shall purchase six (6) Spalding TF-Pro baseballs per game. The expense will be charged against the tournament proceeds. Baseballs will be divided between the participating schools after the game.
- Finances - A financial report will be prepared for each regional game. Profit or loss should be shared by the teams in each game.

Ticket Prices: Adult \$6.00, Student \$5.00

- Changes in game sites and times - If changes occur, officials that were originally assigned must be given first consideration to work the rescheduled contest.
  - A second ballot will be sent to the schools who have advanced to the Regional Tournament. These ballots will be used to seed the State Tournament.
  - Ballots will be sent Friday, May 18, 2018 by fax and email and due back to the WVSSAC by noon on Tuesday, May 22, 2018.
  - The Regional Tournament is a best 2 of 3 series.
  - The highest seed from the initial ballot will host games 1 and 3 (if necessary).
  - The Regional Tournament must begin on Monday, May 21 if Sectional Tournament is Completed on or before Thursday, May 17, 2018. Regional Tournament must begin on Tuesday, May 22, 2018 if Sectional Tournament not completed by Thursday, May 17, 2018.

**C. STATE TOURNAMENT (May 31 - June 2, 2018)**

The State Tournament will be held at Appalachian Power Park, Charleston, West Virginia. Participating schools should refer to Reimbursement Schedule 2017-2018 for expense schedule.

Ticket Prices: Adult \$8.00 Student \$7.00 Book Tickets \$30.00

The class that plays on the first day of the tournament will rotate:

- 2018 - Class AAA
- 2019 - Class AA
- 2020 - Class A
- 2021 - Class AAA

**Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.



(\* Home Team)

**1st Session**

Thursday May 31 - 4:30 p.m. - AAA#1 seed vs #4 seed  
 May 31 - 50 min. after Game 1 AAA #2 seed vs #3 seed

**2nd Session**

Friday June 1 - 10:00 a.m. - AA #1 seed vs #4 seed  
 June 1 - 50 min. after Game 1 - AA #2 seed vs. #3 seed

**3rd Session**

Friday June 1 - 5:00 p.m. - A- #1 seed vs #4 seed  
 June 1 - 50 min. after Game 1 - A #2 seed vs #3 seed

**4th Session**

Saturday June 2 - 10:00 a.m.  
 AAA Finals - Game 1 - Home Team  
 45 minutes following award presentation  
 AA Finals - Game 1 - Home Team  
 45 minutes following award presentation  
 A Finals - Game 1 - Home Team

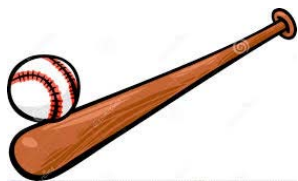
**Awards**

**SECTIONAL TOURNAMENT** - Team Championship (WVSSAC will provide a plaque).

**REGIONAL TOURNAMENT** - Team Championship (WVSSAC will provide a plaque).

**STATE TOURNAMENT** - Team: Championship (each class)  
 Runner-up (each class)  
 Individual: Championship - 20 (each class)  
 Runner-up - 20 (each class)  
 All Tournament - 10 (each class)

**The tournament director will select a committee to choose at least one person from each participating school for the All Tournament team.**

**2016-2017 State Baseball Champions**

**AAA**  
**St. Albans High School**

**AA**  
**Bridgeport High School**

**A**  
**Charleston Catholic High School**

**2018 Baseball Rules Clinics**

Listed below are scheduled Rules Clinics for Baseball during the 2016-2017 school year.

**SCHOOLS:** The **Head Coach** shall be required to attend any sports rules clinics which are sponsored by this Commission in his/her coaching assignment. Schools failing to have a head coaching position filled at the time of the clinic will be required to have a school representative present at the rules clinic. An individual can only represent one school unless he/she is head coach at both schools. In a 9-12 school, both the varsity and 9th grade coach are required to attend. Middle School head coach must attend.

**The clinic attendance requirement will not be granted if the coach or representative is late in excess of 10 minutes.**

DATE	LOCATION	TIME	COORDINATOR
Jan. 26	Charleston Catholic Ath. Com.	1:00 p.m.	Greg Reed
Jan. 27	Interpreters' Clinic (WVSSAC)	9:00 a.m.	Greg Reed
Jan. 27	WVSSAC Office	9:00 a.m.	Greg Reed
Jan. 29	Logan H. S.	6:00 p.m.	Brian Atkinson
Jan. 30	Huntington H. S.	6:00 p.m.	Bruce Senior
Feb. 1	Wheeling Park H. S.	6:00 p.m.	Dwaine Rodgers
Feb. 3	Martinsburg H. S.	9:00 a.m.	David Walker
Feb. 3	Frankfort H. S.	12:30 p.m.	Jay Hesse
Feb. 5	Woodrow Wilson H. S.	6:00 p.m.	Tim Carrico
Feb. 6	Capital H. S. - Charleston	6:00 p.m.	Ron Wilson
Feb. 8	Robert C. Byrd H. S.	6:00 p.m.	Scott Davis
Feb. 12	*WVSSAC Office	7:00 p.m.	Greg Reed

\*Make-up Clinic - \$10.00 Fee

**Requests for baseball rule interpretations** or explanations should be directed to the state association responsible for administering and conducting the high school baseball programs in your state. The National Federation will assist in answering rules questions from state associations whenever called upon.

**2018 MAJOR BASEBALL RULE REVISIONS**

- 1-3-1: The ball shall be a sphere formed by yarn wound around a small core of cork, rubber or similar material and covered with two strips of white horsehide or two strips of white cowhide tightly stitched together. It shall be 5 to 5 ¼ ounces in weight and have a circumference of 9 to 9 ¼ inches. The Coefficient of Restitution (COR) shall not exceed .555. The ball shall meet the NOCSAE standard at the time of manufacture and the mark is required on all balls. (Effective January 1, 2019) A minimum of three umpire-approved baseballs shall be provided to start the game. Unless otherwise mutually agreed upon, the home team has this responsibility. No less than two baseballs shall be used to complete the game.
- The NFHS Authenticating Mark is required on all balls that will be used in high school competition. A current list of NFHS authenticated products can be found on the website: [www.nfhs.org](http://www.nfhs.org).
- 1-3-2a2: Non-wood bats shall not have exposed rivets, pins, rough or sharp edges or any form of exterior fastener or attachment(s) that would present a potential hazard.
- 1-5-3: The catcher shall wear, in addition to a head protector, a mask with a throat protector, body/chest protector that meets the NOCSAE standard at the time of manufacture (Effective January 1, 2020), protective cup (male only), and baseball protective shin guards.
- 8-2-7: A batter-runner who reaches first base safely and then over-runs or over-slides may immediately return without liability of being put out provided he does not attempt or feint an advance to second. A player who is awarded first base on a base on balls does not have this right.

**2018 Major Editorial Changes**

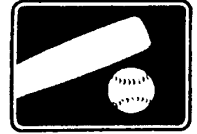
NFHS Casebook: It has been recommended to amend the entire NFHS Casebook to reflect the nomenclature of how runners are identified in case situations. R1, R2, R3 will now represent the base that they (the runners) are occupying. In addition, the Batter-Runner will now be known as "BR" and the Batter will be identified as "B".

**2018 Points of Emphasis**

- 1) Sportsmanship (National Anthem Stand-Offs, Bench Jockeying, Celebrations, Negative comments between opponents)
- 2) Jewelry Rule Enforcement
- 3) Proper Administration of NFHS Rules
- 4) Proper Pitching Positions



# 2018 Girls' Softball Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.**

## 2018 High School Softball Dates

Season Starts	Mon. of Wk. 35	February 26
1st Contest Held	Wed. of Wk. 37	March 14
Sectional	Week 44-45	April 30-May 12
Regional	Week 46	May 14 -19
State	Week 47	May 23-24 (Rain Date 25th)

## I. GENERAL INFORMATION

- A. The The NFHS Dudley Thunder Heat Softball yellow optic red stitch raised ball is the official state ball. This ball is required for all levels (sectional, regional, and state) of the tournament structure. The ball must display the COR .47, NF authenticating mark, and the compression of 375 lbs.
- B. All sectional, regional games must be played on softball fields with dirt infields. Every attempt should also be made for regular season games.
- C. Use of Tobacco: The use of tobacco or tobacco-like products is prohibited by officials, coaches, players, and team attendants during a contest. A player or coach detected using tobacco will be ejected from the contest.
- D. It is strongly recommended that the coach be attired in the same uniform as the team. If the coach is not attired in the team uniform, he/she must be attired in clothing of the school colors, white, black, gray or khaki. Coaches are allowed to wear jerseys/coaching shirts, coaching shorts/slacks or warm-up suits provided the clothing is of the school colors or white, black, gray or khaki. It is further required that the jersey/coaching shirt reflect the school name and/or logo. Cut-offs, fleece, or any type of jeans of any color are prohibited. Coaches for each team are not required to be in identical dress; however, each coach must comply with the regulations (colors, logo, etc.,).
- E. For regular season games to avoid unnecessary delay of the scheduled start time, it is recommended that the home team warmup first.
- F. The WVSSAC Board of Directors has approved that all temporary body markings and face paint must be removed. Permanent body markings must be covered if the game official determines the marking is objectionable. Note: This is an official's determination and is not protestable. This includes Eye Black - It must be worn as intended only directly under the eye.
- G. All sectional and regional receipts or expenses shall be shared by participating schools.

## II. RULES AND REGULATIONS

- A. Fast pitch rules will be used for all middle and high school programs.
- B. The Maximum Team and Player Contests for high school is 32 games exclusive of sectional, regional, and state contests.
- C. Middle school teams and players may play 18 games including tournaments sanctioned by the WVSSAC. Middle School/9th Grade varsity teams must play 7 inning games. Note that the 10 and 8 run rules also remain in effect.
- D. **At all school levels (middle school or high school), subvarsity games may be limited to 1 hour 30 minutes (provided the**

**inning has been completed) or 7 innings or conclusion of the game** - See Game Rules (Tie Breaker). The choice of these two game ending procedures must be determined by the coaches prior to the start of the game. This decision is to be communicated to the officials at the **pre-game conference**. If coaches cannot reach agreement, the game will be seven innings. Note that the 10 and 8 run rules would also remain in effect.

- E. Players' Uniforms: The following are points of emphasis in addition to the regulations specified in the National Federation Softball Rules Book:
  1. All helmets shall have a permanently affixed Manufacturer Certified NOCSAE Stamp (Rule 1-6-1). Also, all helmets shall be equipped with NOCSAE approved face protector (Rule 1-6-6).
  2. Players' uniforms are to be worn as manufactured. Example - shirts must be tucked in and sleeves not rolled up.
  3. **Players' shirts - All shirts must be tucked in. If the shirt comes out during play, players are to correct at the next opportune time. Failure to do so will result in a team warning. On the next occurrence, the player will be restricted to the dugout.**
- F. Game Rules: The National Federation Softball Rules will govern all play. In addition, the following rules are emphasized:
  1. Rule 4-2-2 - Game ending procedure - after 4 1/2 or 5 innings if one team is ahead by eight (8) runs. This will be in effect for all regular season games and all tournament play.
  2. A 10 run rule after 3 innings and before 4 1/2 innings will be in effect for regular season play only.
  3. International Tie Breaker - The Tie Breaker may only be used in **regular season** and at the beginning of the 8th inning; **however, there must be mutual consent of both coaches before the game begins**. If there is not mutual consent, the Tie Breaker may not be used.
 

National Federation Rule 4-2-6: While using the tie-breaker, each half-inning begins by placing a runner on second base. That runner is the player in the batting order who precedes the lead off batter in that inning. Then the game proceeds a full inning or until a winner is determined in that inning.
  4. All post season games will be played under suspended game rules. A suspended game is a game to be completed at a later date. Tournament games stopped because of rain, lightning, etc., will be resumed at the point of interruption and continue for the regulation seven (7) innings; the eight (8) run rule will be in effect for sectional, regional, and state tournament play.
  5. During Regular Season, Suspended Games rule may be used if coaches mutually agree prior to the start of the game.
  6. Game Ending Procedures for Invitational Tournaments: The option to use hour and a half or 5 inning game ending procedure will be determined by the Tournament Director and participating schools should be notified.
  7. Pitching Rule: No pitcher shall pitch more than fourteen (14) innings in any one (1) day period. One (1) pitch is considered an inning pitched. There is no "lay over" regulation for softball pitchers. If the rule is violated, the head coach will be suspended for the next three (3) games and the pitcher will not be allowed to pitch in the next three (3) games. However, she may play another position during those three games.
  8. A courtesy runner for the pitcher or catcher may be used.

### III. POINTS OF EMPHASIS

- A. **All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**
- B. Schools must use WVSSAC registered officials for all softball contests.
- C. At the pre-game conference, officials are to give each head coach an officials' introductory card indicating the officials' names and registration numbers. It is important that officials also sign the scorebook. At that time, game ending procedures should be agreed upon.
- D. Coaches are reminded that good sportsmanship must be emphasized and practiced at all times by coaches, players, and spectators. If a coach or player is ejected from a contest, coaches should refer to WVSSAC Rule 127-4-3 Code for Interscholastic Athletics. In clarification, when a coach is ejected, he/she is required to leave the vicinity and is not allowed to coach at the next three played contests at that level. At the next three played contests, the coach is not allowed to have any contact with the team. This includes warming up the team or representing the team by wearing the team uniform to the game. He/she must be out of sight and sound.
- E. Coaches are to review the Non-School Participation Rule with all players.
- F. **Double First Base** may be used for regular season games only and the home school should notify visitors when it is being used.
- G. NFHS Pitching Distance for Middle School and High School is 43 feet.

### IV. TOURNAMENTS

**Tournament Play** - Each team is permitted a maximum roster of eighteen (18) players whose names shall be submitted to the tournament director prior to participation at each level of tournament play. **Therefore, only 18 players may dress.** Each team shall be allowed a maximum of twenty-two (22) team personnel in the dugout or on the bench.

Ticket prices for each session of tournament games are as follows:

- |                |                  |                    |
|----------------|------------------|--------------------|
| 1. Sectional:  | local option     |                    |
| 2. Regional:   | Adults - \$6.00  | Students - \$5.00  |
| 3. State:      | Adults - \$8.00  | Students - \$7.00  |
| 4. All Session | Adults - \$30.00 | Students - \$25.00 |

Awards:

- A. Sectional: WVSSAC Championship Plaque - The plaque is mailed to the school whose name appears in **BOLD FACE** print.
- B. Regional: WVSSAC Championship Plaque
- C. State (for each class):
  1. Team: Championship Trophy  
Runner-up Trophy
  2. Individual: Champion (20)  
Runner-up (20)
  3. All Tournament (10) Plaques
  4. Sportsmanship Plaque

#### A. SECTIONAL TOURNAMENT

If there are 3 or more teams in your section, you must begin play on Tuesday, **May 1<sup>st</sup>**. Less than 3 teams must begin no later than Wednesday, **May 2<sup>nd</sup>**. Exception: Schools may choose to begin sectional play on Monday, **April 30<sup>th</sup>**.

**The games must be played on consecutive days once the tournament is started (weather permitting) and reverts to single elimination if not completed by rain date.**

1. The school appearing in **BOLD FACE** will serve as temporary chairman of each sectional and as such will be responsible for calling a meeting by **March 14<sup>th</sup>**. **Before any games have been played, it is recommended that a school administrator (principal, assistant principal, athletic director) attend the sectional seeding meeting with the coach.** Site, pairings, selection of tournament director, dates, times, officials, awards, etc., shall be established at this meeting. Sectional tournament teams shall be seeded; therefore, it is recommended that teams play all other teams in their section. Sectional tournament play may be single or double elimination. However, the Softball Coaches' Committee has made the following changes to the tournament structure.
  - a. It is recommended that the sectional tournament be double elimination.
  - b. The "best" team should receive a "bye". The "best" team should be determined by using the following criteria:
    - 1) Head to head sectional
    - 2) Regional
    - 3) Overall record

Double Headers are recommended to reduce travel.

The determination of home/visitor team and dug out assignments shall be made at the sectional meeting. For all tournament play, the home team dugout shall be the dugout on the first base line. The "bye" team shall be the home team.
  - c. At the sectional meeting, coaches shall reach simple majority decisions concerning the tournament format. Once the format has been established, **there is no change**. The WVSSAC office prefers that coaches/schools in each section reach agreement without intervention from this office. Intervention from this office is a last resort.
2. Tournament Directors are to submit the Sectional Softball Tournament Form Sb1 by **April 20**.
3. Registered Class I or II officials must be used.
4. Sectional winners are to send team picture, roster, and team record to Alice Goodwin at the WVSSAC office. The roster form to be completed for the state tournament souvenir program is included in the Coach's Packet.
5. Tournament Directors are to submit the Sectional Softball Financial Report Form Sb2 by **May 11**.

#### B. REGIONAL TOURNAMENT - Host site will be home team.

1. Regional Directors will be responsible for selecting time and officials and for notifying participating schools. The Softball Coaches' Committee recommends the use of four person officiating crews.
2. Regional Tournament play is double elimination.
3. Registered Class I or II officials are to be used.
4. Regional Host site will rotate from Section 1 to Section 2. Section 2 - 2018 -- Section 1 - 2019
5. Game 1 will be played at Host school  
Game 2 will be played at Visitor school  
Game 3 will return to Host school
6. Tournament Directors are to submit the Regional Softball Financial Report Form Sb4 by **May 25**.

**The games must be played on consecutive days once the**



tournament is started (weather permitting) and reverts to single elimination if not completed by rain date.

**C. STATE TOURNAMENT (May 23-24)**

1. The State Tournament will be held at the Jackson Park in Vienna. Norm Harris of Parks & Recreation will serve as Tournament Director. The tournament will be a two (2) day double elimination championship. Karen King and Danny Tennant, AD, Parkersburg Catholic, will assist.
2. WVSSAC reimbursement for teams in the state tournament will be for a maximum of twenty (20) including players, managers, and coaches.
3. The playing schedule for the three classes will rotate yearly.
4. Four person officiating crews will be used.
5. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

**Sectional / Regional Alignment  
AAA**

**Region I**

- Section 1 Brooke, **John Marshall**, Wheeling Park
- Section 2 Buckhannon-Upshur, **Morgantown**, Preston, University

**Region II**

- Section 1 Hedgesville, **Martinsburg**, Musselman, Spring Mills
- Section 2 Hampshire, **Jefferson**, Washington

**Region III**

- Section 1 Capital, **George Washington**, South Charleston, St. Albans
- Section 2 Greenbrier East, **Princeton**, Riverside, Woodrow Wilson

**Region IV**

- Section 1 Parkersburg, **Parkersburg South**, Ripley
- Section 2 Cabell Midland, **Huntington**, Hurricane, Spring Valley

**AA**

**Region I**

- Section 1 Berkeley Springs, **Frankfort**, Grafton, Keyser, Petersburg, Philip Barbour
- Section 2 East Fairmont, **Fairmont Senior**, North Marion, Oak Glen, Weir

**Region II**

- Section 1 Bridgeport, **Elkins**, Liberty, Lincoln, Robert C Byrd
- Section 2 Braxton County, **Clay County**, Herbert Hoover, Lewis County, Nicholas County, Roane County

**Region III**

- Section 1 Independence, **Liberty (R)**, Oak Hill, Westside, Wyoming East

- Section 2 Bluefield, **James Monroe**, Pike View, River View, Shady Spring

**Region IV**

- Section 1 Point Pleasant, **Nitro**, Poca, Sissonville, Wayne, Winfield
- Section 2 Chapmanville Regional, **Lincoln County**, Logan, Man, Mingo Central, Scott

**A**

**Region I**

- Section 1 **Cameron**, Hundred, Madonna, Valley, Wheeling Central
- Section 2 Magnolia, **Paden City**, Ritchie County, St. Mary's, Tyler Consolidated,

**Region II**

- Section 1 Clay-Battelle, **Doddridge County**, Gilmer County, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley
- Section 2 East Hardy, **Moorefield**, Pendleton County, Tucker County, Union

**Region III**

- Section 1 Charleston Catholic, **Fayetteville**, Midland Trail, Pocahontas County, Richwood, Valley (F), Webster County
- Section 2 Greater Beckley Christian, **Greenbrier West**, Meadow Bridge, Montcalm, Mount View, Summers County

**Region IV**

- Section 1 Calhoun County, **Parkersburg Catholic**, Ravenswood, Wirt, Wahama, Williamstown,
- Section 2 Buffalo, **Hannan**, Sherman, St. Joseph, Tolsia, Tug Valley, Van

**Softball Regional Tournament**

The Softball Coaches' Advisory Committee recommended to the Board of Directors and was adopted winner of Section 2 will secure umpires for the entire regional tournament.

**2017-2018 Season - Class A, AA, AAA**

1. Section 1 winner will host regional Game 2
2. Section 2 winner will host regional Game 1
3. Section 2 will host Game 3

**State Softball Tournament**

\*Note: Home Team

- Game 1: Region 1 vs. Region 2\*
- Game 2: Region 4 vs. Region 3\*
- Game 3: Loser Game 1 vs. Loser Game 2\*
- Game 4: Winner Game 1 vs. Winner Game 2\*
- Game 5: Winner Game 3 vs. Loser Game 4\*

**State Softball Tournament Rotation**

	2019	2020	2021	2022	2023	2024
1 - 4	1 - 3	1 - 2	1 - 4	1 - 3	1 - 3	
3 - 2	2 - 4	4 - 3	3 - 2	2 - 4	2 - 4	



Wednesday, May 23

**\*NOTE: Admission will be charged for each session.**

**Session I Field One (AAA) Field Two (A) Field Three (AA)**

9:30 am ----- Game 1

9:45 am ----- Game 1

10:00 pm ----- Game 1

**Game 2 will begin 30 minutes after completion of Game 1.**

**Session II**

4:30 pm ----- Game 3

4:45 pm ----- Game 3

5:00 pm ----- Game 3

**Game 4 will begin 30 minutes after completion of Game 3.**

Thursday, May 24

**Session I Field One (AAA) Field Two (A) Field Three (AAA AA)**

9:30 am ----- Game 5

9:45 am ----- Game 5

10:00 am ----- Game 5

**Session II**

**Championship Game(s)**

**(Home Team - Determined by Higher Seeded Team)**

**2:00 pm AA Championship Field 3**

**2:15 pm AAA Championship Field 1**

**2:30 pm A Championship Field 2**

**SOFTBALL RULES CLINICS**

**Schools:** The Head Coach shall be required to attend any sport rules clinic in his/her coaching assignment which is sponsored by this Commission. **Schools failing to have a head coaching position filled at the time of the clinic are required to have a school representative present at the rules clinic.** In a 9-12 school, both the varsity and 9th grade coach are required to attend.

**Officials:** All officials must attend the clinic to be eligible to work any contests during the season.

**The clinic attendance requirement will not be granted if the coach or representative is late in excess of 10 minutes.**

**SOFTBALL RULES CLINICS**

Jan. 27	Interpreters' Clinic (WVSSAC)	1:00 p.m.	Kelly Geddis
Jan. 27	Parkersburg (WVSSAC)	1:00 p.m.	Kelly Geddis
Jan. 29	Logan H. S.	6:00 p.m.	Brian Atkinson
Jan. 30	Huntington H. S.	6:00 p.m.	Bruce Senior
Feb. 1	Wheeling Park H. S.	6:00 p.m.	Dwayne Rodgers
Feb. 3	Martinsburg H. S.	9:00 a.m.	David Walker
Feb. 3	Frankfort	12:30 p.m.	Jay Hesse
Feb. 5	Woodrow Wilson H. S.	6:00 p.m.	Tim Carrico
Feb. 6	Capital H. S. – Charleston	6:00 p.m.	Ron Wilson
Feb. 8	Robert C. Byrd H. S.	6:00 p.m.	Scott Davis
Feb. 12	*WVSSAC Office	5:00 p.m.	Kelly Geddis
	*Make-up Clinic - \$10.00 Fee		



**2018 SOFTBALL RULE REVISIONS**

2-65-2, 8-1-1c, 8-4-3a, 9-6-2: The coach, pitcher or catcher of the defensive team may request an intentional walk either before or during the pitch count. Rationale: This change to allow intentional walks was enacted to align fast pitch and slow pitch rules, to keep up with current trends of the sport, and also to maximize the flow of the game.

3-2-7c: Language was added to address the use and placement of the wristband playbook/play card and defines this item as a piece of equipment. It also addresses restrictions on color. Rationale: The wristband playbook/playcards are worn on the forearm and considered equipment, not a garment. Therefore, these items are not required to adhere to the color restrictions addressed in 3-2-7c.

3-2-15, 10-2-3a: This change removes the responsibility of the umpires to inspect equipment prior to the start of the game. Rule 4-1-2d already requires head coaches to verify that their players are legally and properly equipped. Rationale: The responsibility to verify that players are legally equipped rests with the coach and administration of the school. Rules 7-4-2 and 10-2-3l provide the authority to umpires to penalize for equipment violations.

3-7-1 NOTE, 6-2-5 NOTE 2: Added language provides umpires with the authority to allow a reasonable number of warm-up pitches to an incoming pitcher due to circumstances that require a pitcher to be removed by rule. Rationale: Currently there are no guidelines for warming up the incoming pitcher under these circumstances. The default number of pitches used by the umpires is 5 unless there is inclement weather. The note will give guidance to all parties involved.

6-1-2b: The pitcher may now step back with the non-pivot foot at any time prior to the start of the pitch. Rationale: This is a change to assist the developing pitcher.

**Major Editorial Changes**

3-6-12, 10-1-6: Language provides clarity and consistency for restriction of alcohol and tobacco use by participants and officials.

8-1-2: This change requires the batter to make an attempt to avoid being hit by a pitched ball in the area between the plate and the batter's box. This portion of the rule had been inadvertently omitted.

**Points of Emphasis**

- 1) Coaches responsibility to verify players are legally equipped
- 2) When batter must attempt to avoid being hit by a pitch
- 3) Courtesy runner for the pitcher and/or catcher

**2016-2017 State Softball Champions**

**Class AAA**

**Hurricane High School**

**Class AA**

**Herbert Hoover High School**

**Class A**

**Wheeling Central High School**

# 2018 Tennis Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THIS PROGRAM. THE FORMS AND PROCEDURES FOR TOURNAMENT PLAY ARE IN THE DIRECTOR'S MANUAL.** The results of any tournament must be submitted to the next level director and the WVSSAC office as soon as possible after the conclusion of the tournament.

The Board of Directors and the Tennis Coaches' Committee reviewed the tennis program in the February *Interscholastic* and approved the following:

## 2018 High School Tennis Dates:

Season Starts	Mon. of Wk. 35	Feb. 26
1st Contest Held	Wed. of Wk. 37	Mar. 14
Regional	Week 44	April 30 - May 5
State	Week 45	May 10 - 12
<b>Forms Due</b>		
Information Verification Form (T3)		Mar. 5
Regional Seeding Form (T4)		Mar. 30
Regional Directors Form (T5)		Apr. 4
Regional Entry Form (21 & 22)		Apr. 27

## I. GENERAL INFORMATION

- No coaches are required to attend a WVSSAC State Rules Clinic this year. Return Information Verification Form (T3) by **March 5th**. Coach must complete the Regional Seeding Form (T4) and send it to the Regional Director by **March 30**.
- Coaches shall present themselves in **professional attire** suitable for a school representative. Coaches shall be attired in white, gray, black, khaki, or school colors.
- Middle School/9th Grade teams should be allowed to participate in interscholastic contests even if a player must play both a singles match and a doubles match. This allows for a team with as few as six team members to participate in a match with 4 singles matches and 3 doubles matches. Although it is recommended to use as many participants as possible, schools with a low number of participants should not be penalized for using a team member in both singles and doubles.
- Electronic Devices - Coaches, players, and officials are not allowed to have cell phones or pagers while they are on-court.
- All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**

## II. RULES AND REGULATIONS

### A. REGULATIONS

- Tennis rules published by the United States Tennis Association are the official rules for all interscholastic competition unless otherwise modified by the WVSSAC.
- Middle School/9th Grade Dates - Middle School/9th Grades are allowed to play either a fall or spring season. However, the season selected shall be no longer than 12 weeks.
- In order to enter regional play, the position must have been played in at least six matches.** When playing teams inside your region and a player doesn't actively participate or is injured, the team must choose to default the position. An exhibition match may be played if mutually agreed upon by both coaches. The exhibition match will not count towards regional seeding. However, it does count for scoring the regular season match and towards the athletes overall record. When playing outside your region and a player does not actively participate or is injured, the team may choose to substitute or move players up.
- A team match shall consist of 4 points out of 7 (3 doubles, 4 singles). Schools competing with less than 3 members will count the individual matches but the contest will not count as a team match.
- When two teams are sponsored by a school (boys and girls), the girls must compete against girls, boys against boys. If a school sponsors one co-educational team, that team must compete as a boys' team. This applies to regular season. However, during tournament play, which is individual play, there are no co-educational teams or mixed doubles. Girls compete against girls and

boys compete against boys. Clarification - If only one girl is on the team, she must play the #1 position (exception to #6) at regional competition.

- Players may play both singles and doubles, but it is not mandatory that they do so.  
No form of stacking is acceptable.
- In a match, a school must play players in order of ability. This rule applies regardless of the number of players. Example: If a school has 3 players, they shall be put in rank order. The best player would play #1, second best #2, and third best #3.
- In doubles, players shall be placed on doubles teams according to ladder position, i.e., the best two doubles players at #1 doubles, the next two doubles players at #2 doubles, and so on for #3 doubles.
- Players' placement in the doubles need not correspond to their singles placement. For example, the #1 and #2 Singles players need not be the #1 Doubles team.
- Regular season matches will be pro-sets (8 games-with a 12 point tie breaker at 8 games all).

**Six Game Pro Sets - There is no provision for a six game pro set. If a six game pro set match is played, the match will not count in the season record and will be a forfeit.**

Tie Breaker - No coaching is allowed during the tie breaker.

- No-Ad Scoring - Regular Season - Both coaches must mutually agree. If mutual agreement cannot be established, regular scoring will be used. State Tournament - Scoring decisions will be made by the WVSSAC.**
  - The USTA has approved a variation of the conventional scoring system for the purpose of shortening the duration of a tennis match. It is called "no-ad scoring" and is precisely what the name implies.
  - Singles and Doubles: A game is won by the first player or team to win 4 points; that is if the score goes to 3-points-all (or deuce), the next point decides the game. There is no "advantage" point. Receiver decides to which court the service is delivered on the 7th point.
- If inclement weather causes a match to be cancelled during regular season play, the match will count as completed if four matches have been completed.
- When rescheduling regular season matches, matches with regional opponents should take precedence over non-regional matches.
- The tennis format of 4-3 will be used in all matches in West Virginia. If West Virginia schools play out-of-state opponents, they may play the same format as the home school. In any match, extra players may play as exhibition; however, points are not added to the team score.
- Honest Effort Rule: A player cannot default a match to save energy for another match or default to gain an advantage by not playing. If a student does not adhere to this rule, he/she will be disqualified from the tournament.**
- A penalty point deduction on the teams total will be assessed for unsportsmanlike behavior after a player has defaulted or play is complete for all regular season matches, Regional and State.**
- Coaches shall use Special Report Forms for unsportsmanlike acts or actions which could not or were not resolved by the use of the Coach's Request for Ruling Form. The Special Report Forms are to be submitted to the WVSSAC.  
If misconduct occurs, the coach should first consult the coach of the player in question. If that coach fails to issue appropriate sanctions, the other coach may issue appropriate sanctions. A Special Report should then be completed and mailed to the WVSSAC office.
- Saturday Matches - 2 out of 3 format may be used if both coaches agree. **This is Saturday matches ONLY.**



## B. UNIFORMS

Participants are required to be in school uniform for all regular season and tournament play. Uniforms must be in school colors. The school approved identification must be on the front of the uniform. Sleeves are not considered to be the front of the uniform. Doubles competition team mates must be attired in the same uniform. It is the responsibility of the match/tournament director and match officials to enforce these regulations. **All players mid-drifts and torsos must be covered.**

## C. CONDUCT

1. All teams and players are reminded that only coaches may approach the Tournament Director. Inappropriate contact by players or parents is unacceptable, and warnings and penalties will result.

## D. FORFEITS AND DEFAULTS

1. If, after an individual match begins, a forfeit occurs due to illness, injury, or penalty for misconduct, the games and set won by the forfeiting team shall stand and count.
2. In all other matches, if a default occurs before the individual match begins, then the Tournament Director shall record the score as 6-0 or 8-0.

## E. ALTERNATES (Tournament Play)

1. Regional and State Competitions are individual competitions. Prior to the beginning of any doubles play at the Regional Tournament, alternates (doubles) who were listed on the Entry Form may be used only in case of illness or injury and only in the position of the unavailable player. **The alternates must be used in the order in which they were placed on the Entry Form.** The regional director reserves the right to request medical verification (physician, nurse practitioner, athletic trainer).
2. If an alternate plays in the first round of doubles play in regionals and the team advances in regionals or to state, the "original" partner may not return to the team. The alternate becomes the partner for the tournament(s).
3. If a qualifier to the State Tournament is unable to participate, no substitution may be made. This regulation applies to singles and doubles and will result in a forfeit.

## III. REGIONAL TOURNAMENT

**For all tournament play, players and coaches must be at courts 30 minutes prior to match. Failure to arrive on time will result in default.**

### A. Regional Tournament (Week 44).

**May begin on Monday and continue through completion Saturday, (Rain Dates May 8-9) First Round matches may be played at home site.**

**In order to avoid date, time, etc., conflicts, coaches should notify players on the first day of the season of the Regional Tournament dates. Regional directors will determine the date(s) which are best considering time and facilities and notify schools as soon as possible.**

- B. If you only have one coach and your regional/state is at 2 sites, you must provide an additional authorized coach to travel to the other site as needed. This will allow the other teams/players to progress through the tournament.**

### C. Regional Coaches' Meeting Information

1. The Regional Director is responsible for calling a meeting of all coaches and school administrators. **If a coach fails to attend the Regional Seed Meeting, all of that school's players will be placed in the blind draw.**
2. It is recommended that tournament directors make "weather" provisions to secure indoor accommodations with the cost assessed to the individual schools **from gate receipts.**
3. Regional directors are asked, whenever possible, to schedule regional play after school, on Saturday, or on out-of-school days.

4. Seeding will be the top four at each of the singles and doubles positions. **The number of additional positions seeded may be decided by majority vote of participating schools. All positions must be seeded in same manner.** The remaining placements will be by blind draw. Draw sheets with appropriate "bye" positions will be distributed to each tournament director. **The "blind draw" players are to be placed on the remaining lines from top to bottom. Coaches may not choose brackets. The draw goes straight down the draw sheet.**

5. **Teams/Individuals must actively participate against at least 50% of the teams within their assigned region to be eligible to participate in the regional seeding process.**

6. Seeding will be based upon the following criteria in the following priority order:

1. Head to Head in Regional Play
2. Number of Regional Matches Played and Won
3. Common Opponents
4. Strength of Opponents Played
5. Overall Record

USTA ranking is NOT to be considered.

**Teams may play each other no more than 2 times to count for seeding purposes.**

7. Advanced Placement Testing: The regional schedule will not be adjusted or altered for AP testing, prom or other activities. AP students must take the make-up test or forfeit the regional match.

## D. General Information

1. The Regional Tennis Entry Form must be received by the WVSSAC office by **12:00 noon April 27, 2018**. A copy shall also be mailed to the regional tournament director. No alternates are allowed for singles play once the Entry Form is submitted. Alternates for the doubles team are only allowed for injury or illness and prior to the beginning of doubles play and must be used in the order they appear on the Entry Form. **No matches played after the 12:00 deadline will count for seeding purposes.**

a. The Seeding Meeting line-up must coincide with the Entry Form line-up regardless of the date of the meeting.

b. Regional Director must return Tennis Seeding Form (T5) to WVSSAC office by **April 4<sup>th</sup>**. It will then be placed on the Website.

2. **Match Report** Forms - Match Report Forms (23) shall be taken to the Regional Coaches' Meeting. **Failure of the coach to bring match report form to meeting may result in loss of seeding. Should a conflict arise, the decision will be left to the Regional Director.**

3. All Regional Tournament Directors are to secure roving officials to monitor court behavior and foot faults. All roving officials will be attired in such a way that they are easily recognizable. Directors should refer to Points of Emphasis for more specific information. If the tournament director cannot secure officials, he/she shall assume the responsibility of enforcing all regulations.

4. Regional Tournament Directors are asked to secure one trained official for each court. If trained officials are not available, Tennis Coaches' Committee members and tennis knowledgeable individuals shall be chosen first when assigning officials at the regional level. All officials will be attired in such a way that they are easily recognizable. **Officials are responsible for keeping spectators at least 10 feet from court fence.**

5. Regional and state team awards will be based upon individual (singles and doubles) qualifying points accumulated each round.

6. A student must complete the qualifying tournament to be eligible to compete at the next level.

7. Participants or teams are to supply their own tennis balls. Wilson is the state adopted tournament ball.

8. **Time Violations:** Time violations occur when a player takes more than 20 seconds between points or takes more than 90 seconds on changeovers. A warning shall be given for the first violation. Subse-



quent delays shall be penalized by a point loss for each violation, with no accumulation.

9. **Harassment of Players Prohibited:** Team members and their spectators shall not harass opposing team players. Harassment directed at individual match is first assessed a warning, next a loss of game, and finally default.
10. **Bathroom Breaks:** A player must ask an official for a designated "bathroom break". The official may refuse this request if he determines that the player is resorting to gamesmanship. WVSSAC will allow reasonable time for bathroom breaks and should take them on a 90-second changeover or Set Break.
11. **Rest Time Between 8 Game Pro Sets** - At the tournament director's discretion, a maximum of 30 minutes rest time is allowed between 8 game pro sets during regular season or tournament play.
12. If an individual is unable to complete the tournament once it has begun, he/she must forfeit.
13. **No ad scoring is not allowed in regional tournament play.**
14. Admission is \$6.00 for adults and \$5.00 for students.

#### E. Team Awards

A regional team plaque (boys and girls) will be presented for each class. Team winner will be determined by points received by qualifying for each round of the regional tournament. Each round of qualification will award one point (per qualifier, per school). **No team points are awarded for any consolation matches at any position.** Therefore, each position will be played to determine order of finish. For eg. for the #1 position, play will continue until 1st, 2nd, 3rd, and 4th place finishers are determined. In the event of a tie, the following will be considered: number of champions, semi-final finish at any flight, quarter-final finish at any flight, and finish at round (opening round) prior to quarter-finals.

#### F. Individual Competition

1. The regional tournament will be a "flighted" tournament. The following competitions (4-3) will be held for boys and girls: number one singles, number two singles, number three singles, number four singles, number one doubles, number two doubles, and number three doubles. Each school in the region will send one entry for each of the positions/competitions.
2. The top four at each position must be seeded unless a majority of coaches vote to seed additional positions. To assist in the seeding, all coaches will be required to complete the Match Report Form for all regular season matches and to submit those to the regional tournament director at the Regional Coaches' Meeting.
3. All other players will be entered by a "blind" draw. The WVSSAC office will send bracket sheets to each regional director.
4. All regional play will be 8 game pro sets with 12 point tie breaker at 8 all. Rest time: maximum of 30 minutes at tournament director's discretion.
5. Qualifiers for the state tournament will be determined by the position played. The following will qualify from each of the four regions (boys and girls):
 

Four number one singles	Three number one doubles
Three number two singles	Two number two doubles
Two number three singles	One number three doubles
One number four singles	

#### IV. STATE TOURNAMENT (Wednesday-Saturday of Week 45)

- A. The State Tennis Tournament will be held at the Kanawha City Community Center Tennis Courts and Coonskin Park, Charleston, WV, with Mike Tompkins as Tournament Director; Bill Malone and Carolyn Tyree, Assistant Directors; John Charnock, Charleston Parks and Recreation Director. **Mandatory Coaches Meeting, Wednesday at 6:30 PM.**
- B. The State Tennis Tournament will use USTA officials assigned by the WVSSAC.

Both court monitor and chair/on-court officials will be used. The USTA official will serve primarily as an observer and preventive measure to eliminate rule violations or conflicts; the chair/on-court offi-

cial will be responsible for calls. The court monitor will be responsible for verifying players' uniforms, calling lines if requested, etc.

- C. Admission for the State Tennis Tournament will be \$8.00 for adults and \$7.00 for students. This is a daily admission fee; pass-outs/hand stamps will be used each day.

**All Session Passes for the three day tournament will be sold at a cost of \$21.00 for adults and \$18.00 for students. These passes are nonrefundable.**

- D. Media - No photographers or reporters will be allowed on court (indoor or outdoor) during play.
- E. State Tournament Tentative Schedule

1. Wednesday, 6:30 p.m. - Mandatory Coaches Meeting at Kanawha City.

2. Thursday, 8:00 a.m.

Singles and Doubles Competition

The order of competition is tentatively scheduled for first rounds of singles and doubles and the following rounds as time allows on each day of the tournament.

3. On Thursday and Friday, the two class divisions will be held at different site locations.\*

AAA - ~~Coonskin Park~~ **Kanawha City Community Center**

A/AA - **Kanawha City Community Center** - ~~Coonskin Park~~

\* Site locations will rotate each year.

4. Order of Play:

**Boys Girls Girls Boys**

5. Play will resume at 8:00 a.m. on Friday.

- F. The WVSSAC will supply Wilson tennis balls for all State Tournament matches.

- G. Team Competition

1. 1 point for each win in each position.
2. A team champion will be honored in AAA and AA-A.

- H. Doubles

1. **Rounds prior to semi finals (first 2 rounds) would be 8 game pro sets. Subsequent matches would be 2 of 3 sets, weather permitting.**

2. **Seeding of state qualifiers will be based upon order of finish at the regional tournament. Regional pairings would vary each year and with each position and will be determined by the WVSSAC after completion of Regional Tournaments.**

- I. Singles

1. **Rounds prior to semi finals (first 2 rounds) would be 8 game pro sets. Subsequent matches would be 2 of 3 sets, weather permitting.**

2. **Seeding of state qualifiers will be based upon order of finish at the regional tournament. Regional pairings would vary each year and with each position.**

- J. Awards

1. Winner and Runner-Up Singles at each position.
2. Winner and Runner-Up Doubles at each position.
3. Team Winner and Runner-Up trophy.

- K. **NOTE:** Reimbursement will end with tournament elimination.

**Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.



**STATE TOURNAMENT SEEDING**

1st singles	2nd singles	3rd singles
4th singles	2nd doubles	1st doubles
3rd doubles		

The regions for State Tournament Seeding will be determined by the WVSSAC. After completion of Regional Tournaments, they will be placed on the website.

**TENNIS ALIGNMENT – REGIONAL COMPETITION  
AAA TEAMS  
SINGLES AND DOUBLES**

\*Tournament Directors shall refer to the Director's Manual for responsibilities and to the Entry Form Book online for proper form completion.

**Region I**

Site: Morgantown John Marshall High School  
 Director: John Bowers, AD, Morgantown HS  
 Schools: Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

**Region II**

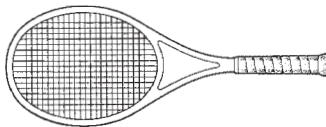
Site: Jefferson High School  
 Director: Jay Kirby, AD, Jefferson HS  
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

**Region III**

Site: Coonskin Park  
 Director: Shawn Wheeler, AD, George Washington HS  
 Schools: Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

**Region IV**

Site: Ritter Park  
 Director: Bruce Senior, AD, Huntington HS  
 Schools: Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley



**TENNIS ALIGNMENT – REGIONAL COMPETITION  
AA–A TEAMS  
SINGLES AND DOUBLES**

\*Tournament Directors shall refer to the Director's Manual for responsibilities and to the Entry Form Book online for proper form completion.

**Region I**

Site: West Liberty University  
 Director: Donnie Murray, AD, Wheeling Central HS  
 Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Keyser, Madonna, Magnolia, North Marion, Oak Glen, Petersburg, Ritchie County, St. Mary's, Weir, Wheeling Central

**Region II**

Site: Clarksburg VA Park  
 Director: Rich Board, AD / Sara DePiano, Grafton HS  
 Schools: Braxton County, Bridgeport, Elkins, Grafton, Lewis County, Liberty, Lincoln, Moorefield, Notre Dame, Philip Barbour, Robert C Byrd, Trinity Christian, Williamstown, Parkersburg Catholic, Wirt

**Region III**

Site: Concord University  
 Director: Joe Blankenship, Tennis Coach, Concord University  
 Schools: Bluefield, Charleston Catholic, Fayetteville, Greenbrier West, Herbert Hoover, Independence, Liberty (R), Man, Midland Trail, Mount View, Oak Hill, River View, Shady Spring, Westside, Wyoming East

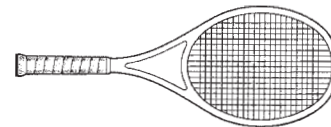
**Region IV**

Site: Logan High School  
 Director: Brian Atkinson, AD, Logan HS  
 Schools: Chapmanville Regional, Lincoln County, Logan, Mingo Central, Point Pleasant, Nitro, Poca, Ravenswood, Scott, Sherman, Sissonville, St. Joseph, Tug Valley, Wahama, Winfield

**TENNIS RULES CLINICS**

**No Rules Clinics for 2017-18**

Coach must sign and return form T3 in Coaches' Packet that they received and read their materials before 1st contest date.



**2016-2017 Boys' State Champions**

AAA

Huntington High School

AA-A

Parkersburg Catholic High School

**2016-2017 Girls' State Champions**

AAA

Huntington High School

AA-A

Winfield High School





## National Federation of State High School Associations



# NFHS GUIDELINES ON HANDLING PRACTICES AND CONTESTS DURING LIGHTNING or THUNDER DISTURBANCES

National Federation of State High School Associations (NFHS)  
Sports Medicine Advisory Committee (SMAC)

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

### Proactive Planning

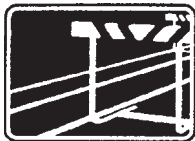
1. Assign staff to monitor local weather conditions before and during practices and contests.
2. Develop an evacuation plan, including identification of appropriate nearby safe areas.
3. Develop criteria for suspension and resumption of play:
  - a. When thunder is heard or a cloud-to-ground lightning bolt is seen, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for thirty minutes and take shelter immediately.
  - b. Thirty-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.
  - c. Any subsequent thunder or lightning after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
4. Review annually with all administrators, coaches and game personnel.
5. Inform student athletes of the lightning policy at start of season.

For more detailed information, refer to the “Lightning Safety” section contained in the NFHS Sports Medicine Handbook.

**Revised and Approved October 2014**

#### DISCLAIMER – NFHS Position Statements and Guidelines

The NFHS regularly distributes position statements and guidelines to promote public awareness of certain health and safety-related issues. Such information is neither exhaustive nor necessarily applicable to all circumstances or individuals, and is no substitute for consultation with appropriate health-care professionals. Statutes, codes or environmental conditions may be relevant. NFHS position statements or guidelines should be considered in conjunction with other pertinent materials when taking action or planning care. The NFHS reserves the right to rescind or modify any such document at any time.



# 2018 Track and Field Program

**ALL MEET DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A MEET.** The necessary forms or reports that must be filed with the WVSSAC office and instructions for each sport are in the Director's Manual.

The Track Committee reviewed and recommended to the Board of Directors which approved the following:

## 2018 High School Track Dates

Season Starts:	Mon. of Wk. 35	February 26
1st Contest May Be Held	Wed. of Wk. 37	March 14
Regional	Week 45	May 9 - 12
State	Week 46	May 18 - 19

## Middle School/9th Grade Dates

Season Starts	Mon. of Wk. 35	February 26
1st Contest May Be Held	Wed. of Wk. 37	March 14
Season Ends	Thurs. of Wk. 46	May 17

## I. GENERAL INFORMATION

- The track format will be Regional and State.
- It is the coach's responsibility to enforce the uniform rule (National Federation Rule 4-3).
- Shuttle Hurdle Relay for Girls**  
The race will be 102.5 meters - 10 hurdles  
Layout of course:  
Start to first hurdle - 13.0 meters  
Distance between hurdles - 8.5 meters  
Last hurdle to finish line - 13.0 meters  
**Shuttle Hurdle Relay for Boys**  
The race will be 110 meters - 10 hurdles  
Layout of course:  
Start to first hurdle - 13.735 meters  
Distance between hurdles - 9.17 meters  
Last hurdle to finish line - 13.735 meters  
A team may use one marker at each exchange and it must be placed on the line between the team's assigned two lanes.  
**It is recommended that competition in shuttle should begin in even numbered lanes (2, 4, 6, 8) and end in odd numbered lanes (1, 3, 5, 7).**
- Pole Vaulters' Weight Verification Form: Coaches are required to process the form and to give a copy of the form to the event judge at ALL meets.**
- The pole vault landing system should conform to the National Federation rules. See 6-5-7; 6-5-8; 6-5-9; 6-5-10; 6-5-11; 6-5-12; 6-5-13; and 6-5-14.
- All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**

## II. RULES AND REGULATIONS

- The 16 individual and relay team qualifiers in running, shot, discus and long jump events to the state meet will be determined as follows:
  - Top three (3) individuals and relay teams from each region will qualify.
  - The 13th through 16th qualifying positions will be determined by the next four (4) fastest times/distances from the regional results.
  - The State Meet Games Committee will develop a tie breaking procedure to be instituted if needed. This procedure will be included in the Games Committee Report.
- Each Regional Meet will qualify the top four (4) individuals in the high jump and pole vault plus any additional athletes who meet or better the qualifying standard for the State Meet. If there is a tie for 4th place that does not meet the State Qualifying Standard that tie must be worked off utilizing the tie breaking procedure that is normally used for 1st place.

- Field implements for shot and discus shall be provided by the WVSSAC for the state meet. No personal or school implements will be permitted in the throwing venues. A variety of implements will be available for warm-up and competition.
- A 34.92-degree sector will be used in the shot put and discus in all meets during the 2018 season by National Federation rule.
- Student eligibility must be submitted on line to the WVSSAC before the first meet. All updates must be completed on line before an athlete competes in a meet.

## III. TOURNAMENTS

### A. REGIONAL TOURNAMENT (Wednesday-Saturday of Week 45)

- It is recommended, but not mandatory, that all Regional Meets held on Wednesday/Thursday/Friday not start until 4:00 p.m.
- Price of admission: Adult - \$6.00 Student - \$5.00
- Schools are responsible for having updated rosters online.**
- The event file for all regional track meets will be posted on the WVSSAC website by May 1, 2018.
- The State Track Meet Games Committee will establish starting heights for the high jump and the pole vault for all Regional Meets. These heights may be adjusted by the Games Committee due to weather.
- The Regional Director will provide a Hy-Tek backup file and a Finish Lynx backup file of all events to the State Meet Directors by 9:00 AM the day after the Regional Meet.**
- The 4 X 400 (M) Relay will be run using a 3-turn stagger in both the regional and state competitions.**
- The 800, 1600, 3200 and 4 X 800 will be run using a one-turn stagger in both regional and state competitions.**
- In Regional Meets, coaches will be allowed to scratch and substitute entries from eligibility sheets; however, they will not be allowed to add entries.
- Coaches are responsible for all times turned in to the Regional Director who has the authority to request verification of times.
- Regional Awards: Plaques will be provided for Regional boys' and girls' team winners only. Individual and other team awards will be left to the discretion of the directors and participating schools with the cost covered by the participating schools or other sources.
- Regional Alignment and Location**  
There will be a Regional Track Director's Meeting, including Hy-Tek computer operators, at 10:00 a.m. on **Tuesday, April 17, 2018**, at the WVSSAC office. (Regional Directors are REQUIRED to bring their Hy-Tek software users.)
- Regional Track Meet required order for field events:

First Session	Second Session
Girls Shot	Girls Discus
Boys Discus	Boys Shot
Girls High Jump	Girls Long Jump
Boys Long Jump	Boys High Jump
Boys Pole Vault	Girls Pole Vault

### AAA

#### Region I

Location: Brooke High School  
 Director: Sean Blumette, AD, Brooke HS  
 Date: May 10, 2018 4:00 PM  
 Schools: Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

#### Region II

Location: Spring Mills High School  
 Director: Dan Comer, AD, Spring Mills HS  
 Date: May 10, 2018 12:00 N  
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington



**Region III**

Location: Laidley Field - Charleston  
 Director: Shawn Wheeler, AD, George Washington High School  
 Date: May 10, 2018 4:30 PM  
 Schools: Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

**Region IV**

Location: Parkersburg South High School  
 Director: Roger Thompson, AD, Parkersburg South HS  
 Date: May 10, 2018 ~~4:30 PM~~ **4:00 PM**  
 Schools: Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley

**AA**

**Region I**

Location: North Marion High School  
 Director: Mike Parrish, AD, North Marion HS  
 Date: May 9, 2018 2:00 PM  
 Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Grafton, Keyser, North Marion, Oak Glen, Petersburg, Philip Barbour, Weir

**Region II**

Location: Lewis County High School  
 Director: Dustin Cogar, AD, Lewis County HS  
 Date: May 9, 2018 2:00 PM  
 Schools: Braxton County, Bridgeport, Clay County, Elkins, Herbert Hoover, Lewis County, Liberty, Lincoln, Nicholas County, Roane County, Robert C Byrd

**Region III**

Location: Laidley Field - Charleston  
 Director: Shawn Wheeler, AD, George Washington High School  
 Date: **May-8-9, 2018** 4:30 PM  
 Schools: Bluefield, Independence, James Monroe, Liberty (R), Oak Hill, Pike View, River View, Shady Spring, Westside, Wyoming East

**Region IV**

Location: Winfield High School  
 Director: Will Isaacs, AD, Winfield HS  
 Date: May 9, 2018 2:00 PM  
 Schools: Chapmanville Regional, Lincoln County, Logan, Man, Mingo Central, Nitro, Point Pleasant, Poca, Sissonville, Scott, Wayne, Winfield

**A**

**Region I**

Location: Ritchie County High School  
 Director: Kaleb Lawrence, AD, Ritchie County HS  
 Date: May 11, 2018 4:30 PM  
 Schools: Bishop Donahue, Cameron, Hundred, Madonna, Magnolia, Paden City, Ritchie County, St. Mary's, Tyler Consolidated, Valley, Wheeling Central

**Region II**

Location: ~~Lewis County~~ **North Marion HS**  
 Director: ~~Dustin Cogar, AD, Lewis County~~ **Tom Myers, AD, N Marion**  
 Date: May 11, 2018 ~~4:00 PM~~ **2:00 PM**  
 Schools: Clay-Battelle, Doddridge County, East Hardy, Gilmer County, Moorefield, Notre Dame, Paw Paw, Pendleton County, Pickens, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union, WV School Blind/Deaf

**Region III**

Location: Laidley Field - Charleston  
 Director: Shawn Wheeler, AD, George Washington High School  
 Date: May 11, 2018 **10:00 AM**  
 Schools: Charleston Catholic, Fayetteville, Greater Beckley Christian, Greenbrier West, Meadow Bridge, Midland Trail, Montcalm, Mount View, Pocahontas County, Richwood, Summers County, Valley (F), Webster County

**Region IV**

Location: Parkersburg South High School  
 Director: Jeff Givens, AD, Williamstown High School  
 Date: May 11, 2018 **4:00 PM**  
 Schools: Buffalo, Calhoun County, Hannan, Parkersburg Catholic, Ravenswood, Sherman, St. Joseph, Tolsia, Tug Valley, Van, Wirt, Wahama, Williamstown

**Order of Events:**

**High School One Session Meet**

If running meet different than listed here, notify each school prior to meet deadline.

- |                          |                              |
|--------------------------|------------------------------|
| 1. 4 x 800 (M) Relay (G) | 7. 300 (M) LH 30" (G)        |
| 4 x 800 (M) Relay (B)    | 300 (M) IN 36" (B)           |
| 2. 100 (M) HH 33" (G)    | 8. 4 x 100 (M) Relay (G)     |
| 110 (M) HH 39" (B)       | 4 x 100 (M) Relay (B)        |
| 3. 100 (M) Dash (G)      | 9. 800 (M) Run (G)           |
| 100 (M) Dash (B)         | 800 (M) Run (B)              |
| 4. 4 x 200 (M) Relay (G) | 10. 200 (M) Dash (G)         |
| 4 x 200 (M) Relay (B)    | 200 (M) Dash (B)             |
| 5. 1600 (M) Run (G)      | 11. 3200 (M) Run (G)         |
| 1600 (M) Run (B)         | 3200 (M) Run (B)             |
| 6. 400 (M) Dash (G)      | 12. Shuttle Hurdle Relay (G) |
| 400 (M) Dash (B)         | Shuttle Hurdle Relay (B)     |
|                          | 13. 4 x 400 (M) Relay (G)    |
|                          | 4 x 400 (M) Relay (B)        |

**High School Two Session Meet**

- | First Session High School    | Second Session High School   |
|------------------------------|------------------------------|
| 1. 100 (M) HH 33" (G) Trials | 1. 4 x 800 (M) Relay (G)     |
| 110 (M) HH 39" (B) Trials    | 4 x 800 (M) Relay (B)        |
| 2. 100 (M) Dash (G) Trials   | 2. 100 (M) HH 33" (G)        |
| 100 (M) Dash (B) Trials      | 110 (M) HH 39" (B)           |
| 3. 3200 (M) Run (G) Finals   | 3. 100 (M) Dash (G)          |
| 4. 200 (M) Dash (G) Trials   | 100 (M) Dash (B)             |
| 200 (M) Dash (B) Trials      | 4. 4 x 200 (M) Relay (G)     |
| 5. 3200 (M) Run (B) Finals   | 4 x 200 (M) Relay (B)        |
| 6. 400 (M) Dash (G) Finals   | 5. 1600 (M) Run (G)          |
| 400 (M) Dash (B) Finals      | 1600 (M) Run (B)             |
|                              | 6. 300 (M) LH 30" (G)        |
|                              | 300 (M) IH 36" (B)           |
|                              | 7. 4 x 100 (M) Relay (G)     |
|                              | 4 x 100 (M) Relay (B)        |
|                              | 800 (M) Run (G)              |
|                              | 800 (M) Run (B)              |
|                              | 9. 200 (M) Dash (G)          |
|                              | 200 (M) Dash (B)             |
|                              | 10. Shuttle Hurdle Relay (G) |
|                              | Shuttle Hurdle Relay (B)     |
|                              | 11. 4 x 400 (M) Relay (G)    |
|                              | 4 x 400 (M) Relay (B)        |

**Field Events**

- Pole Vault (B & G) 8.**
- High Jump (B & G)**
- Long Jump (B & G)**
- Shot Put (B & G)**
- Discus (B & G)**

**B. STATE TOURNAMENT (Friday-Saturday of Week 46)**

Qualifying standards for the State Meet in field events will use the following standards.

	BOYS		
	AAA	AA	A
Pole Vault	12'6"	12'0"	11'6"
High Jump	6'0"	5'10"	5'10"
	GIRLS		
	AAA	AA	A
Pole Vault	9'6"	9'0"	8'6"
High Jump	5'0"	4'10"	4'10"

- If there is a scratch in the "hot heat" of the State Track Meet in any timed final event, the referee is to reheat the race in order to fill the "hot heat" in the finals.
- The top two finishers in each heat and the next four best times will be used to determine the qualifiers for the finals in the State Track Meet.
- The **2016-2017** State Track and Field Meet will be at Laidley Field, Charleston, West Virginia, on Friday, **May 19** and Saturday, **May 20**.
- Officials volunteering to help at this meet who receive no compensation will have their registration fee for the following year waived.
- Price of admission: Adults - \$8.00 Students - \$7.00**
- Protests:** Protests that develop during the State Track Meet should be made at once and not later than thirty (30) minutes after the results of the protested event have been officially announced. Any such protests must be submitted in writing by the coach to the timing/computer building near the finish line. The protest will be submitted to the Jury of Appeals who will render a decision.



**7. Award Presentations:** Awards in all final events will be presented to first place finishers thirty (30) minutes after the results of said event have been officially announced. Should the event have a protest filed, the award presentation will be postponed until the Jury of Appeals has rendered a decision on the protest and said event results have been declared official. Places 2-6 may pick up their awards 30 minutes after results have been officially announced and no protest has been filed.

**8. Seeding Information**

For the State Meet, heat leaders and relay team leaders will be seeded on the basis of the regional times.

**9. All relays will be ran as timed finals.**

For seeding purposes, F.A.T. times will be utilized; hand-held times will be converted. The State Meet Director will be responsible for this conversion.

10. No tents can be put up by any teams until Friday of the State Meet beginning at 11:00 am. First come - first serve. Violator's tents will be confiscated and given back at 2:00 pm.

**11. Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

**Order of Events**

**Friday, May 18 (Please note starting times of events)**

Time	#	B/G	Event	Div.	Pre/Finals
1:55 PM			National Anthem		
2:00 PM			<b>Field Events – Session 1 – IV</b>		
		Boys	Discus	AA	Finals
		Boys	High Jump	A	Final
		Girls	Long Jump	A	Finals
		Girls	Pole Vault	AAA	Finals
		Girls	Shot Put	AA	Finals
2:00 PM	1	Girls	4x800 Meter Relay	A	Finals
2:15 PM	2	Girls	4x800 Meter Relay	AA	Finals
2:30 PM	3	Girls	4x800 Meter Relay	AAA	Finals
2:45 PM	4	Boys	4x800 Meter Relay	A	Finals
3:00 PM	5	Boys	4x800 Meter Relay	AA	Finals
3:15 PM	6	Boys	4x800 Meter Relay	AAA	Finals
3:30 PM	7	Girls	100 Meter Hurdles	A	Trials
3:35 PM	8	Girls	100 Meter Hurdles	AA	Trials
3:40 PM	9	Girls	100 Meter Hurdles	AAA	Trials
3:50 PM	10	Boys	110 Meter Hurdles	A	Trials
3:55 PM	11	Boys	110 Meter Hurdles	AA	Trials
4:00 PM			<b>Field Events – Session 2 – V</b>		
		Girls	Discus	AA	Finals
		Girls	High Jump	A	Final
		Boys	Long Jump	AA	Finals
		Boys	Pole Vault	A	Finals
		Boys	Shot Put	AAA	Finals
4:00 PM	12	Boys	110 Meter Hurdles	AAA	Trials
4:10 PM	13	Girls	100 Meter Dash	A	Trials
4:15 PM	14	Girls	100 Meter Dash	AA	Trials
4:20 PM	15	Girls	100 Meter Dash	AAA	Trials
4:25 PM	16	Boys	100 Meter Dash	A	Trials
4:30 PM	17	Boys	100 Meter Dash	AA	Trials
4:35 PM	18	Boys	100 Meter Dash	AAA	Trials
4:45 PM	19	Girls	Shuttle Hurdles	A	Finals
5:00 PM	20	Girls	Shuttle Hurdles	AA	Finals
5:15 PM	21	Girls	Shuttle Hurdles	AAA	Finals
5:30 PM	22	Boys	Shuttle Hurdles	A	Finals
5:45 PM	23	Boys	Shuttle Hurdles	A	Finals

**6:00 PM Field Events – Session 3 – VI**

		Boys	Discus	AAA	Finals
		Boys	High Jump	AA	Final
		Girls	Long Jump	AA	Finals
		Girls	Pole Vault	A	Finals
		Girls	Shot Put	AAA	Finals
6:00 PM	24	Boys	Shuttle Hurdles	A	Finals
6:20 PM	25	Girls	200 Meter Dash	A	Trials
6:25 PM	26	Girls	200 Meter Dash	AA	Trials
6:30 PM	27	Girls	200 Meter Dash	AAA	Trials
6:40 PM	28	Boys	200 Meter Dash	A	Trials
6:45 PM	29	Boys	200 Meter Dash	AA	Trials
6:50 PM	30	Boys	200 Meter Dash	AAA	Trials
7:00 PM	31	Girls	3200 Meter Run	A	Finals
7:15 PM	32	Girls	3200 Meter Run	AA	Finals
7:30 PM	33	Girls	3200 Meter Run	AAA	Finals
7:45 PM	34	Boys	3200 Meter Run	A	Finals
8:00 PM	35	Boys	3200 Meter Run	AA	Finals
8:15 PM	36	Boys	3200 Meter Run	AAA	Finals

**Saturday – May 19**

Time	#	B/G	Event	Div.	Pre/Finals
9:00 AM			<b>Field Events – Session 4 – I</b>		
		Girls	Discus	AAA	Finals
		Girls	High Jump	AA	Final
		Boys	Long Jump	AAA	Finals
		Boys	Pole Vault	AA	Finals
		Boys	Shot Put	A	Finals
10:00 AM	37	Girls	400 Meter Dash	A	Finals
10:05 AM	38	Girls	400 Meter Dash	AA	Finals
10:10 AM	39	Girls	400 Meter Dash	AAA	Finals
10:15 AM	40	Boys	400 Meter Dash	A	Finals
10:20 AM	41	Boys	400 Meter Dash	AA	Finals
10:25 AM	42	Boys	400 Meter Dash	AAA	Finals
10:30 AM	43	Girls	1600 Meter Run	A	Finals
10:40 AM	44	Girls	1600 Meter Run	AA	Finals
10:50 AM	45	Girls	1600 Meter Run	AAA	Finals
11:00 AM			<b>Field Events – Session 5 – II</b>		
		Boys	Discus	A	Finals
		Boys	High Jump	AAA	Final
		Girls	Long Jump	AAA	Finals
		Girls	Pole Vault	AA	Finals
		Girls	Shot Put	A	Finals
11:00 AM	46	Boys	1600 Meter Run	A	Finals
11:10 AM	47	Boys	1600 Meter Run	AA	Finals
11:20 AM	48	Boys	1600 Meter Run	AAA	Finals
11:35 AM	49	Girls	300 Meter Hurdles	A	Finals
11:40 AM	50	Girls	300 Meter Hurdles	AA	Finals
11:45 AM	51	Girls	300 Meter Hurdles	AAA	Finals
11:50 AM	52	Boys	300 Meter Hurdles	A	Finals
11:55 AM	53	Boys	300 Meter Hurdles	AA	Finals
12:00 PM	54	Boys	300 Meter Hurdles	AAA	Finals
12:05 PM			Lunch Break		
12:40 PM			<b>National Anthem and Graduations</b>		
1:00 PM			<b>Field Events – Session 6 – III</b>		
		Girls	Discus	A	Finals
		Girls	High Jump	AAA	Final
		Boys	Long Jump	A	Finals
		Boys	Pole Vault	AAA	Finals
		Boys	Shot Put	AA	Finals
1:00 PM	7	Girls	100 Meter Hurdles	A	Finals
1:03 PM	8	Girls	100 Meter Hurdles	AA	Finals
1:06 PM	9	Girls	100 Meter Hurdles	AAA	Finals
1:15 PM	10	Boys	110 Meter Hurdles	A	Finals
1:18 PM	11	Boys	110 Meter Hurdles	AA	Finals
1:21 PM	12	Boys	110 Meter Hurdles	AAA	Finals
1:25 PM	13	Girls	100 Meter Dash	A	Finals
1:27 PM	14	Girls	100 Meter Dash	AA	Finals



1:29 PM	15	Girls	100 Meter Dash	AAA	Finals
1:31 PM	16	Boys	100 Meter Dash	A	Finals
1:33 PM	17	Boys	100 Meter Dash	AA	Finals
1:35 PM	18	Boys	100 Meter Dash	AAA	Finals
1:40 PM	55	Girls	4x200 Meter Relay	A	Finals
1:50 PM	56	Girls	4x200 Meter Relay	AA	Finals
2:00 PM	57	Girls	4x200 Meter Relay	AAA	Finals
2:10 PM	58	Boys	4x200 Meter Relay	A	Finals
2:20 PM	59	Boys	4x200 Meter Relay	AA	Finals
2:30 PM	60	Boys	4x200 Meter Relay	AAA	Finals
Awards Presentation					
2:55 PM	61	Girls	4x100 Meter Relay	A	Finals
3:00 PM	62	Girls	4x100 Meter Relay	AA	Finals
3:05 PM	63	Girls	4x100 Meter Relay	AAA	Finals
3:10 PM	64	Boys	4x100 Meter Relay	A	Finals
3:15 PM	65	Boys	4x100 Meter Relay	AA	Finals
3:20 PM	66	Boys	4x100 Meter Relay	AAA	Finals
3:25 PM	67	Girls	800 Meter Run	A	Finals
3:30 PM	68	Girls	800 Meter Run	AA	Finals
3:35 PM	69	Girls	800 Meter Run	AAA	Finals
3:40 PM	70	Boys	800 Meter Run	A	Finals
3:45 PM	71	Boys	800 Meter Run	AA	Finals
3:50 PM	72	Boys	800 Meter Run	AAA	Finals
3:55 PM	25	Girls	200 Meter Dash	A	Finals
3:57 PM	26	Girls	200 Meter Dash	AA	Finals
3:59 PM	27	Girls	200 Meter Dash	AAA	Finals
4:01 PM	28	Boys	200 Meter Dash	A	Finals
4:03 PM	29	Boys	200 Meter Dash	AA	Finals
4:05 PM	30	Boys	200 Meter Dash	AAA	Finals
4:10 PM	73	Girls	4x400 Meter Relay	A	Finals
4:22 PM	74	Girls	4x400 Meter Relay	AA	Finals
4:34 PM	75	Girls	4x400 Meter Relay	AAA	Finals
4:46 PM	76	Boys	4x400 Meter Relay	A	Finals
4:58 PM	77	Boys	4x400 Meter Relay	AA	Finals
5:10 PM	78	Boys	4x400 Meter Relay	AAA	Finals
5:25 PM			Awards		

- D. Physical Examination - Each student shall have a physical examination before competing with a school team.
- E. Uniforms and Jewelry Rule (National Federation Rule 4-3)
- F. Middle school/9th grade teams are permitted 14 meets and only 2 meets per week.
- G. There shall be no State Championship at this level.
- H. **Boys Shot Put (middle/9th grade) - 4 kilograms**  
**Girls Shot Put (middle/9th grade) - 6 pound**
- I. **Hurdle Specifications**

Hurdle	Height	# of Hurdles	Start to 1st Hurdle	Between Hurdles	Last Hurdle to Finish
75 m HH-B	36"	7	13 m	8.5 m	11 m
75 m LH-G	30"	7	13 m	8.5 m	11 m
200 m LH	30"	6	15 m	35 m	10 m
<b>Shuttle Hurdles</b>					
G/B - 60 m	30"	5	13.0 m	8.5	13.0 m
- J. The Board of Directors has adopted the following order of events for meets at the middle/9th grade level.

**Order of Events:**

- Middle/9th Grade One Session Meet**
- |                               |                                  |
|-------------------------------|----------------------------------|
| 1. 3200 (M) Run (G)           | 7. 1600 (M) Run (G)              |
| 3200 (M) Run (B)              | 1600 (M) Run (B)                 |
| 2. 400 (M) Run (G)            | 8. 200 (M) Low Hurdles (30") (G) |
| 400 (M) Run (B)               | 200 (M) Low Hurdles (30") (B)    |
| Break                         |                                  |
| 3. 4 x 800 (M) Relay (G)      | 9. 4 x 100 (M) Relay (G)         |
| 4 x 800 (M) Relay (B)         | 4 x 100 (M) Relay (B)            |
| 4. 75 (M) Hurdles (30") (G)   | 10. 800 (M) Run (G)              |
| 75 (M) High Hurdles (36") (B) | 800 (M) Run (B)                  |
| 5. 100 (M) Dash (G)           | 11. 200 (M) Dash (G)             |
| 100 (M) Dash (B)              | 200 (M) Dash (B)                 |
| 6. 4 x 200 (M) Relay (G)      | 12. Shuttle Hurdle Relays (G)    |
| 4 x 200 (M) Relay (B)         | Shuttle Hurdle Relays (B)        |
|                               | 13. 4 x 400 (M) Relay (G)        |
|                               | 4 x 400 (M) Relay (B)            |

- Middle/9th Grade Two Session Meet**
- | First Session MS/JHS             | Second Session MS/JHS            |
|----------------------------------|----------------------------------|
| 1. 75 (M) Low Hurdles (G) Trials | 1. 4 x 800 (M) Relay (G)         |
| 75 (M) High Hurdles (B) Trials   | 4 x 800 (M) Relay (B)            |
| 2. 100 (M) Dahn (G) Trials       | 2. 75 (M) Low Hurdles (G) Finals |
| 100 (M) Dash (B) Trials          | 75 (M) High Hurdles (B) Finals   |
| 3. 3200 (M) Run (G) Finals       | 3. 100 (M) Dash (G) Finals       |
| 4. 200 (M) Dash (G) Trials       | 100 (M) Dash (B) Finals          |
| 200 (M) Dash (B) Trials          | 4. 4 x 200 (M) Relay (G)         |
| 5. 3200 (M) Run (B) Finals       | 4 x 200 (M) Relay (B)            |
| 6. 400 (M) Dash (G) Finals       | 5. 1600 (M) Run (G)              |
| 400 (M) Dash (B) Finals          | 1600 (M) Run (B)                 |
|                                  | 6. 200 (M) Low Hurdles (G)       |
|                                  | 200 (M) Low Hurdles (B)          |
|                                  | 7. 4 x 100 (M) Relay (G)         |
|                                  | 4 x 100 (M) Relay (B)            |
|                                  | 8. 800 (M) Run (G)               |
|                                  | 800 (M) Run (B)                  |
|                                  | 9. 200 (M) Dash (G) Finals       |
|                                  | 200 (M) Dash (B) Finals          |
|                                  | 10. Shuttle Hurdle Relay (G)     |
|                                  | Shuttle Hurdle Relay (B)         |
|                                  | 11. 4 x 400 (M) Relay (G)        |
|                                  | 4 x 400 (M) Relay (B)            |

**Field Events for Either**  
**Type of Meet**  
**Pole Vault (B & G)**  
**High Jump (B & G)**  
**Long Jump (B & G)**  
**Shot Put (B & G)**  
**Discus (B & G)**

	1	2	3	4	5	6
2018	IV	V	VI	I	II	III
2019	V	VI	I	II	III	IV
2020	VI	I	II	III	IV	V
2021	I	II	III	IV	V	VI
2022	II	III	IV	V	VI	I
2023	III	IV	V	VI	I	II

**IV. MIDDLE / 9th GRADE TRACK PROGRAM**

Refer to the National Federation's 2018 Track and Field Rules Book. This section deals with modifications for conducting middle school competition. The Track Committee has adopted certain changes in these modifications as related to order of events and measurements (weight, height or distance). See previously listed order of events. It is important that all schools follow these contents closely in order to gain a consistency from one track meet to another within our state.

- A. Organization of meets:
  - 1. **Middle Schools may only compete with other middle schools. They may not compete against stand alone 9th grade teams.**
  - 2. Middle/9th grade athletes, regardless of grade levels (6, 7, 8, or 9th), may compete in a maximum of four (4) events of which only three (3) may be running events including relays.
- B. Participation by an individual in two successive running events should be avoided.
- C. Practice may start Monday of Week 35. Individual members of a team must have practiced on fourteen (14) SEPARATE days, exclusive of the day of a contest, before participating in an interscholastic contest.



## 2018 TRACK AND FIELD RULE REVISIONS

4-3-1, 4-3-1b, 4-3-1c: Clarifies that for a track and field as well as cross country uniform to be considered legal, the singlet and bottom or one-piece uniform shall be school-issued or school-approved. This change for school approval addresses the need for athletes to purchase a part of their uniform, but such individual apparel shall be approved by the school coach to be certain it meets all rule requirements.

6-2-14 PENALTY (NEW), 6-2-10, 6-2-13: Several prohibitions regarding competitors' actions were included but had no associated penalty should the rule not be followed which created confusion for enforcement. The appropriate penalty of disqualification from the event has been added.

6-5-11: The requirements for the length of the pole vault crossbar has become more flexible as it can now be within a range in length like the high jump.

8-6-1 (NEW), 4-3: Duplicate language regarding the uniform has been removed from Rule 8, Cross Country, and all rules regarding the uniform for individuals, relay team members and cross country teams are now all contained in one rule, Rule 4.

### Major Editorials

4-6-1 NOTE 2, 3-1 NOTE: Establishes consistent NFHS language within the rules prohibiting the use of tobacco products and similar items and alcohol by participants, school personnel or officials.

5-3-1: Provides greater flexibility by expanding the professional positions which are qualified to survey and measure a track.

6-7-2: Corrects clerical error in maximum diameter for the boys indoor shot put.

6-8-9: Removes duplicate language which is covered in Rule 6-2-10 regarding broken javelin.

6-9-8: Removes duplicate language which is covered in Rule 6-2-3 regarding excused competitors.

### 2017-18 Track and Field Editorial Changes

3-10-2, 4-3-1b(4), 5-2, 6-1-8, 6-2-6 PENALTY, 6-2-15, 6-2-16, 6-2-17, 6-6-5, 8-7

## 2017-18 Track and Field Points of Emphasis

- 1) Uniforms-Waistbands, Trim, Accents and Compliance
- 2) Providing Fluids to Competitors at Cross Country Competitions
- 3) Entry Limits for Individual Contestant
- 4) Officials Safety and Recommendations in the Long Throws

## 2018 TRACK CLINICS

**Schools:** The Head Coach shall be required to attend any sport rules clinic in his/her coaching assignment which is sponsored by this Commission. Both boys and girls head coaches must attend the Rules Clinic. Schools failing to have a head coaching position filled at the time of the clinic will be required to have a school representative present at the rules clinic. In a 9-12 school, both the varsity and 9th grade coach are required to attend.

**Officials:** All officials are expected to attend the clinic to be eligible to work any contests during the season.

<u>Date</u>	<u>Location</u>	<u>Time</u>	<u>Coordinator</u>
Jan. 29	WVSSAC Office	6:00 p.m.	Wayne Ryan
Jan. 30	Huntington H. S.	6:00 p.m.	Bruce Senior
Feb. 1	Wheeling Park H.S.	6:00 p.m.	Dwaine Rodgers
Feb. 3	Martinsburg H. S.	9:00 a.m.	David Walker
Feb. 3	Frankfort H. S.	12:30 p.m.	Jay Hesse
Feb. 5	Woodrow Wilson H.S.	6:00 p.m.	Tim Carrico
Feb. 6	Capital H.S. - Charleston	6:00 p.m.	Ron Wilson
Feb. 8	Robert C. Byrd H. S.	6:00 p.m.	Scott Davis
Feb. 12	*WVSSAC Office	6:00 p.m.	Wayne Ryan

\*Make-up Clinic - \$10.00 Fee

Requests for rule interpretations or clarifications should be directed to the state association which is responsible for administering and conducting the high school track programs in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

### 2016-2017 Boys' State Track Champions

AAA  
Hedgesville High School  
AA  
Winfield High School  
A  
St. Marys High School

### 2016-2017 Girls' State Track Champions

AAA  
Morgantown High School  
AA  
Winfield High School  
A  
Wheeling Central High School

# (( ( ( ( ( OFFICE ECHOES ) ) ) ) )

## Minutes of Meeting Board of Directors #679 WVSSAC, Parkersburg, WV August 29, 2017

### 1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 8:05 am on Tuesday, August 29, 2017 at the WVSSAC office, Parkersburg, WV. The following members were present: David Nuzum, David Cottrell, Mike Arbogast, Richard Summers, Dr. Eddie Campbell, Robert Dunlevy, Jamie Tallman, Dr. James Wilson and Jim Crawford. Craig Lee Loy was absent. Representing the WVSSAC administrative staff was: Bernie Dolan, Kelly Geddis, Greg Reed, and Wayne Ryan.

### 2. Approval of Minutes

- A. July Meeting – Mr. Dolan presented the minutes of the July 19-20, 2017 meeting for approval. On a motion by David Cottrell and a second by Jim Crawford, the Board voted unanimously to accept the minutes as presented.

### 3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by Dr. Eddie Campbell and a second by David Nuzum, the Board voted unanimously to approve the agenda.

### 4. Financial Reports

- A. July Monthly – Mr. Dolan presented the July Monthly Financial Report for consideration by the Board. On a motion by David Cottrell and a second by Robert Dunlevy, the Board unanimously approved the report as presented.

### 5. Coaching Committee Meeting Reports

- A. None

### 6. Discipline Log

Mr. Dolan presented the Discipline Log for consideration by the Board

- A. Melissa Lovejoy, Principal, Elkview MS Cheer. Probation for 365 days  
B. Charles Atkins, Principal, Greater Beckley Christian Boys Basketball – Probation for 2017-18 season  
C. Chad Quesenberry, Asst. Principal, Oak Hill HS Cheer – Probation for 365 days, lose 1 outside assistance day and 1 flex day.

On a motion by David Nuzum and a second by David Cottrell, the Board unanimously approved the discipline log.

### 7. Fayette County Transfer

- A. On a motion by Jim Crawford and a second by David Cottrell, the Board unanimously voted to deny transfers ahead of closure of Valley High School without first going through the appeal process.

### 8. Legal Updates - None

9. **Proposed Budget for 2017-2018** – After a brief explanation by Mr. Dolan, on a motion by Robert Dunlevy and a second by Jim Crawford, the Board voted unanimously to accept the 2017-18 budget as presented.

### 10. Administrative Update

- A. Technology – Website – Working on being able to submit the Emergency Action Plan online.  
B. Administrative Workshop 9/19/17 – Leadership Training Course #502 9/18/17.  
C. Section II Meeting – September 25-27, 2017 – Wheeling, WV.  
D. Formal Group Picture at October Meeting  
E. Staff Goals – Mr. Dolan presented the goals to the Board. The Board will look over them and approve at the next Board meeting.

### 11. Appeals

- A. **Student Athlete**, Nitro HS - 127-2-5 (Residence Transfer) – On a motion by Dr. Campbell and a second by Dr. Wilson, the Board unanimously voted that the decision of the Executive Director be overturned and that eligibility be granted, extreme and undue hardship having been established.  
B. **Student Athlete**, South Charleston HS - 127-2-7 (Residence Transfer) – On a motion by Dr. Wilson and a second by Jim Crawford, the Board unanimously voted that the decision of the Executive Director be overturned and that eligibility be granted, extreme and undue hardship having been established.  
C. **Student Athlete**, Weir HS - 127-2-7 (Residence Transfer) – On a motion by David Cottrell and a second by Jamie Tallman, the Board unanimously voted that the decision of the Executive Director be overturned and that eligibility be granted, extreme and undue hardship having been established.  
D. **Student Athlete**, Morgantown HS - 127-2-5 (Semester & Season) – On a motion by Richard Summers and a second by Jim Crawford, the Board unanimously voted to sustain the executive Directors decision denying eligibility, for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.  
E. **Student Athlete**, Huntington HS - 127-2-7 (Residence Transfer) – On a motion by Dr. Campbell and a second by David Cottrell, the Board unanimously voted that the decision of the Executive Director be

sustained denying eligibility, for the reason that extreme and undue hardship has not been proven, and there is no allegation that the rule fails to accomplish the purpose for which it is intended.

- F. **Student Athlete**, Chapmanville HS - 127-2-4 (Residence Transfer) - On a motion by David Cottrell and a second by David Nuzum, the Board unanimously voted that the decision of the Executive Director be sustained denying eligibility, for the reason that extreme and undue hardship has not been proven, and there is no allegation that the rule fails to accomplish the purpose for which it is intended.  
G. **Student Athlete**, Oak Hill HS - 127-2-7 (Residence Transfer) – On a motion by Robert Dunlevy and a second by Jim Crawford, the Board unanimously voted that the decision of the Executive Director be sustained denying eligibility, for the reason that extreme and undue hardship has not been proven, and there is no allegation that the rule fails to accomplish the purpose for which it is intended.  
H. **Student Athlete**, St. Joseph Central HS - 127-2-7 (Residence Transfer) – On a motion by Richard Summers and a second by Dr. Campbell, the Board unanimously voted to sustain the executive Directors decision denying eligibility, for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.  
I. **Student Athlete**, Notre Dame HS - 127-2-13 (Practice) – On a motion by Dr. Campbell and a second by David Cottrell, the Board unanimously voted to sustain the executive Directors decision denying eligibility, for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended and there is no allegation of extreme and undue hardship.  
J. **Student Athlete**, Clay County HS - 127-2-7 (Residence Transfer) – On a motion by Jamie Tallman and a second by Dr. Wilson, the Board unanimously voted that the decision of the Executive Director be overturned and that eligibility be granted, extreme and undue hardship having been established.  
K. **Student Athlete**, Parkersburg HS - 127-2-7 (Residence Transfer) – On a motion by Jim Crawford and a second by Dr. Wilson, the Board with a majority vote (5-4) voted to overturn the decision of the Ex-

ecutive Director because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

#### Items for the Good of the Order

- A.  
12. Motion to adjourn by David Cottrell and seconded by Jamie Tallman. Vote – unanimous.

\_\_\_\_\_  
**Bernie Dolan, Executive Director**

## Minutes of Meeting Board of Directors #680 WVSSAC, Parkersburg, WV October 19, 2017

### 1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 8:16 am on Thursday, October 19, 2017 at the WVSSAC office, Parkersburg, WV. The following members were present: David Cottrell, Mike Arbogast, Richard Summers, Craig Lee Loy, Robert Dunlevy, Jamie Tallman, Dr. James Wilson and Jim Crawford. David Nuzum and Dr. Eddie Campbell were absent. Representing the WVSSAC administrative staff was: Bernie Dolan, Kelly Geddis, Greg Reed, and Wayne Ryan.

### 2. Approval of Minutes

- A. August Meeting – Mr. Dolan presented the minutes of the August 29, 2017 meeting for approval. On a motion by Lee Loy and a second by David Cottrell, the Board voted unanimously to accept the minutes as presented.

### 3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by Lee Loy and a second by Jamie Tallman, the Board voted unanimously to approve the agenda as amended. The following were added for the Good of the Order:
1. Dental/Optical Insurance
  2. Discussion about moving track to week days to avoid graduation.

### 4. Financial Reports

- A. August and September Monthly – Mr. Dolan presented the August and September Monthly Financial Reports for consideration by the Board. On a motion by Robert Dunlevy and a second by Jim Crawford, the Board unanimously approved the report as presented.

### 5. Discipline Log

Mr. Dolan presented the Discipline Log for consideration by the Board:

- A. Andrew Smith, Trinity Christian Boys Basketball. Loss of 2 flex days, probation for 365 days.
- B. Angela Graham, Park MS Cheer – Probation for 365 days.

- C. Tara Wolford, Tug Valley HS Cheer – Lose 1 week of out of season coaching, 1 flex day and probation for 365 days.

On a motion by Jim Crawford and a second by David Cottrell, the Board unanimously approved the discipline log.

### 6. Legal Updates –

- A. Branden Elkins – Denied
- B. Paxton Thompson – Approved

On a motion by Robert Dunlevy and a second by Jim Crawford, the Board unanimously approved the legal updates.

### 7. Administrative Update

- A. State Golf Tournament – Mr. Ryan shared with the Board that the Oglebay golf course was under new management and that the tournament went great.
- B. Wrestling Regional Seeding – On a motion by Lee Loy and a second by David Cottrell, the Board unanimously approved the Wrestling Seeding Report.
- C. WVSSAC Herpes Reporting Form – On a motion by David Cottrell and a second by Jamie Tallman, the Board unanimously approved the Herpes Reporting Form.

**8. Deputy Board Nominee – Eddie Vincent, Buckhannon-Upshur HS** – On a motion by Lee Loy and a second by Robert Dunlevy, the Board unanimously approved Eddie Vincent to serve on the Deputy Board.

**9. Board of Trustees Nominee – Kenny DeMoss, Parkersburg HS** – On a motion by David Cottrell and a second by Lee Loy, the Board unanimously approved Kenny DeMoss to serve on the Board of Trustees.

**10. University Wrestling Team Travel – Amityville, NY** – On a motion by Robert Dunlevy and a second by Dr. Wilson, the Board unanimously voted to accept the motion as presented.

### 11. Appeals

- A. **Student Athlete**, John Marshall HS - 127-2-5 (Residence Transfer) – On a motion by Robert Dunlevy and a second by Jim Crawford, the Board voted 6-1 (Lee Loy voting no) that the decision of the Executive Director be overturned and that eligibility be granted, extreme and undue hardship having been established.
- B. **Student Athlete**, Wheeling Central HS - 127-2-7 (Residence Transfer) – David Cottrell moved and Robert Dunlevy seconded a motion to go into executive session. After a brief executive session, on a motion by Lee Loy and a second by David Cottrell, the Board unanimously voted to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship has not been proven, and there is no allegation that the rule fails to accomplish the purpose for which it is intended.
- C. **Student Athlete**, Harman HS - 127-2-7 (Residence Transfer) and 127-2-8 (Adop-

tion-Guardianship) – On a motion by David Cottrell and a second by Jim Crawford, the Board unanimously voted that the decision of the Executive Director be overturned and that eligibility be granted, extreme and undue hardship having been established.

- D. **Student Athlete**, Frankfort HS - 127-2-7 (Residence Transfer) – Robert Dunlevy moved and David Cottrell seconded a motion to go into executive session. After a brief executive session, on a motion by Lee Loy and a second by Richard Summers, the Board unanimously voted to sustain the executive Directors decision denying eligibility, for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.

### 12. Items for the Good of the Order:

- A. National Wrestling Hall of Fame – WV Chapter - Mr. Dolan informed the Board that Board member, Mr. Jim Crawford, was inducted into the National Wrestling Hall of Fame – WV Chapter.
- B. Dental/Optical Insurance – After a brief explanation of the proposed insurance recommendation for the office staff, Lee Loy moved and Jim Crawford seconded a motion to accept the insurance proposal. Mr. Dolan also informed the Board that the new insurance would cover more and cost less than the present insurance. He will check to see if the Board members could also get the new insurance.
- C. Mr. Cottrell told the Board that he had been approached about changing the State Track Meet to weekdays instead of Saturday. After a brief discussion, no action was taken.

13. The meeting was adjourned.

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**Bernie Dolan, Executive Director**

Every day is a new opportunity. You can build on yesterday's success or put its failures behind and start over again. That's the way life is, with a new game every day, and that's the way baseball is.

~Bob Feller