



Winter Sports



Featured In This Issue:

Band Program

Boys' and Girls' Basketball Program

Swimming Program

Wrestling Program



November 2017

The Interscholastic

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REGIONAL DEPUTY DIRECTORS

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REGION 4

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REGION 6

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REGION 7

Amy Robertson Greenbrier West High School

REGION 8

Mark Godfrey PikeView High School

REGION 9

Jeff Kelley St. Albans High School

REGION 10

Bret Jarrell Barboursville Middle School

TABLE OF CONTENTS

- 2017-18 Band Festivals ----- 4
- 2017-18 Basketball Program ----- 5
- 2017-18 Swimming Program ----- 10
- 2017-18 Wrestling Program ----- 16
- Wrestling Tournament Ticket Form ----- 19
- Office Echoes ----- 20
- Outstanding People ----- 3
- State Tournament Information ----- 2

2017-2018 STATE TOURNAMENTS

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Golf	October 3-4	Speidel Golf Course, Wheeling Trent Jones Course
Cross Country	October 28	Cabell Midland HS, Ona
Soccer	November 3-4	YMCA Facility, Beckley
Volleyball	November 10-11	Civic Center, Charleston
Football	December 1-2	Wheeling Island Stadium
Cheerleading	December 9	Civic Center, Charleston
Swimming	February 15-16	WVU Natatorium, Morgantown
Wrestling	February 22-24	Huntington Civic Center
Girls' Basketball	March 7-10	Civic Center, Charleston
Boys' Basketball	March 14-17	Civic Center, Charleston
Tennis	May 10-12	Kanawha City Community Center,
Track	May 18-19	Laidley Field, Charleston
Softball	May 23-24	Jackson Park, Vienna
Baseball	May 31-June 2	Appalachian Power Park, Charleston



Your WVSSAC Administrators



Bernie Dolan
Executive Director



Kelly Geddis



Greg Reed



Wayne Ryan

----- Assistant Executive Directors -----

Kari Vicars and Amy Robertson Appointed to Deputy Board



Kari Vicars

Ms. Kari Vicars, Principal, Summers County High School was appointed to serve on the Deputy Board to represent Region VI.

Ms. Vicars was born in Princeton, WV and graduated from Summers County High School. She continued her education at Concord University with a BS in Education and a BA in History and minor in Political Sciences. She also attended Marshall University with a MAT in Secondary Education and back to Concord University for her masters in Education Leadership.

Kari has spent her career as a teacher, assistant principal and principal in Summers County. She has served as a member of the State Instructional Materials Advisory Council, was on the State Committee to write Next Generation Content Standards and is the floor manager for the WV State Social Studies Fair.

Kari and her husband Chris have 3 children, Laci (13), Will (11) and Sam (9). She attends the First Baptist Church in Hinton. She enjoys watching Bobcat and WVU Football and spending time with her husband and children.

Ms. Amy Robertson, Principal, Greenbrier West High School was appointed to serve on the Deputy Board to represent Region VII.

Ms. Robertson lives in Grassy Meadows and graduated from Greenbrier West High School. She continued her education at Bluefield State College with a BS in Elementary & Secondary Education. She received a BS in Interdisciplinary Studies at the College of West Virginia and her MA in Superintendent/Administration from Salem University.

Amy has spent her career in Greenbrier County. She has served as Assistant Principal and Principal at Western Greenbrier Middle and now principal of Greenbrier West High School. She is a member of WVEA, WV Secondary School Principal Association, and National Secondary School Principal Association. Her school won Bronze in the 2017 US News & World Report Best High School in WV.



Amy Robertson

Amy and her husband Jared are the parents of 2 children, Lucas (18) and Jacob (24). They attend McElhenny Community Church. She enjoys fishing, kayaking, gardening and sports.

We are pleased to have Ms. Vicars and Ms. Robertson serve on the Deputy Board. Their commitment to education as well as their strong work ethic will certainly be an invaluable asset to the Deputy Board.



REGIONAL BAND FESTIVALS – 2018

Region 1 – Hancock, Ohio, Brooke, Marshall, Wetzel, and Tyler

Location: John Marshall High School
Date: **April 24, 25, 2018**
Director: Ms. Tracey Filben, Bandmaster
John Marshall High School
1300 Wheeling Avenue
Glen Dale, WV 26038
E-mail: tfilben@k12.wv.us

Region 6 – Wyoming, McDowell, Mercer, and Monroe

Location: Princeton High School
Date: **March 23, 2018**
Director: Ms. Julia Kade, Bandmaster
Chuck Mathena Center
#2 Stafford Commons
Princeton, WV 24740
E-mail: jkade@suddenlink.net

Region 2 – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun, Roane, Jackson, Mason, and Pleasants

Location: Parkersburg South HS
Date: **April 11, 12, 2018**
Director: Ms. Eric Staats, Bandmaster
Parkersburg South High School
1511 Blizzard Drive
Parkersburg, WV 26101
E-mail: edstaats@k12.wv.us

Region 7 – Fayette, Raleigh, Summers, Greenbrier, and Nicholas

Location: Woodrow Wilson High School
Date: **April 18, 19, 2018**
Director: Mr. William Bailey
Woodrow Wilson High School
400 Stanaford Road
Beckley, WV 25801
E-mail: bbailey49@frontier.com

Region 3 – Putnam, Cabell, and Wayne

Location: Cabell Midland High School
Date: **April 18, 19, 20, 2018**
Director: Mr. Tim James, Bandmaster
Cabell Midland High School
2300 Route 60
Ona, WV 25545
E-mail: trjames@k12.wv.us

Region 8 – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton

Location: Philip Barbour High School
Date: **April 13, 14, 2018**
Director: Mr. Victor Iapalucci, Bandmaster
Philip Barbour High School
99 Horseshoe Drive
Philippi, WV 26416
E-mail: viapaluc@k12.wv.us

Region 4 – Kanawha

Location: Capital High School
Date: **March 27, 28, 2018**
Director: Ms. Meleah Fisher, Bandmaster Herbert Hoover HS
Herbert Hoover High School
5856 Elk River Rd. North
Clendenin, WV 25045-9716
E-mail: mfisher@mail.kana.k12.wv.us

Region 9 – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson

Location: Musselman High School
Date: **March 21, 22, 2018**
Director: Mr. Michael Knepper, Bandmaster
Musselman High School
126 Excellence Way
Inwood, WV 25428
E-mail: mknepper@k12.wv.us

Region 5 – Lincoln, Boone, Logan, Mingo, and Clay

Location: Chapmanville Regional High School
Date: **April 11, 12, 2018**
Director: Brenda Hager, Bandmaster
Chapmanville Regional High School
200 Vance Street
Chapmanville, WV 25508
E-mail: bkhager@k12.wv.us

Region 10 – Preston, Monongalia, Marion, Taylor, and Harrison

Location: Bridgeport High School/Robert C Byrd High School
Date: **April 18, 19, 2018**
Director: Mr. Michael Ford
144 Virginia Street
Jane Lew, WV 26378
E-mail: musicmakers07@aol.com



BAND ADJUDICATORS

Adjudicators for Regional Band Festivals can be found on the WVSSAC website. The WVSSAC website can be found at www.wvssac.org. Click on **Band** on the left side of the page. Then click on **Adjudicators**.



2017-18 Basketball Tournament Series



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL ONLINE BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

2017-18 HIGH SCHOOL		
	GIRLS	BOYS
Season Starts:	November 6	November 13
1st Contest Held	November 28	December 5
Sectional	Feb. 16 - 24	Feb. 23 - Mar. 3
Regional	Feb. 27 - Mar. 1	March 6 - 8
State	March 7 - 10	March 14 - 17

2017-18 MIDDLE SCHOOL / 9TH GRADE TEAM		
	GIRLS	BOYS
Season Starts	October 30	November 6
1st Contest Held	November 22	November 29
Season Ends	February 17	February 24

GENERAL INFORMATION

- A. Attention is called to the importance of checking the bleachers to avoid overcrowding. This is a serious matter, and schools are urged to carefully check the bleachers to ascertain that they are in good condition and well supported. Every effort should be made to ensure that no concerted swaying movement of fans is permitted. Above everything else, do not overcrowd the bleachers and do not permit crowding in the exits and aisles. It is important that doors leading from the gymnasium be unlocked and unchained so that a quick exit could be made if necessary. High school tournaments have a good safety record in West Virginia. Let's keep the record untarnished.
- B. A space should be provided at the officials' tables for the following priorities in this order:
 1. The Official Timer.
 2. The Official Scorer (It is recommended that the official scorer wear a black striped garment and that his/her location be clearly marked.)
 3. An Assistant Timer may be used.
 4. Space for the scorer from each of the two participating teams at a place as near the Official Scorer as possible.
 5. Media representative if space is available.
- C. **Basketball Schedules MUST be online before the season begins and UPDATED weekly. When participating in a tournament the name of the school should be submitted. Failure to do so will result in \$50.00 fine.**
- D. **Schools wishing to recognize Cancer/Special Awareness Week may do so during Weeks 30-31.**

II. RULES AND REGULATIONS

- A. In Sectional, Regional or State Competition, each team may dress up to fifteen (15) players.
- B. It is recommended that the "Home Team" occupy the bench to the RIGHT of the official scorer as one normally faces the playing floor, whereas the "Visiting Team" should occupy the bench to the LEFT of the official scorer. Benches shall be located from the hash mark to the end line. **The HOME TEAM must wear white uniforms and the VISITING TEAM must wear dark.**
- C. Practice on a tournament site floor (sectional, regional, or state) prior to the tournament is permitted prior to the completion of the last regular season contest. However, if the tournament site is the home school of one of the participants, that team may practice on the site floor

excluding the three hours prior to the start of the game. The game director is to enforce the rule.

- D. **If the Sectional Tournament selects to play at the highest seeded team and the home site does not meet the requirements to host and/or is not available, the chosen site becomes the highest seeded home site. That team may then practice at the site. This would also include contest played during the Regional Tournament.**
- E. The warm-up for regional and state tournament games shall be limited to twenty (20) minutes. Should teams desire to return to dressing room, it must be during the 20 minute warm-up period. Each team will warm-up before each game at the basket and court opposite its bench.
- F. Teams will be required to take both sets of uniforms to sectional, regional, and state tournaments.
- G. The official basketball to be used on all sectional, regional, and state tournament games is the Spalding TF-1000 Classic.

III. TOURNAMENTS

A. Sectional Tournament

Girls - Feb. 16, 2018 (Fri. Wk 33) - Feb. 24, 2018 (Sat. Wk 34)
Boys- Feb. 23, 2018 (Fri. Wk 34) - Mar. 3, 2018 (Sat. Wk 35)

1. **Regional Coordinator** will be assigned by WVSSAC. Pre-tournament meeting to be held by **November 6, 2017** (Monday Week 19). It is recommended the principal, athletic director and head coaches of both girls and boys basketball be in attendance. Trophies will be sent to the Regional Coordinator.
2. Concerns to be discussed at this meeting include: Tournament dates, sites, admission prices, officials, distribution of profit or loss and game administrators.
3. **Site Administrator** will coordinate activities at the game site and will arrange ticket sales, security, provide game ball, scorebook, pay officials and complete financial report and return to WVSSAC.
4. Seeding Procedure - Ballots will be faxed to Girls' Head Coach on February 9, 2018 (Friday Week 32) and **MUST** be returned by **NOON** February 13, 2018 (Tuesday Week 33). Ballots will be faxed to Boys' Head Coach on February 16, 2018 (Friday Week 33) and **MUST** be returned by **NOON** February 20, 2018 (Tuesday Week 34).
 Ballots will include the names of **ALL** schools in the Region. They **MUST** be returned to **BOTH** Regional Coordinators who will separate the schools into appropriate brackets involving teams in Section 1 and Section 2.
Failure to return ballot will result in school receiving no revenue from the gate receipts of tournament.
Each school will have one of the highest and lowest ratings eliminated.
Principal and Head Coach must sign the Ballot before returning to Regional Coordinators.
5. Officials named to work Sectional Tournaments shall be Class I or Class II.
6. All Sectional Girls' Tournament games will take precedent over boys' rescheduled regular season games played at the same site.
7. Should those responsible fail to agree by simple majority on the site for a Sectional Tournament, the Executive Director may, if requested to do so by the Regional Coordinator, set the site or assign officials for the tournament.
8. Sectional Tournaments in all three classes must be concluded by **February 24, 2018**, for Girls' Basketball and by **March 2, 2018**, for Boys' Basketball.
9. **It is recommended that ALL Sectional Tournaments end on Friday leaving Saturday as a make-up.**



B. REGIONAL TOURNAMENT

Class	Girls (Wk. 35)	Boys (Wk.36)
AAA	February 27	March 6
A	February 28	March 7
AA	March 1	March 8

- Regional Coordinator** will distribute tickets, game ball and trophy to tournament site in his/her half of regional.
- Regional games will be played at the home site of the winning school during Sectional Tournament play. The winning school will be the **HOME TEAM**, wearing white uniforms, sitting to right of official score keeper and recognized on score board. The runner up from Section 1 will play at the winner school in Section 2 and the runner up in Section 2 visiting the winner school in Section 1.
- Seating requirements are as follows: Boys - AAA 1000, AA 900, A 700 and Girls - AAA 700, AA 600, A 400. **If a school does not qualify to host, they must select the next closest approved site.**
- Site Administrator** will coordinate activities at the game site and will arrange ticket sales, security, provide game ball, scorebook, and complete financial report and return to WVSSAC along with a check for the proceeds after expenses.
- Game officials will be assigned and paid by the WVSSAC.**
- Tickets will be sent to the Regional Coordinator and made available to both schools if requested to sale in advance. Do not use any other tickets unless those supplied by the WVSSAC is exhausted.
Admission - Advance sale prices for student tickets shall be \$5.00 each. The price of all tickets purchased at the gate shall be \$7.00.
- Visiting schools requesting advanced tickets from the Regional Coordinator **MUST** contact the host school by **12:00 NOON on the day of the game** to inform the Site Administrator of the number of tickets sold in advance. **Failure to do so will require the visiting school to purchase all unsold tickets. Unsold tickets and proceeds from advance sale of tickets must be delivered to the host school ONE HOUR before game time.**
- No Pass-Outs are allowed. If you are in - you are in. If you leave, you must pay to reenter**
- Awards and Programs** - A plaque for the winning team of each Regional Tournament will be furnished by the WVSSAC and will be shipped to the director prior to the tournament from the supplier. Other awards or trophies are not approved.
- Team Expense for Regionals** - Refer to Reimbursement Schedule.
- Game Officials and Game Ball** - Game officials will be assigned by the WVSSAC office and paid by the Board of Directors.
The game ball (**Spalding TF-1000 Classic**) for the finals of each Regional Tournament will be provided by the WVSSAC and will be mailed to the regional coordinator prior to the tournament date. At the conclusion of the tournament, it shall be presented to the winning team.
- Broadcasting** - Broadcast fees for any single regional tournament game are as follows: AAA schools-\$ 150.00; AA schools - \$125.00; A schools-\$ 100.00, payable to the director in advance. In the event broadcast space is limited, the director shall make assignment on the "first come, first served" basis. Some radio stations may want to tape a certain game and feed it to their listeners at a later date. The fee for taping a game is \$75.00 paid in advance.

C. STATE TOURNAMENT

- The 2018 **Girls' Basketball** Tournament shall be played at the **Charleston Civic Center on March 7-10, 2018**. Mr. Fred McPherson will serve as Director. The 2018 **Boys' Basketball** Tournament shall be played at the **Charleston Civic Center on March 14-17, 2018**. Mr. Doug Hogue will serve as Director.

- TEAM EXPENSE FOR STATE:** Refer to Reimbursement Schedule Online
- Each school, prior to the tournament, shall receive a ticket that will admit fifteen (15) cheerleaders, chaperones, drivers, etc.
- HOUSING:** The WVSSAC and the hotels of Charleston that accommodate those state qualifying teams understand the problems that can arise in keeping high school students overnight. Therefore, they need your cooperation by providing adequate supervision and establishing guidelines for those representing your school. See Reimbursement online
 - The decision of what hotel a school will be staying will be decided by a random draw at the pre-tournament meeting.
 - Bring your rooming list filled out with only those individuals entitled to stay at the school rate as listed above with their position listed, i.e. player, coach, cheerleader, principal, athletic director, etc.
 - Therefore, if a school decides to house part of their school representatives on their own at a different establishment, you may not get the WVSSAC comp rooms or rate and may lose your privilege of being entitled to be in the "draw" or to any rooms provided by the WVSSAC.**
Please cooperate with these guidelines to allow us to provide first class accommodations.
- Prior to the tournament each school shall receive from the Secondary School Activities Commission one "team pass" that will admit the coach, assistants, managers and the team not to exceed 20. Upon entering the gymnasium, the coach shall present this pass and identify players as they enter.
- In accordance with Rule 2-2-1 Note "A state association may permit game or replay officials to use a replay monitor during the state championship series contest to determine if a try for goal at the expiration of time in the fourth quarter or any overtime period (0:00 on the game clock) should be counted and if so, determine if it is a two or a three point goal." The Board of Directors has approved the following state adoption:**
In the final championship game in each of the three classes for boys and girls basketball where a replay video monitor is available, the call on the court will stand unless there is clear and convincing evidence on a replay that the call should be revised. All game officials will participate in the review, if it is used, and the referee will have the responsibility of the final decision.
- A time out at or near the four minute mark may be called prior to the shooting of the first free throw if requested by broad cast media.**
- Network radio and television are allowed five (5) one-minute media timeouts per game including one in the first, second and third periods and two in the fourth period. If a coach calls a timeout prior to the four minute mark in a period the media timeout would be triggered. If a coach calls a 20-second timeout, the media timeout will still be taken and the team will be charged with a 20-second timeout. The media timeout will be called on the first dead ball occurring under 4-minutes on the game clock. If a shooting foul occurs on the dead ball, foul shots will be taken after the timeout is complete.

Ticket Information

- The following information pertains to the types and prices of tickets for the State Tournament. There will be three games during each of the first six sessions and one game in the final session.





Tournament booklets are priced as follows:

Principals	\$56.00	Coaches	\$56.00
Students	\$48.00	Other Adults	\$64.00

At the pre-tournament meeting at the SSAC office the Sunday immediately preceding tournament play, the principal or his/her representative will be given a supply of student tickets to enable the students to be admitted at a reduced price.

Upon arrival at the State Tournament site, a financial report with the proceeds shall be given to Box Office Manager, Charleston Civic Center.

Tickets may be secured for the first session in which a team plays, or they may be purchased for the two or three sessions in which a team may play. Student tickets are priced at \$6.00 per session if purchased through the school. Adult tickets are \$9.00 reserved, \$8.00 general admission.

Should a team win its first game, the principal or his/her representative may secure tickets for his/her students and patrons for their second game at the site. It is the obligation of the principal or athletic director to purchase these tickets and distribute them to those ordering them.

The Board of Directors has restricted the sale of tournament tickets at reduced prices as follows:

Class AAA	high schools	-	10 tickets
Class AA	high schools	-	8 tickets
Class A	high schools	-	8 tickets
	middle schools	-	6 tickets
	7-12 schools	-	10 tickets

There is no limit of adult tickets a school may order at a cost of \$64.00.

These orders (see order form in August [Interscholastic](#)) must reach Box Office Manager, Charleston Civic Center, not later than February 1. Orders at reduced prices will not be filled after this date. Phone: 1-304-345-7469.

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

BROADCASTING - STATE TOURNAMENT

- 10. Information concerning all broadcasting and TV rights, live or delayed, may be obtained from Charleston Civic Center, phone 1-304-345-1500.

SEEDING - STATE TOURNAMENT

Method:

- Each coach upon winning the sectional tournament will be sent a ballot by fax on Monday of the regional tournament week. Schools advancing to the regional tournament will be listed on the ballot by classification. Class AAA schools will receive a ballot with only AAA schools listed and so on.
- Coaches will NOT rank their own school, however, they will rank the remaining fifteen (15) schools.
- A ranking of one (1) will indicate the highest rating while a fifteen (15) will indicate the lowest rating possible. A school will receive from 1 to 15 points based upon each rating they receive. Each school will have one of their highest and one of their lowest ratings eliminated.

- No ballot will be accepted if received after NOON on Tuesday of the regional tournament week.
- After all ballots are received and points accumulated, schools winning the regional tournament will be placed in the appropriate brackets. Of the eight winning schools, the school with the lowest accumulated point total will receive the number 1 seed and seeding will continue until all brackets are filled.

Example -- Points Accumulated	Regional Result	Seeding
School A -- 20 total points	Won	1
School B -- 27 total points	Won	2
School C -- 37 total points	Lost	_____
School D -- 48 total points	Won	3
School E -- 57 total points	Lost	_____
School F -- 63 total points	Won	4

- If two or more teams are tied, the following criteria will be used to resolve the tie:
 1. Head to Head Competition
 2. Total Number of Wins in Classification or Above
 3. Total Number of Wins
 4. Toss of Coin

Highest seeded team will be the Home Team.

Session I	Wednesday	Game
9:30 a.m.	3 vs 6 AA	1
11:15 a.m.	2 vs 7 AAA	2
1:00 p.m.	2 vs 7 AA	3
Session II	Wednesday	
5:30 p.m.	1 vs 8 AA	4
7:15 p.m.	1 vs 8 AAA	5
9:00 p.m.	4 vs 5 AA	6
Session III	Thursday	
9:30 a.m.	3 vs 6 A	7
11:15 a.m.	4 vs 5 AAA	8
1:00 p.m.	2 vs 7 A	9
Session IV	Thursday	
5:30 p.m.	1 vs 8 A	10
7:15 p.m.	3 vs 6 AAA	11
9:00 p.m.	4 vs 5 A	12
Session V	Friday	
9:30 a.m.	Winner Game 1 vs Winner Game 3 AA	
11:15 a.m.	Winner Game 7 vs Winner Game 9 A	
1:00 p.m.	Winner Game 4 vs Winner Game 6 AA	
Session VI	Friday	
5:30 p.m.	Winner Game 5 vs Winner Game 8 AAA	
7:15 p.m.	Winner Game 10 vs Winner Game 12 A	
9:00 p.m.	Winner Game 2 vs Winner Game 11 AAA	
Session VII	Saturday	
12:00 p.m.	Championship Final AA	
2:30 p.m.	Championship Final A	
Session VIII	Saturday	
7:15 p.m.	Championship Final AAA	





GIRLS' AND BOYS' BASKETBALL
SECTIONAL AND REGIONAL TOURNAMENT SERIES
 All games to start at 7:00 p.m.

Class AAA

Region I

Dwaine Rodgers - Wheeling Park High School - 304-243-0400

Section 1 Brooke, John Marshall, Wheeling Park

Mike Contic/Bruce Huggins - Preston HS - 304-329-0400

Section 2 Buckhannon-Upshur, Morgantown, Preston, University

Region II

Steve Campbell - Musselman High School - 304-229-1950

Section 1 Hedgesville, Martinsburg, Musselman, Spring Mills

Jay Kirby - Jefferson High School - 304-725-8491

Section 2 Hampshire, Jefferson, Washington

Region III

Tom Osbourne - South Charleston High School - 304-766-0352

Section 1 Capital, George Washington, South Charleston, St. Albans

Tim Carrico - Woodrow Wilson HS - 304-256-4646 x 7211

Section 2 Greenbrier East, Princeton, Riverside, Woodrow Wilson

Region IV

Steve Lough - Ripley High School - 304-372-7355

Section 1 Parkersburg, Parkersburg South, Ripley

Bruce Senior - Huntington High School - 304-528-6415

Section 2 Cabell Midland, Huntington, Hurricane, Spring Valley

Class AA

Region I

Lori Wilson - Keyser High School - 304-788-4230

Section 1 Berkeley Springs, Frankfort, Grafton, Keyser, Petersburg, Philip Barbour

Mike DelRe - Weir High School - 304-748-7600

Section 2 East Fairmont, Fairmont Senior, North Marion, Oak Glen, Weir

Region II

Matt DeMotto - Bridgeport High School - 304-842-3693

Section 1 Bridgeport, Elkins, Liberty, Lincoln, Robert C Byrd

Gibson Milburn - Nicholas County High School - 304-872-2141

Section 2 Braxton County, Clay County, Herbert Hoover, Lewis County, Nicholas County, Roane County

Region III

Jon Moore - Independence High School - 304-683-3228

Section 1 Independence, Liberty (R), Oak Hill, Westside, Wyoming East

Deanna Massey - Shady Spring High School - 304-256-4647

Section 2 Bluefield, James Monroe, Pike View, River View, Shady Spring

Region IV

Garrett Burdette - Nitro High School - 304-755-4321

Section 1 Point Pleasant, Nitro, Poca, Sissonville, Wayne, Winfield

George Barker - Chapmanville Regional HS - 304-855-4522

Section 2 Chapmanville Regional, Lincoln County, Logan, Man, Mingo Central, Scott

Class A

Region I

Donnie Murray - Wheeling Central High School 304-233-1660

Section 1 ~~Bishop Donahue~~, Cameron, Hundred, Madonna, Valley, Wheeling Central

Ryan Walton - Tyler Consolidated High School - 304-758-9000

Section 2 Magnolia, Paden City, St. Mary's, Tyler Consolidated, Ritchie County

Region II

Butch Varner - Clay-Battelle High School - 304-432-8208

Section 1 Clay-Battelle, Doddridge County, Gilmer County, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley

Jamie Tallman - Union High School - 304-693-7612

Section 2 East Hardy, Harman, Moorefield, Paw Paw, Pendleton County, Tucker County, Union, WV School for the Deaf

Region III

Milburn Pack - Midland Trail High School - 304-658-5184

Section 1 Charleston Catholic, Fayetteville, Midland Trail, Pocahontas County, Richwood, Valley (F), Webster County

Craig Havens - Montcalm High School - 304-589-3719

Section 2 Greater Beckley Christian, Greenbrier West, Meadow Bridge, Montcalm, Mount View, Summers County

Region IV

Jeff Givens - Williamstown HS - 304-375-6151

~~Danny Tennant - Parkersburg Catholic HS - 304-485-6341~~

Section 1 Calhoun County, Parkersburg Catholic, Ravenswood, Wirt, Wahama, Williamstown

Reva Sanders-Wallace - Tolsia High School - 304-648-5566

Section 2 Buffalo, Hannan, Sherman, St. Joseph, Tolsia, Tug Valley, Van



2017-2018 BASKETBALL RULES CHANGES

1-13-2: The coaching box shall be outlined outside the side of the court on which the scorer's and timer's table and team benches are located. The area shall be bounded by a line drawn 28 feet from the end line towards the Division line. At this point a line drawn from the sideline toward the team bench becomes the end of the coaching box going towards the end line.

Note: State Associations may alter the length and placement of the 28 foot (maximum) coaching box. Effective Immediately. Tape may be used to extend the 14-foot line to 28 feet.

2-9-1: When a foul occurs, an official shall signal the timer to stop the clock. The official shall verbally inform the offender, then with finger(s) of two hands, indicate to the scorer the number of the offender and the number of free throws.

3-4-1d: There are no color/design restrictions in the area of the team jersey from the imaginary line at the base of the neckline to the top of the shoulder and in the corresponding area on the back of the jersey. There are restrictions on what identifying names may be placed in this area (see Article 3-4-4).

3-4-4: Identifying name(s) shall adhere to the following:
a. If used, lettering with school name, school's

nickname, school logo, player's name and / or abbreviation of the official school name shall be placed horizontally on the jersey.

b. The panel in the shoulder area of the jersey on the back may be used for placing an identifying name as well.

4-48 NEW: Warning for Coach/Team Conduct

A warning to a coach/team for misconduct is an administrative procedure by an official, which is recorded in the scorebook by the scorer and reported to the Head Coach:

Art. 1 . . . For conduct, such as that described in rule 10-5-1a,b,d,e,f; 10-5-2; 10-5-4 the official shall warn the head coach unless the offense is judged to be major, in which case a technical foul shall be assessed. Note: A warning is not required prior to calling a technical foul.

Art. 2 . . . For the first violation of rule 10-6-1, the official shall warn the head coach unless the offense is judged to be major, in which case a technical foul shall be assessed. Note: A warning is not required prior to calling a technical foul.

Requests for basketball rule interpretations or explanations should be directed to the state association responsible for the high school basketball program in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.



2016 - 2017 State Basketball Champions

Girls

- Class AAA
Huntington High School
- Class AA
Fairmont Sr. High School
- Class A
St. Joseph Central High School



Boys

- Class AAA
Huntington High School
- Class AA
Fairmont Sr. High School
- Class A
Notre Dame High School



2017-2018 SWIMMING PROGRAM

Swim coaches are to consult the principal or his/her designee to insure that all Entry Forms and Eligibility Certificates are completed and submitted online by the required date.

2017-18 High School Season Dates

Season Starts	October 23
1st Contest	November 8
Regional Entry Form Due	January 30 Noon
Regional	February 3
State	February 15-16

I. GENERAL INFORMATION

- A. The National Federation Swimming and Diving Rules will be the official rules with the exception of modifications approved by the West Virginia Secondary School Activities Commission Board of Directors.
- B. Entry Forms - It is recommended that schools use Entry Forms for each regular season meet. **The athletes grade level is required on every Entry Form.** Entry Forms are required for Regionals. Hy-tek entry will be accepted provided it includes grade level and all other information on WVSSAC entry form.
- C. Physical Examination - No student shall be permitted to participate in the program until he/she has provided the school with the WVS-SAC Physical Examination/Parental Consent Form properly completed by the physician and signed by the parent.
- D. Diving regulations: The following regulations are established in consideration of lack of facilities and in the best interests of safety of swimmers.
 1. To sponsor competitive diving, the school's participants (under the direction of the coach in regulation facilities) must have seven (7) sport specific (diving) practices.
 2. If both team diving participants have met the practice requirements and fulfilled all other eligibility requirements, the diving will be scored for both teams.
 3. If a visiting or home team does not sponsor competitive diving, diving may be included in the meet but only for exhibition.
 4. The diving event shall count as an individual event entry for the competitor regardless if the event is an exhibition or scoring event. If the diver also swims two individual events, the last individual event is a disqualification, and any other additional swims including relays are a disqualification for that swimmer/diver.
 5. For high school swim meets, member school athletes may not dive unless there is a 12 feet or more water depth.
- E. Water Depth Levels
 1. Diving will only be permitted in a water depth of 12 or more feet.
 2. If the water depth at the starting end of the pool is less than 4 feet, all swimmers must start in the water.
 3. If the water depth at the starting end of the pool is 4 feet or more, the starting platform may be a maximum of 30" above water surface.
- F. Facility
 1. End walls - It is recommended that end walls be finished with a nonslip surface that extends no less than .8 meters (2 feet 7 1/2 inches) below the water surface.
 2. Continuous lines 10-12 inches wide (25cm) and of a dark color shall indicate the middle of each swimming lane. These lines shall end 60 to 80 inches (1.5 to 2.0m) from the end walls and the last 10 to 12 inches of the line shall be at least 36 inches wide (.9144m) thus forming a broad "T". The center of each lane shall be indicated on the end walls by a 10 to 12 inch line extending vertically at least 3 feet 6 inches (1.0m) below the surface of the water. Markings on the finish pad and bulkheads shall conform to required markings on the end walls.
 3. The 16.4-yards/15 meter mark must be clearly visible on each side of the pool.
- G. Sportsmanship - Student participation in swimming meets is a privilege. Each student-athlete is expected to conduct himself or herself in an exemplary manner while competing and representing their school.

- H. Individual event entry times for regular season meets must be from high school meets (either during the current season or a prior season). Relay event entry times must be from high school meets during the current season.

II. RULES AND REGULATIONS

- A. Maximum Team Contests - A swimming team will be permitted 16 contests exclusive of regional and state contests. **Schools are required to schedule a minimum of 6 meets to be eligible to compete in the Regional meet.**
- B. Practice
 1. Team members must have fourteen (14) **team** practices on fourteen (14) separate days before the first meet. The practices may not occur on days of a meet and must be team practices.
 2. If a team member is participating in two sports simultaneously, he/she must have at least seven days of sport specific practice for each sport and seven days of conditioning practice.
 3. Teams may not simultaneously practice at the same facility unless permission is granted by the WVSSAC. The school contracted coach must be present on deck at all practices. Non-school/unauthorized coaches shall not assist with practices.
 4. Two scrimmages are allowed after each individual has seven team practices.
- C. Swimsuits
 1. Swimsuits shall be of one piece.
 2. Swimsuits worn by swimmers shall be limited to the following requirements:
 - a. Only one swimsuit shall be permitted in competition. (A swimmer with special needs may request customization through his/her school to the WVSSAC.)
 - b. The swimsuit shall be:
 - 1) Constructed of a woven/knit textile material;
 - 2) Permeable (100 percent to air and water), except for one post-construction impermeable school name and/or logo which shall not exceed 9 square inches;
 - 3) Competitors shall not wear or use any device to aid their speed, buoyancy or body compression.
 - 4) Made so as not to aid in buoyancy and shall not be altered to aid in buoyancy;
 - 5) Made with no zippers or other fastening system other than a waist tie for a brief or jammer and elastic material within the casing/ribbing in the terminal ends (straps, leg openings and waist openings); and
 - 6) Constructed so that the style/shape of the suit for males shall not extend above the waist nor below the top of the kneecap and for females shall not extend beyond the shoulders nor below the top of the kneecap, nor cover the neck.
 - c. All swimsuits displaying the FINA mark/barcode are legal for high school meets unless the swimsuit has been altered.
 3. It is strongly recommended that all team members be attired in identical team swimsuits which display the school colors.
 4. Competitors shall not be permitted to compete in attire (suits and caps) which includes advertising or a name other than the name of the competitor, school name, school nickname and/or school logo except one visible logo/trade name not exceeding 2 1/4 square inches and not exceeding 2 1/4 inches in any dimension. Also one American flag not exceeding 2x3 inches is permissible on each item of swimsuit apparel. A commemorative or memorial patch not to exceed 4 square inches may be worn on each item of the swimsuit apparel. Permission to wear the commemorative/memorial patch must be granted by the WVSSAC. Goggles are not part of the school swimsuit.
 5. Cap Markings - Schools are allowed to customize swim caps with strategically placed school logo, school nickname, school name and competitor's name and a manufacturer's logo. The same customization is allowed on swimsuits. Multiple manufacturers' logos are not allowed on the cap or suit. More than one cap may be worn by a competitor.
 6. Deck changing is prohibited.



- D. Face paint and temporary tattoos are not allowed. If a permanent tattoo is deemed objectionable by an official, said tattoo must be covered.
- E. Non-School Participation Rule 127-2-10 - Coaches are reminded that swimmers are granted an exemption to this rule provided
1. participation is approved by the school principal and
 2. the student misses no school-sponsored athletic activity of that team.
- Since swimming is not included in the Non-School Participation Rule, students participating in any swim meet as an individual while a member of his/her school team may accept a medal, trophy, cup, certificate, ribbon, plaque, unattached letter, unattached chevron, or any similar award.
- F. Coach - No team or individual will be allowed to compete in any meet unless accompanied by the coach or a professional faculty representative designated by the principal.
- G. Officiating
1. WVSSAC registered officials must be used for interscholastic meets. Officials' contracts are recommended.
 2. Dual or tri meets require a minimum of two registered officials (starter and referee).
 3. Meets or invitationals with four or more teams require a minimum of three registered officials (starter, stroke and turn, and referee).
 4. Apparel - The officials' shirt shall be a white golf/polo style shirt, short sleeve with collar. The shirt must have 2 to 4 buttons at the neck, and the material of the shirt must be non-see-through and **shirt tails shall be tucked in at all times**. Navy blue long pants, shorts, culottes or skirts are permitted during regular season, regional meets and State prelims. In State Tournament finals, all officials shall wear long pants or skirts. In State Tournament finals, the referee(s) and starter(s) shall wear white pants, navy blue blazers, white dress shirt, and tie. White athletic shoes (no sandals or crocs) and white socks are required for all meets. The officials' uniform may not display any emblems or badges except as otherwise designated by the WVSSAC.
- H. Regular season scoring - (Refer to NF Rules Book, Rule 7-1-2)
1. The maximum number of entries per individual and relay event for each team shall be in accordance with NF Rules Book, Rule 3.
 2. Scoring shall be in accordance with NF Rules Book, Rule 7.
 3. By **prior mutual consent**, any of the scoring systems set forth in NF Rules Book, Rule 7 may be used for dual, double-dual, or triple-dual meets. Triangular meets with two or more entries per team per event: scoring shall follow 7-1-3a and 7-1-3b.
 4. Only two relay teams may score for each team in each relay event.
- I. Scoring Errors - The Meet Referee has up to one hour to make changes, except clerical before signing the score sheet as official. The meet score can be reviewed and clerical errors corrected within 48 hours of the completion of the meet.
- J. Timing - When three watches record different times, the official time is the time of the middle watch. If two watches record the same time, that time is official. If only two buttons or watches are available, the official time shall be the average of those two button or watch times. Digits representing a thousandth of a second are dropped with no rounding.
- K. Warm Up Requirements - Twenty (20) Minutes
1. A county contracted coach shall be on the deck during the entire warm-up period. The coach shall be present and behind the block before the team may enter the water. The coach must remain behind the block throughout the entire warm-up. Compliance will be monitored by the meet officials.
 2. Swimmers shall enter the water feet-first except for starts which are limited to specific lanes.
 3. Last five (5) minutes of warm-up in all lanes are one-way sprint lanes with racing starts specified as one-way sprints.
 4. A cone marker or similar sign on starting platforms in lanes not specified as one-way sprints.
 5. Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
6. Swimmers shall not be allowed on a starting platform when a backstroker is executing a start in the same sprint lane.
7. Swimmers shall not swim in the area where the diving warm-up is occurring.
Meet management or a designated official may remove a swimmer, coach and/or team from the deck for violations of these requirements. In facilities that have a warm-up and/or warm-down area, management shall provide supervision of the area at all times.
- L. Rules for "Scratches"
- A **scratch** is the withdrawal of a competitor from the meet once entered, prior to the start of the meet, or once the meet begins, from the remainder of their events.
- A **declared false start** is the withdrawal from an event by a declaration to the referee prior to the start of the event. A declared false start counts as an entry toward the allowable number of events.
- All competitors, once officially entered shall compete in all races, heats, and rounds of competition. In non-championship meets, a competitor who has been officially entered in an event but does not compete shall be disqualified from that event only. In championship meets (County, Conference, Regional, State), a competitor who has been officially entered in an event but does not compete shall be disqualified from further competition. He/She shall not be disqualified from events in subsequent rounds for which he/she has previously qualified. For instance, a swimmer swam in a preliminary event of a championship meet, qualifying for finals. In the second preliminary event in which he/she was entered, he/she failed to compete. He/She is disqualified from any further competition with the exception of the final for which he/she previously qualified.
- Exceptions:
1. An illness or injury certified by a physician or the referee forces a competitor to withdraw - no penalty. This does count as a swim event.
 2. A competitor can withdraw from an event with a declared false start. Notice must be given to the referee at a specified time - no later than the start of the event prior. This does count as a swim event.
- To clarify the definition of "officially entered" - In all multiple team meets, a competitor is officially entered when the entry card is delivered to the meet manager at the specified time and place. (This means coaches may not submit entries for swimmers to the host team entering any swimmer in more than 2 individual and 2 relay events.) In other meets (dual meets), a competitor becomes a participant in events when the official entry card is delivered to the referee immediately after the announcement of the results of the preceding event.
- M. Lap - Counters
1. The use of a visual lap counting system is optional although a visual lap counting device must be provided.
 2. A visual lap-counting system for the 500 yard/meter freestyle event shall be required for each visiting swimmer's lane. For not providing an adequate number of visual lap-counting devices for each visiting swimmer's lane, the host team shall be disqualified from the event and the visiting team(s) shall compete to earn points. For not providing an adequate number of visual lap-counting devices for each host swimmer's lane, the affected swimmers from the host team shall compete without the use of the visual lap-counting device or a lap counter.
 3. Lap counters are permitted to count the competitor's laps by changing the number to the next higher or lower number, as the competitor makes the turn at the starting end.
- N. Championship Meets
1. The Regional Swim Meets and the State Swim Meet are designated as championship meets and shall be conducted under the championship meet format. It is recommended that other culminating meets, such as county, league and conference championship meets, be conducted under the championship meet format. Non-culminating meets may also be conducted under the championship meet format. The designation of "championship" or "non-championship" meet should be clearly identified in the meet information.



III. POINTS OF EMPHASIS

- A. Pre-season meetings are required for all swimmers. Coaches are encouraged to request parent attendance. Rules and sportsmanship should be emphasized.
- B. Coaches shall abide by the decisions of the Meet Committee and refrain from unsportsmanlike conduct or remarks.
- C. It is the official's and coach's responsibility to check all equipment prior to each meet.
- D. Schools are encouraged to use WVSSAC Game Contracts.
- E. **Sportsmanship - All coaches are to emphasize to swimmers that respect for all coaches, timers, swimmers, and officials is required throughout the entire meet.**
- F. Coaches are strongly encouraged to take the Part I Test.

IV. TOURNAMENTS

SITES AND DATES CANNOT BE CHANGED WITHOUT WVSSAC APPROVAL

All tournament directors are reminded to read the Director's Manual before any preparations are made for the tournament. The necessary forms or reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

A. REGIONAL MEETS - Monday-Saturday of Week 32

The swim competition for the this season will include regional and state competition. There will be a one class competition with four regional divisions.

1. Entry Form

- a. The Entry Form must be in the WVSSAC office **by Noon Tuesday, January 30, 2018** and to the Regional Director **after 12:00 Noon but before 12:00 midnight** on Tuesday, **January 30, 2018**. The meet at which the time was swum must be included on the Entry Form. **No changes will be accepted after January 30. All Entry Forms must be submitted by Hytek program.**
 - If Entry Form is not received by Regional Director and the WVSSAC office ON THE due date, the swimmers will be entered as a NO TIME. If a coach only submits the form to the Regional Director and not to the WVSSAC, all swimmers will be entered as a NO TIME.
 - A NO TIME issued due to late submission of the Entry Form will not be changed under any circumstances.
 - All times, individual and relays, must be from high school meets during the current season.
- b. To enter the regional meet, a swimmer must have competed in a minimum of four interscholastic meets prior to the date of the Regional Meet, and the team must have scheduled a minimum of 6 meets.

500 Free: Minimum qualifying time for girls is 7:30.00 minutes; minimum qualifying time for boys is 6:30.00 minutes. NO TIMES will not be allowed to enter this event. The top 3 finishers (must meet qualifying minimum) and take the next fastest qualifying times to fill the field.

- c. Each school shall be permitted four entries in each individual event (timed finals).
- d. Relays - one entry per school.
 - Coaches are to list four swimmers.
 - Any swimmer listed on the WVSSAC Eligibility Form is eligible to be entered as an alternate provided he/she is otherwise eligible.
 - Relay Cards must be given to computer operator at least one-half hour before start of meet. Relay cards must indicate the names of the swimmers in that heat.
 - Thereafter, changes will only be allowed for injury or illness; changes must be reported to the Referee prior to the start of the race.
 - The name of the lead-off swimmer shall be submitted to the computer operator not later than the conclusion of the race.
- e. Four event limit per swimmer no more than two of which shall be individual events. A competitor officially becomes a participant in an individual event when the entry card or

form is delivered to the meet manager at a specified time and place.

- f. All swimmers will be seeded according to times listed on the official entry form, provided the time of any contest is not challenged by the coaches present at the scratch meeting. Coaches must bring all time documentation to the Regional Meet.
 - g. Coaches are to keep all meet results and records for home meets until March 1 of each season.
2. Coaches will receive "psyche" sheets only. Heat sheets will be provided at the meet.
 3. Scratches
 - a. Entries may be scratched; however, no additions or replacements will be allowed.
 - b. Deadline is prior to the start of the meet.
 4. Diving will not be included at the Regional Meet.
 5. Order of Events will follow the same format as the State Meet.
 6. Touch pads will be used (where available).
 7. Scoring
 - a. Hy-Tek Meet Management System
 - b. The meet referee will be required to sign-off on all races in which the computer flags more than a .3 difference of pad (electronic) and back-up time.
 - c. The computer operator will print time sheets for each heat of every event.
 - d. 8 Places. Individual events will score 9-7-6-5-4-3-2-1. Relays will be double the individual score.
 - e. Results due to WVSSAC and State Director at the conclusion of the Regional Meet.
 8. State Qualifiers
 - a. **Individual Events:** The top three (3) from each region and the remaining twelve (12) qualifiers will be the next fastest twelve (12) competitors, by time, from all Regions combined.
 - b. **Relays:** The top two (2) from each region and the next 10 fastest times from all Regions combined. This will only occur if all regionals use automatic timing.
 - c. **If a team qualifies 7 or more athletes, no alternate is permitted. If a team qualifies less than 7 athletes, the coach must fill out form and request to bring an alternate. This form must be sent to WVSSAC by the Monday following the Regional Meet.**
 - d. **A swim-off will be conducted to determine the State Qualifier if there is a tie at the Regional Meet for 3rd place in an individual event or 2nd 3rd place in a relay. No swim-off times will be used for qualifying or seeding purposes for the State Swim Meet**
 - e. **After all times from the Regional Meets have been submitted to and tabulated by the State Director, if there is a tie for 24th place in an individual event or 18th place in relay event for the State Swim Meet, an extra heat will be added to that event during the State Swim Meet preliminary session in lieu of a swim-off.**
 9. Admission
 - a. Adults \$6.00 Students \$5.00
 - b. Videotaping or filming of the meet for personal use is allowed. However, it is recommended that the tournament director designate a specific area for all videotaping or filming to ensure that spectator viewing is not violated.
 - c. No flash photography is allowed during the start of each event.
 - d. No reserve or "save" seating. First come, first serve. No seating allowed in aisles.
 - e. Swimmers are to remain in the designated team area to allow for adequate spectator seating.
 - f. No signs allowed on deck or on railings in the spectator seating area.
 10. Deck Area
 - a. Restricted to contracted coaches (maximum of two per



school - no exceptions), swimmers (qualifiers) and officials. At least one of the two coaches must be the county contracted coach. The other coach must be authorized certified and been county board of education approved.

- b. No parents, spectators, media or fans. Deck identification must be worn by coaches, swimmers, and officials.
 - c. No food on deck. Water and sport drinks are the only allowed beverages. No glass containers are allowed. **No oil products are allowed.**
11. No boom boxes or large stereos. Small personal listening devices with earphones are allowed.
 12. Tournament directors should refer to the Spectator Support Information to determine what items are permitted at regional swim meets.
 13. Awards
 - a. Team Championship Plaque (boys and girls)
 - b. Additional awards may be given at the expense of participating schools.
 - c. Presentation - no caps or hats allowed. It is recommended that shirts and sweats have school logo/name.
 14. Officiating
 - a. Officials will be selected by the tournament director.
 - b. Minimum of seven registered officials - four stroke and turn, starter, referee, backup official.
 15. Meet Committee
 - a. The Meet Committee will meet as needed to make decisions on all protests.
 - b. Proper procedures for filing a protest will be detailed for coaches by the Meet Director at a pre-meet meeting.
 - c. The protest procedure must be initiated on the proper form within one event.
 - d. Coaches must submit a formal written explanation on the Protest Form.
 - e. The Meet Director will present the protest to the Meet Committee.
 - f. The Meet Referee will be required to submit a written explanation.
 - g. The Meet Director will present the Meet Referee's explanation to the Meet Committee.
 - h. After the Meet Committee is adjourned, the Meet Director will relay the decision to the coach.
 - i. All decisions of the Meet Committee are final.

REGIONAL TOURNAMENT STRUCTURE

- 1) **The regional tournament directors meeting is Wednesday, January 10th at 10:00 at the WVSSAC office to cover tournament procedures and meet management.**
- 2) **It is recommended that regional meets be scheduled as early as possible to prevent late night travel for teams.**

Regional Times are Subject to Change

Region I

Site: Brooke High School
Date: February 3 Warm-up **9:10 AM** Start **11:30 AM**
Directors: Sean Blumette, AD, Brooke HS (527-1410)
Schools: ~~Bishop Donahue~~, Brooke, John Marshall, Morgantown, Parkersburg, Parkersburg South, University, Weir, Wheeling Park, Wheeling Central, Williamstown

Region II

Site: Shepherd University
Date: February 3 Warm-up **9:00 AM** Start **11:00 AM**
Director: Jay Kirby, AD, Jefferson HS
Schools: Doddridge, East Fairmont, Fairmont Senior, Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, North Marion, Preston, Spring Mills, Washington

Region III

Site: West Virginia Wesleyan
Date: February 3 Warm-up **1:00 PM** Start **3:00 PM**
Director: **Brandon Williams**, Coach, Buckhannon-Upshur (703-832-7522)
Schools: Bridgeport, Buckhannon-Upshur, Elkins, Grafton, Herbert Hoover, Liberty (H), Lincoln, Notre Dame, Philip Barbour, Pike View, Riverside, Shady Spring, South Harrison, Robert C Byrd, Woodrow Wilson

Region IV

Site: Marshall University
Date: February 3 Warm-up **8:30 AM** Start **10:30 AM**
Director: Kathy Morris (733-2068 or 638-4193)
Schools: Buffalo, Cabell Midland, Capital, Chapmanville Regional, Charleston Catholic, George Washington, Huntington, Hurricane, Logan, Man, Mingo Central, Nitro, Point Pleasant, South Charleston, Spring Valley, St. Albans, St. Joseph, Winfield

B. STATE SWIM MEET - Thursday-Friday of Week 33

Site: West Virginia University Natatorium

Director: Dana Keith / Dan Erenrich

Morgantown

1. Coaches' Meeting - Wednesday, February 14 at **TBA**
 Location: **Courtyard Marriott**
 - a. All coaches are required to attend. Failure to attend the meeting or arrive on time will result in the school's swimmer(s) being disqualified from the meet.
 - b. There will be a mandatory coaches' meeting at the beginning of each morning session (Session I and III).
2. State Qualifiers from Regional Meet
 - a. Three individuals per event from each region. The remaining qualifiers will be the next fastest twelve (12) competitors, by time, from all four Regions combined in order to fill out the field of qualifiers.
 - b. **If a state qualifier is unable to attend, the next highest time from that region will become a qualifier. Coaches are to notify the WVSSAC office immediately. If a coach knows at regionals that a swimmer will not attend the State Meet, that coach must contact the WVSSAC office immediately following the regional. This will allow substitution prior to the seeding of the State Meet. Substitutions after February 16th will be placed in the vacated position. The meet will not be reseeded and they will not be in the program.**
 - c. Relay - Two teams per relay event from each region. The remaining qualifiers will be the next fastest ten (10) relay teams, by time, from all four Regions combined in order to fill out the field of qualifiers.
 - Coaches are to list four swimmers.
 - (An alternate for a relay at the State Meet need not have participated in the Regional Meet.) **Coaches will receive only one deck pass per qualifier from the regional meet. Any additional swimmers will have to buy a ticket at the meet.**
 - Any swimmer qualifying for the State Swim Meet is eligible to be entered as an alternate provided he/she is otherwise eligible.
 - Prelims and Finals - Cards must be given to the computer operator not less than 30 minutes prior to the start of the session. Relay cards must indicate the names of the 4 swimmers participating in that race. Thereafter, changes will only be allowed for injury or illness; changes must be reported to the Referee prior to the start of the race.
3. Diving will not be included at the State Meet.
4. Scoring
 - a. Hy-Tek Meet Management
 - b. The meet referee will be required to sign-off on all races in which the computer flags more than a .3 difference of pad (electronic) and back-up time.
 - c. The computer operator will print time sheets for each heat of every event.
 - d. 12 Places. Individual events will score 16-13-12-11-10-9-7-5-4-3-2-1. Relays will be double the individual score.
5. Deck Area
 - a. Restricted to contracted coaches (maximum of two per school), swimmers and officials. At least one of the two coaches must be the county contracted coach. The other coach may be a volunteer but only if the individual has been county board of education approved.



- b. No parents, spectators, media or fans.
- c. Deck identification must be worn by coaches, swimmers, and officials.
- d. No food on deck. Water and sport drinks are the only allowed beverages. No glass containers are allowed. **No oil products are allowed.**
- 6. No boom boxes or large stereos. Small personal listening devices with earphones are allowed.
- 7. **Dividing Well - After each session has started, warm up is allowed in the diving well; however, no diving - feet first entry only; and back stroke standing starts off the wall are not allowed.**
- 8. Admission
 - a. General Admission Adults - \$8.00 Students - \$7.00
 - b. Videotaping or filming of the meet for personal use is allowed. However, it is recommended that the tournament director designate a specific area for all videotaping or filming to ensure that spectator viewing is not violated.
 - c. No flash photography is allowed during the start of each event.
 - d. No reserve or "save" seating. First come, first serve. No seating allowed in aisles.
 - e. Swimmers are to remain in the designated team area to allow for adequate spectator seating.
 - f. Students are not allowed in area designated for coaches.
 - g. No signs allowed on deck or on railings in the spectator seating area.
- 9. All-Tournament Team will be selected by points. The six high point (based on individual events) swimmers (boys and girls) will be the All-Tournament Teams. In the event of ties, relay points will be used to break the tie.
- 10. Awards
 - a. Team Championship Trophy - boys and girls
Team Runner Up Trophy - boys and girls
Individual - 1st place plaque; 2-6 medals; 7-12 ribbons
All Tournament Team - plaques; 6 girls, 6 boys
 - b. Presentation - no caps or hats. It is recommended that shirts or sweats have school logo/name.
- 11. Officiating
 - a. Officials will be selected by the WVSSAC
 - b. Minimum of 12 registered officials - meet referee, 3 deck referees/starters, and 8 stroke and turn officials.
 - c. The tournament director will select all other needed personnel (timers, announcer, timing equipment operator, software operator, etc.,).
- 12. Meet Committee
 - a. The Meet Committee will meet as needed to make decisions on all protests.
 - b. Proper procedures for filing a protest will be detailed for coaches by the Meet Director at a pre-meet meeting.
 - c. The protest procedure must be initiated on the proper form within one event.
 - d. Coaches must submit a formal written explanation on the Protest Form.
 - e. The Meet Director will present the protest to the Meet Committee.

- f. The Meet Referee will be required to submit a written explanation.
- g. The Meet Director will present the Meet Referee's explanation to the Meet Committee.
- h. After the Meet Committee is adjourned, the Meet Director will relay the decision to the coach.
- i. All decisions of the Meet Committee are final.

13. Breaks during Meet. In order to provide recovery time for swimmers, meet management will use its best efforts to schedule breaks during the meet so that a swimmer will have not less than five (5) minutes between events.

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

STATE SWIM MEET TIME SCHEDULE
Thursday, February 15, 2018
PRELIMINARIES

Session I Girls		Session II Boys	
General Admission: TBA		General Admission: TBA	
Warm-ups: TBA		Warm-ups: TBA	
Start: TBA		Start: TBA	
(Times subject to change)		(Times subject to change)	
Event Numbers Girls	Events	Event Numbers Boys	
2	200 Medley Relay	1	
4	200 Freestyle	3	
6	200 Individual Medley	5	
8	50 Freestyle	7	
10	100 Butterfly	9	
12	100 Freestyle	11	
14	500 Freestyle	13	
16	200 Freestyle Relay	15	
18	100 Backstroke	17	
20	100 Breaststroke	19	
22	400 Freestyle Relay	21	

Friday, February 16, 2018
FINALS

Session III Girls		Session IV Boys	
General Admission: TBA		General Admission: TBA	
Warm-ups: TBA		Warm-ups: TBA	
Start: TBA		Start: TBA	
(Times subject to change)		(Times subject to change)	
Event Numbers Girls	Events	Event Numbers Boys	
2	200 Medley Relay	1	
4	200 Freestyle	3	
6	200 Individual Medley	5	
8	50 Freestyle	7	
10	100 Butterfly	9	
12	100 Freestyle	11	
14	500 Freestyle	13	
16	200 Freestyle Relay	15	
18	100 Backstroke	17	
20	100 Breaststroke	19	
22	400 Freestyle Relay	21	

2016-2017 State Swimming Champions

Girls

Wheeling Park High School

Boys

George Washington High School



2017-2018 Swimming Rule Changes

- 1-3-12: (Definitions) State associations may determine meets that shall be considered as culminating meets, which utilize the championship meet format. The championship meet format prescribes specific rules associated with team and individual entries, dual confirmation, declared false starts, and applicable penalties for violation of these rules. Non-championship meets may also be conducted under championship meet format and are subject to all rules for a championship meet.
- 3-3-2a: (Uniforms) Consistent language has been established for all NFHS sports that describe what information is permitted on the uniform. A competitor's name, school name, school nickname and/or the school logo can be placed on the uniform, which consists of the suit and the cap.
- 2-7-6, 3-4: (Lap Counters) Lap counters are now permitted to count the competitor's laps by changing the number to the next higher or lower number, as the competitor makes each turn at the starting end.
- 3-6, 4-1-8: (Conduct) Rule 3 was reorganized to provide consistency and clarity for penalties associated with various competitor and/or meet personnel conduct. In addition, the rule pertaining to language regarding the prohibition of an official's tobacco use at the competition site was moved from Rule 3-6 to Rule 4-1-8.
- 4-6-4: (Relay Takeoff Judges) Dual confirmation for relay takeoffs is now required for all championship meets. Dual confirmation can be accomplished either (a) by two side judges observing the entire field or (b) by a combination of side and lane judges. The referee and the starter may serve as the relay takeoff judges as well.
- 8-3-5c, 4-6-1: (Relay Events) On relays, the second, third and fourth swimmers are prohibited from taking off from the top of the starting block wedge. Competitors must have at least one foot in contact with the starting platform in front of the starting block wedge during takeoff. The responsibility to observe this aspect of this takeoff falls under the relay takeoff judge's jurisdiction, and does not require dual confirmation.
- 9-5-2: (Form of the Dives) The word "additional" was removed from the description of the forward approach and the hurdle, clarifying the intent for hops, leaps and/or jumps to count toward the three-step requirement.

Major Editorial Changes

- 3-3-2 NOTE: The phrase "if otherwise legal" was added to the note to clarify that suits containing a FINA marking are permitted to be used in competition, if the suit meets all other NFHS uniform criteria.
- 9-7-5: Language was added to clarify that a dive is failed if, in the diving referee's opinion, the diver commits two balks on the same dive.

Minor Editorial Changes

2-5-1, 3-2-2 PENALTY 3, 3-2-3 PENALTY 2, 3-3-2 NOTE, 3-3-3a, 3-3-4a,b,c, 5-1-1 NOTES, 8-3-5a, 9-7-5m

Points of Emphasis

1. Suit Coverage
2. Accommodations for Disabled Athletes
3. Warm-Up Protocol
4. Valid Times With A Single Manual Watch
5. Responsibility of the Swimmer in Distance Events
6. Position Statement on Official's Role

INFRACTIONS AND PENALTIES

The following list is a sampling of infractions and penalties. Coaches and athletes should refer to NF Swim Rules Book and WVSSAC rules for additional infraction and penalty regulations.

<u>Infraction</u>	<u>DQ From Event</u>	<u>DQ From Further Competition</u>	<u>Ejection & 2 Meet Suspension</u>
False start	X		
Delay of meet	X		
Failure to assume starting position after being instructed to do so	X		
Stroke infractions	X		
Wearing jewelry discovered during race	X		
Wearing illegal attire	X		
Entering water before race without referee's permission	X		
Not swimming in assigned lane	X		
Interfering with swimmer in another lane	X		
Contacting bottom of pool for purpose of gaining advantage	X		
Re-entering water during race without referee's approval	X		
Participating in/attempting to participate in more than allowable events	X	X	
Failure to compete in all races in which entered	X	X	
Using unapproved artificial device during an event	X	X	
On site use of tobacco products	X	X	X
Being a non-participating team member who enters water during race	X	X	
Refusing to make illegal attire or jewelry legal when directed to do so by referee	X	X	X
On-site shaving		X	
Willful failure to follow the directions of an official	X	X	X
**Unsportsmanlike conduct	X	X	X
(Unsportsmanlike conduct acts include but are not limited to profanity, taunting, throwing equipment in anger or disgust, disrespectfully addressing an official)			

** At the discretion of the referee, team personnel displaying unsportsmanlike conduct may be issued a warning, followed by disqualification and ejection from further participation in the meet. In addition, the personnel will be subject to the WVSSAC Code for Interscholastic Athletics - Rule 127-4-3.



2017-18 WRESTLING PROGRAM

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

2017-18 High School Wrestling Dates

Season Starts	Mon. of Wk. 20	November 13
1st Contest Held	Wed. of Wk. 22	November 29
Regional	Week 32	February 10
State	Week 34	February 22 - 24

Middle School/9th Grade Dates

Season Starts	Monday of Wk. 19	November 6
1st Contest Held	Wed. of Wk. 22	November 29
Season Ends	Saturday of Wk. 33	February 17

I. GENERAL INFORMATION

A. Weight Management Program Policy and Procedures

Note: The Sports Medicine Committee recommended and the Board of Directors approved the recommendation that assessors/doctors use the following skin fold allowance when completing the Certified Minimum Weight Permit Form:

7% High School Boys	9% Jr. High Boys
12% High School Girls	14% Jr. High Girls

- There will be a two-pound growth allowance after December 24th. A wrestler who competes for the first time at a lower weight class before or after December 24th must make base weight at the site of the competition during the official weigh-in. However, he or she can compete at the next higher weight class after making base weight at the lower weight class.
- For weight management/assessment information refer to WVSSAC Weight Management Program policy and procedure. Information was mailed in the coaches packet and can be accessed on-line at www.wvssac.org.
- After being assessed for minimum wrestling weight, the first time an athlete wrestles at their minimum wrestling weight, they must make base weight. They may not weigh-in at their minimum weight until the date indicated by the Alpha Report. **Note: If a wrestler's Alpha date is January 15th, from that point on he must weigh-in 50% of his matches at his minimum weight. In other words, with the same Alpha date, he can't wait until the last match of the season before regionals to make alpha minimum weight, after he's wrestled the other 10 matches at a higher weight on and after alpha date.**
- High schools must have information on-line with The NWCA Optimal Performance Calculator Program by December 23rd. High schools that do not have information on-line by December 23rd will be fined \$50.00.
- Mandatory Herpes Reporting Form must be completed within two days of a Herpes diagnosis. The form is in the Wrestling Coaches Packet and online under Wrestling.**

B. Weighing In

- Contestants shall have the opportunity to weigh in, shoulder-to-shoulder, one hour before the time a dual meet is scheduled to begin. When a preliminary meet is followed by a varsity meet, the weigh-in period for the second meet may, by mutual consent, precede the preliminary meet. **The weigh-in shall be conducted at the dual meet site.**
- The referee or other authorized persons (e.g., both coaches from the participating schools, athletic directors, school administrators, or tournament personnel) shall supervise the weigh-in for dual meets or tournaments.
- Contestants shall weigh in at the tournament site two hours before the first session each day. NOTE: The tournament officials shall establish the weigh-in time unless authorized by the WVSSAC Office.
- When there are consecutive days of team competition, there shall be a one pound additional allowance granted each day for all wrestlers. In order to be granted this one-pound additional allowance, a minimum of 48 hours advance notice is required for your opponent(s). A wrestler must make base weight the first weigh-in to get any weight allowance. All wrestlers must weigh-in each day of the event. No more "night before" weigh-ins.

- A contestant who is to represent his/her school in a tournament shall be named by weight class prior to the conclusion of the weigh-in.
- All contestants (male and female), including heavyweights, shall weigh in wearing a suitable undergarment that completely covers the buttocks and the groin area. Female contestants must also wear a suitable undergarment that covers their breasts.
- Coaches must have in their possession their team's NWCA "Alpha Report" at all competitions.**
Duals, Tris & Quads - Coaches must exchange NWCA generated Weigh-In Reports with opposing coaches.
Multi-Team Competitions: All coaches are to submit their NWCA-generated Weigh-In Report to the Tournament Director. The Director will return copies of all schools' Weigh-In Reports to each coach at the end of the competition. Failure by coach to provide weigh-in reports will result in their team not being permitted to participate.

- 8. Weigh-in guidelines for dual meets, triangulars, quadrangulars, and regular tournaments.** All wrestlers must be present at the beginning of the weigh-in period. Exceptions must be approved by the meet administrators as being valid, having nothing to do with weight-loss purposes.

When weighing in, if a wrestler does not make weight on his first attempt, he must immediately step on the scale a second time. Should the wrestler still not make weight, he may immediately weigh-in ONCE on any other scales used for the weigh-in. If he does not make weight, he must move up or not wrestle. A wrestler may use the restroom prior to his weight class weighing in with official approval and supervision by authorized personnel.

Important Note: In reference to multiple dual meet tournaments, if a team does not wrestle until 2 p.m., it will weigh-in at noon (the two-hour limit before a team competes). Should a team want to weigh-in with teams who are weighing in earlier, it can. However, a team can only weigh-in during one weigh-in period, either its assigned time or an earlier weigh-in time.

- When being weighed in, the wrestler will stand erect facing the scales. Also, this area will be closed for efficiency in handling the weigh-ins.
- Female wrestlers will weigh-in just prior to or after the male wrestlers. A female attendant will conduct the weigh-in. If another certified set of scales is available in the facility, the female weigh-in may occur at the same time as the male contestants.
- Any wrestler making base weight after December 24th must make base weight at the site of the competition during the official weigh-in. The official will sign the team's Alpha Report form with the exact weight noted.

- It is strongly recommended that wrestling coaches dress in a professional manner during contests.**

II. RULES AND REGULATIONS

- The following fourteen weight classifications are to be used in all high school meets: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285.
- A school must have participated in a minimum of six (6) interscholastic matches in order to be eligible to enter the Secondary School Activities Commission tournament series.
- Each participant is limited to eighteen (18) weigh-ins per season exclusive of the regional and state tournaments. A wrestling team will be permitted to have eighteen (18) matches/weigh-ins exclusive of regional, and state tournaments. Dual, triangular and quadrangular matches count as one. Matches in which five or more schools participate count as two matches for schools and 2 weigh-ins for a participant.
- Each wrestler must participate in fourteen (14) practice sessions on fourteen (14) separate days (exclusive of the day of a meet) before he/she participates in a regular season match. If a participant is in a fall sport play-off which overlaps wrestling season, she/he will need only 7 practices provided they attend the Monday after the previous Friday or Saturday fall sport play-off.



- E. The Wrestling Rules as published by the National Federation of State High School Associations, and as further modified by the Secondary School Activities Commission, shall govern all wrestling meets.
- F. A certified or authorized coach/individual shall be in each participant's corner during the match.
- G. Officials must enforce the rule of proper uniform for participants.
- H. A wrestler shall not lower his singlet strap(s) anywhere in the gymnasium facility where it can be observed by the public. All other rules regarding the uniform shall be complied with. This means no caps, hats, etc.
- I. The use of mouth guards is **recommended** for all practices and contests and **required** for athletes wearing braces.
- J. **The wrestlers shall shake hands and the referee shall declare the winner by raising his hand.**
- K. For any tournament exceeding one day weigh-in, NFHS rules will be followed **unless authorized by the WVSSAC Office.**
- L. Coaches seating during the match - **Rule 2, Section 2, Articles 1, and 2** shall be enforced.
- M. Officials are to follow National Federation rules and procedures in all penalty situations.
- N. **Hair and Facial Hair Rules** - Any wrestler wishing to compete with hair longer than collar length **must use a headgear designed by the manufacturer with a built in hair cover.** Also, if an individual has facial hair, it must be covered with a face mask. In either case, the OFFICIAL is to insure that these regulations are followed.
- O. Guidelines for Varsity and Junior Varsity Teams
- Schools may have a varsity and junior varsity squad.
 - In tournament competition, schools entering a junior varsity team may enter more than one participant in each weight class.
- P. **The overtime period shall be followed by two 30-second Tiebreaker Periods if needed. Also, an Ultimate 30-second Tiebreaker will determine the match if needed.**

III. TOURNAMENTS

A. Regional Tournaments

- Prior to the regional tournament, a meeting of coaches shall be held to determine the seeding of the wrestlers.
- Regional Seeding criteria is available in your Coaches Packet, online under Wrestling and in Regional Directors Manual online.** Changing Weight Classes After the Seeding Meeting. The time of verification of entries for the regional tournament will be decided prior to the beginning of the seeding meeting. A vote will be taken by the coaches and should a tie occur the tournament director will break the tie. Coaches should be prepared to defend their records with documentation.
- Any wrestler who loses in the championship bracket shall participate in the consolation bracket. There will be six (6) place winners at the regional tournament. If any state-qualifying place winner is penalized for flagrant misconduct or injured (prior to the state's required 48-hour notification period), all other place winners will move up one place.
- At the pre-regional meeting, possible expenses should be discussed with all schools involved.
- Regional Tournaments:**
 - One day tournament - one to ten teams may be on pre-determined regional date.
 - Two day tournament - eleven or more teams - must be on February 9, 10, 2018. **(However, on or before regional seeding meeting, if it can be determined that a wrestler will not exceed allowed number of matches, their tournament shall be held on one day.)**
- A Doctor or Physician Assistant will perform skin checks at Regionals.**
- Officials for the regional tournament will be appointed by the director. Must be Class I or II. **There must be at least one Class I official at all regionals. It is recommended that a second official be used for regional finals based upon NFHS procedure.**
- Guidelines for video taping will be set by the tournament director.

- Awards:
Regional: The WVSSAC will provide Regional Championship plaques. The regional director will reimburse the WVSSAC for the plaques (waived for 2017-2018 season). Other awards may be presented at the discretion of the regional director and participating schools.
- Admission: Admission to regional tournaments will be \$6.00 for adults and \$5.00 for students.
- Regional Requirements:
 - Scoreboard - Must be visible to public and display scores of all teams entered.
 - Brackets - Posted and updated regularly for fans and participants to view.

CLASS AAA

Region I

Site: Brooke High School
 Director: Sean Blumette, AD; Sean Beamon, Brooke High School
 Schools: Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

Region II

Site: Hedgesville High School
 Director: Derek Oldfield, AD; Matt Forte, Hedgesville High School
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

Region III

Site: Woodrow Wilson High School
 Director: Tim Carrico, AD, Woodrow Wilson High School
 Schools: Capital, George Washington, Greenbrier East, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

Region IV

Site: Huntington High School
 Director: Bruce Senior, AD/Robert St. Clair, Huntington High School
 Schools: Cabell Midland, Huntington, Hurricane, Parkersburg, Parkersburg South, Ripley, Spring Valley

CLASS AA-A

Region I

Site: Fairmont Sr. High School
 Director: Joe Naternicola, AD, Fairmont Sr. High School
 Schools: Berkeley Springs, **Bishop Donahue**, Cameron, East Fairmont, Fairmont Senior, Frankfort, Keyser, Madonna, Magnolia, North Marion, Oak Glen, Paden City, Petersburg, Ritchie County, St. Mary's, Tyler Consolidated, Weir, Wheeling Central

Region II

Site: Braxton High School
 Director: Keith Green, AD, Braxton High School
 Schools: Braxton County, Bridgeport, Clay County, Clay-Battelle, Doddridge County, East Hardy, Elkins, Grafton, Lewis County, Liberty, Lincoln, Moorefield, Notre Dame, Philip Barbour, Roane County, Robert C Byrd, South Harrison

Region III

Site: Independence High School
 Director: Jon Moore, AD, Independence High School
 Schools: Bluefield, Fayetteville, Greenbrier West, Herbert Hoover, Independence, Liberty (R), Meadow Bridge, Midland Trail, Nicholas County, Oak Hill, Pike View, Richwood, River View, Shady Spring, Webster County, Wyoming East

Region IV

Site: Ravenswood High School
 Director: **Wes Swain** **Chris Michael**, AD/Michael Stump, Ravenswood HS
 Schools: Buffalo, Calhoun County, Lincoln County, Logan, Man, Mingo Central, Parkersburg Catholic, Point Pleasant, Nitro, Poca, Ravenswood, Sissonville, St. Joseph, Wahama, Williamstown, Winfield, Wirt County



B. State Tournament

1. **Site, Date** - The State Wrestling Tournament for both classes will be held at the Huntington Civic Center, February 22, 23, and 24, 2018. Bill Archer will serve as Tournament Director.
2. **Qualifiers**
 - a. Four wrestlers will qualify for the State Tournament from each weight class of their respective region.
 - b. As the regionals will be advancing the first four contestants, the fifth and sixth place finishers should stay active in case of injury, illness, etc.
 - c. Notification should be given as soon as possible to the State Tournament Director if a qualifier is not going to be able to compete. If adequate time allows for the next eligible athlete to be present for weigh in, all entries of that region and that weight will be moved up and the next eligible wrestler will be entered.
3. **Pairings** - State tournament pairings will not be released until after the regional tournament.
4. **Officials**
 - a. The WVSSAC office will select the State Tournament officials.
 - b. A second official will be assigned to all Saturday matches based upon NFHS procedures.
5. **Weigh-in**

	Skin Checks	AA/A	AAA
Thursday	4:30 pm	4:00 pm	4:30 pm
Friday	9:30 am	9:00 am	9:30 pm
Saturday	8:30 am	8:00 am	8:30 am

Note: Weigh-ins start with 106 pounders and continue until 285 pounders have been weighed-in. If a wrestler is not present for his weight class weigh-in, he is disqualified from the state tournament. The state tournament committee will make the final decision on any unusual weigh-in situations that might arise.
6. **Video Taping** - Individuals will be permitted to tape at the State Tournament. Each school will be permitted to video tape mat-side during the championship match.
7. **Reimbursement** - Refer to the Reimbursement Schedule.
8. **Coach Ejection** - An ejected coach/participant will sit out the remainder of the State Tournament and meet further requirements of the ejection policy.
9. **Awards (New in 2017)**

Team:

 1. Championship (AAA / AA / A)
 2. Runner-up (AAA / AA / A)

Individual:

 1. Places I through 6 for each weight (each class)
 2. Outstanding Wrestler (chosen by vote of coaches) AAA / AA / A
10. **Admission Prices:**

Adults - (General Admission) \$8.00
 Adult Book Tickets - \$40.00
 Students - (General Admission) \$7.00
 Student Book Tickets - \$35.00
11. **Passes Issued for the State Tournament**

1 - 5 wrestlers - Two coaches passes
 6 or more wrestlers - Three coaches passes

Team Doctors, trainers, video, scorers, Mat Maids can buy extra passes at back door. Extra coaches passes can be purchased at back door.

Please do not ask for additional passes.
12. Bill Archer, Tournament Director, has approved all area hotels for the State Wrestling Tournament.

13. Time Schedule:

- 1st Session** - Thursday, February 22, 2017 6:30 PM (3-3/4 hr)
 (AA-A) AAA First Round Championship Bracket 8 Mats 224 Matches
- 2nd Session** - Friday, February 23, 2017 8 Mats 11:30 A.M. (6 hrs)
 (AA-A) AAA Quarterfinals, Championship Bracket 112 Matches
 1st and 2nd Round Consolation Bracket 224 Matches
 1st Round Consolations will be wrestled simultaneously with the Championship Quarterfinals
- 3rd Session** - Friday, February 23, 2017 7:30 P.M.(1-3/4 hr)
 (AA-A) AAA Semi-Final Championship Matches 4 Mats 56 Matches
 3rd Round Consolation Matches 4 Mats 56 Matches
 3rd Round Consolation will be wrestled simultaneously with the Championship Semi-Finals.
- 4th Session** - Saturday, February 24, 2017 10:30 A.M. (4 hrs)
 (AA-A) AAA Semi-Final Consolation Round 4 Mats 56 Matches
 (AA-A) AAA Consolation Finals for 3rd & 5th Places 56 Matches
- 5th Session** - Saturday, February 24, 2017 6:00 P.M. (3-1/2 hr)
 (AA-A) AAA Championship Finals 2 Mats 28 Matches
14. A random drawing will be held at the coaches seeding meeting to determine the first class wrestled in the state finals matches.

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IV. JR. HIGH/MIDDLE SCHOOL WRESTLING REGULATIONS

WEIGHT CLASSES

The Wrestling Coaches' Committee recommended and the Board of Directors approved the following weight classes for Middle School/9th Grades starting with the 2007-08 season:

78 lb. Class	110 lb. Class	145 lb. Class
84 lb. Class	116 lb. Class	155 lb. Class
90 lb. Class	123 lb. Class	171 lb. Class
95 lb. Class	128 lb. Class	190 lb. Class
102 lb. Class	135 lb. Class	Heavyweight - Max. 285

1. Certified Minimum Weight Permit Forms

Note: For both middle school and 9th grade

- a. As of December 24th, there will be a two-pound growth allowance for all wrestlers. A wrestler who competes for the first time at a lower weight class before, on or after December 24th must make base weight at that match. However, he/she does not have to compete at that weight class for the match.
- b. The Middle School/9th Grade weight management program is the same as previous years.
- c. **After the Certified Minimum Weight Permit Forms have been properly completed, coaches are to keep on file. The school is to file the Certified Minimum Weight Permit Verification Form to the WVSSAC office postmarked no later than December 23.**
- d. Schools that do not have the Certified Minimum Weight Permit Verification Forms postmarked to the WVSSAC office by December 23 will be fined \$50.

2. **Length of Matches**

First Period	-	1 Minute
Second Period	-	2 Minutes
Third Period	-	2 Minutes

Overtime Period and Tiebreaker

- a. The overtime period shall be followed by two 30-second Tiebreaker Periods if needed. Also, an Ultimate 30-second Tiebreaker will determine the match if needed.



- 3. Each wrestler must participate in 14 organized practices on 14 separate days before participating in a scheduled match.
- 4. Each wrestler must wear ear protectors, fingernails must be trimmed, and hair style must conform to National Federation Rule Book.
- 5. A one and a half (1 1/2) minute "injury time" will be allowed for an injured wrestler. A wrestler unable to participate at this time shall default.
- 6. No artificial weight loss device may be used.
- 7. Each wrestler shall weigh-in in the presence of a certified official.
- 8. Physical Examination and Parental Consent is required.
- 9. Each boy or girl is limited to sixteen (16) weigh-ins per season. Dual, triangular and quadrangular meets count as one match each. Meets in which five or more schools participate count as two matches and 2 weigh-ins for wrestlers.
- 10. The Middle School/9th Grade wrestling programs will still utilize the Certified Minimum Weight Permit Forms. They must continue to weigh-in at their certified minimum weight 50-percent of their matches. Should they weigh-in two weight classes above their certified minimum weight, the wrestlers would then be recertified at the next higher weight. After being certified, wrestlers cannot ask to be certified a second time.

MAJOR WRESTLING RULES CHANGES FOR 2017-18

- 4-1-1a-c: Clarified the criteria for an alternative uniform.
- 4-5-3: Modified what is appropriate and allowable in the designated weigh-in area.
- 5-11-1: Clarified the definition of a fall.
- 5-11-5: Modified the location of where a fall or near fall can be awarded.
- 5-15-2b, c: Clarified the scoring of points in relation to the location on the mat.
- 5-19-10: Modified the position of the referee at the beginning of the start of a match.
- 6-6-4a1: Clarified the process of correcting an error by the timekeeper during a dual meet.
- 6-6-5a1: Clarified the process of correcting an error by the timekeeper during a tournament.
- 7-1-2: Modified that two moves (straight-back suplay and straight-back salto) are now illegal.
- 7-1-5w: Clarified that a specific maneuver is not allowed.
- 7-6-4d: Modified another determinant for stalling.

2016-2017 State Wrestling Champions
AAA
Parkersburg South High School
AA
Independence High School
A
Wirt County



2017-18 POINTS OF EMPHASIS

- 1. Off the scale activities
- 2. Cleanliness-uniforms, pads
- 3. Braces-padded and covered
- 4. Stalemate/fleeing the mat
- 5. Salto and Suplay illegality
- 6. Consistency of the start of each match



**TICKET ORDER FORM
 FOR
 WRESTLING TOURNAMENT
 February 22-24, 2018**

Mail To: Mr. Bill Archer, Principal, State Tournament Director
 510 9th Avenue
 Huntington, WV 25701



Please send the following tickets for the State Wrestling Tournament series:
(Tickets will be mailed in early February)

Tickets for Principals	_____
Coaches, Adults @ \$40.00	_____
Student Tickets @ \$35.00	_____
Handling Fee \$2.00	_____
Total Enclosed	<u> \$2.00 </u>

TICKET ORDERS MAY BE SUBMITTED AT ANYTIME. ORDERS WILL BE MAILED FROM THE STATE TOURNAMENT DIRECTOR STARTING FEBRUARY 14. Coaches who qualify wrestlers for State get 2 tickets for 1-5; 3 for 6 and over. They can order extra tickets or buy them at the tournament.

For Office Use Only
 Order Received _____
 Order Filled _____

Mail Tickets To:
 Name _____
 School _____
 Address _____
 City/Zip Code _____

((((((OFFICE ECHOES)))))

Minutes of Meeting
Board of Directors #677
WVSSAC, Parkersburg, WV
June 13, 2017

1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 8:23 am on Tuesday, June 13, 2017 at the WVSSAC office, Parkersburg, WV. The following members were present: David Cottrell, David Nuzum, Mike Arbogast, Craig Lee Loy, Jamie Tallman, Jim Crawford, Dr. Eddie Campbell, and Robert Dunlevy. Richard Summers and Dr. James Wilson were absent. Representing the WVSSAC administrative staff was: Bernie Dolan, Kelly Geddis, Greg Reed, and Wayne Ryan.

2. Approval of Minutes

- A. May Meeting – Mr. Dolan presented the minutes of the May 16, 2017 meeting for approval. On a motion by Robert Dunlevy and a second by Lee Loy, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by David Cottrell and a second by David Nuzum, the Board voted unanimously to approve the agenda as amended. The following item was added for the good of the order: Creation of Investment Committee.

4. Financial Reports

- A. May Monthly – Mr. Dolan presented the May Monthly Financial Report for consideration by the Board. He pointed out that there were a couple of items added to the report for Arbitrator. On a motion by Jim Crawford and a second by David Nuzum, the Board unanimously approved the report as presented.
- B. Tennis Financial – Mr. Dolan presented the Tennis Financial. He informed the Board that even with the rain every day, having to switch courts from 8 to 6, and 2 different sites, the tournament went very well and had less loss than last year.

On a motion by David Cottrell and a second by Jamie Tallman, the Board voted unanimously to accept the financial report as presented.

5. Coaching Committee Meeting Reports

- A. Track – Mr. Ryan presented the Track Coaches Committee Report. He presented the following proposals for the Boards consideration:
 - a. On a motion by Eddie Campbell and a second by Jim Crawford, the Board voted 4 to 2 to move the regional and state tournaments one week later. Motion passed.
 - b. On a motion by Robert Dunlevy and a second by Jim Crawford, the Board unanimously voted to lower the starting height in regionals for girls' pole vault down 6 inches for all 3 classes.
 - c. On a motion by Jamie Tallman and a second by David Cottrell, the Board unanimously voted to allow the option to have live results at regional meets where available.
 - d. On a motion by Robert Dunlevy and a second by Jim Crawford, the Board voted unanimously to accept the regional sites as presented.

6. Discipline Log

Mr. Dolan presented the Discipline Log. Midland Trail HS used too many outside assistance days. They will lose 3 flex days and 2 outside assistance days. On motion by Lee Loy and a second by David Nuzum, the Board voted unanimously to approve the Discipline Log as presented.

7. Legal Update – None

8. Program Report – Bill Gillispie informed the Board of the success of measures being taken to decrease the amount of sports programs being disposed of each year.

9. Items Member Schools will not have to pay for during the 2017-18 school year.

Mr. Dolan informed the Board that member schools would not have to pay for catastrophic insurance, dues and trophies again

this year. On a motion by David Cottrell and a second by Lee Loy, the Board unanimously voted to accept the report as presented.

10. Trophy and Awards Contract – On a motion by Robert Dunlevy and a second by David Nuzum, the Board unanimously voted to accept Winners Choice, Fairmont, WV as our trophy supplier for the next 4 or 5 years.

11. Salary Committee Report / Recommendations – On a motion by David Cottrell and a second by Jim Crawford, the Board unanimously approved the Salary Committee recommendations for salary increases for the administrators and office staff and a one-time tax free bonus for each of the administrators. Mr. Arbogast commended the administrative staff for continuing to work to take the stress off of schools.

12. Administrative Update

- A. NFHS Summer Meeting – Mr. Dolan confirmed who would be going to the NFHS Summer Meeting. It will be Jamie Tallman, David Cottrell and Dr. James Wilson.
- B. Technology – Mr. Dolan shared with the Board the progress being made to update the procedure of getting the former officials program working with the arbiter system. Also, cost cutting measures of taking books to the Interpreters Meetings versus mailing them. NFHS is also moving towards online books only.
- C. Review Spring Tournaments – Spring tournaments went very well even with all the rain through tennis and softball.
- D. Arbitrator Update – Online Officials Registration – Mr. Gillispie informed the Board that there will be a training on arbitrator for official boards at the WVSSAC office on Wednesday, June 21, 2017.
- E. WVDE – Rules on Public Comment – So far, there have been no comments on the proposed rule changes.

13. Appeal

- A. **Student Athlete, Cameron HS – 127-2-7 (Residence-Transfer)** – On a motion by David Cottrell and a second by Jim Crawford, the

Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

- B. Student Athlete, Fairmont Sr. HS - 127-2-7 (Residence-Transfer)** – On a motion by Eddie Campbell and a second by Robert Dunlevy, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility as extreme and undue hardship has been established. The school will be sanctioned and directed to attend the WVSSAC Administrators Workshop held at the WVSSAC office each year. .
- C. Student Athlete, North Marion HS - 127-2-7 (Residence-Transfer)** – On a motion by Lee Loy and a second by Eddie Campbell, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility as extreme and undue hardship has been established. The school will be sanctioned and directed to attend the WVSSAC Administrators Workshop held at the WVSSAC office each year.
- D. Student Athlete, Philip Barbour HS – 127-2-7 (Residence-Transfer)** – On a motion by Robert Dunlevy and a second by Jim Crawford, the Board unanimously voted to sustain the Executive Directors decision denying eligibility for the reason that extreme and undue hardship has not been proven and there is no allegation that the rule fails to accomplish the purpose for which it is intended.
- E. Student Athlete, Grafton HS – 127-2-4 (Age)** – On a motion by David Cottrell and a second by Eddie Campbell, the Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.
- F. Student Athlete, Tyler Consolidated HS– 127-2-7 (Residence-Transfer)** – On a motion by David Cottrell and a second by Jim Crawford, the Board unanimously voted to overturn the Executive Directors decision because it has been demonstrated that the rule

fails to accomplish the purpose for which it is intended.

14. Items for the Good of the Order

- A. Creation of Investment Committee – On a motion by Dr. Campbell and a second by David Cottrell, the Board unanimously approved forming an Investment Committee to review what BB&T is doing for the WVSSAC. Committee will meet twice a year before a regularly scheduled Board meeting.

15. Motion to adjourn by David Nuzum and seconded by Jim Crawford. Vote – unanimous.

Bernie Dolan, Executive Director



**Minutes of Meeting
Board of Directors #678
WVSSAC, Parkersburg, WV
July 19-20, 2017**

1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 5:33 pm on Wednesday, July 19, 2017 at the WVS-SAC office, Parkersburg, WV. The meeting was recessed and called back to order on Thursday, July 20, 2017 at 8:30 am. The following members were present: David Cottrell, David Nuzum, Mike Arbogast, Craig Lee Loy, Jamie Tallman, Jim Crawford, Richard Summers and Robert Dunlevy. Dr. Eddie Campbell and Dr. James Wilson were absent. Representing the WVSSAC administrative staff was: Bernie Dolan, Kelly Geddis, Greg Reed, and Wayne Ryan.

2. Approval of Minutes

- A. June Meeting – Mr. Dolan presented the minutes of the June 13, 2017 meeting for approval. On a motion by David Cottrell and a second by David Nuzum, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

- A. Mr. Dolan presented the Agenda for approval. On a motion by Jim Crawford and a second by Lee Loy, the Board voted unanimously to

approve the agenda as amended. The following item was added for the good of the order: August Meeting Date Change; Colonial Life – Medical Saving Account for WVS-SAC employees.

4. Financial Reports

- A. June Monthly – Mr. Dolan presented the June Monthly Financial Report for consideration by the Board. On a motion by Jim Crawford and a second by David Nuzum, the Board unanimously approved the report as presented.
 - B. Softball State Tournament – Ms. Geddis presented the Softball State Tournament financial report. She informed the Board that attendance was down because of constant rain, however, they played through it. On a motion by David Cottrell and a second by David Nuzum, the Board voted unanimously to accept the financial report as presented.
 - C. Baseball State Tournament – Mr. Reed presented the Baseball State Tournament financial report. He informed the Board that weather was good as well as attendance. There were a few more expenses. On a motion by Lee Loy and a second by Jamie Tallman, the Board voted unanimously to accept the financial report as presented.
 - D. Track State Tournament – Mr. Ryan presented the Track State Tournament financial report. He informed the Board that there were more reimbursements because more kids qualified. He expressed appreciation to Laidley Field for making sure the track was repaired and the fine job they did. On a motion by Lee Loy and a second by David Nuzum, the Board voted unanimously to accept the financial report as presented.
5. State Baseball Proposal for 2018, 2019, 2020, 2021
- A. Linda K Epling Stadium, Beckley – Mr. Jim Holland was here to present their bid.
 - B. Appalachian Power Park, Charleston – Mr. Tim Muller, WV Power Park; Rob Blackstone, Charleston; Samantha Carney and Tim Bradley, Charleston Convention & Business Bureau were here to present their bid.

On a motion by Robert Dunlevy and a second by David Cottrell, the Board voted unanimously to award the Baseball State Tournament to Appalachian Power Park.

6. Coaching Committee Meeting Reports
 - A. Baseball Committee Report – Mr. Reed presented the Baseball Coaches Committee Report. He presented the following proposals for the Boards consideration:
 - a. If a school has completed their sectional contests by Thursday or before, schools must start their Regional on Monday. If a school completes their sectional on Friday or Saturday, schools must begin their Regional on Tuesday. On a motion by David Cottrell and a second by Jim Crawford, the Board unanimously voted to accept the report as presented.
 - b. Increase the Dugout Limit from twenty-five (25) to twenty-seven (27). The proposal died for lack of a motion.

7. Discipline Log

None

8. Legal Update – Mr. Dolan informed the Board that Garrett Russler, Hedgesville HS was approved by the Review Board.

9. Senate Bill 40 (Emergency Rule) – This is an emergency rule that will go into effect immediately and then voted on by the Board of Control in June of next year. It will be in the Rules and Regulation Handbook next year. On a motion by Jim Crawford and a second by Lee Loy, the Board unanimously voted to accept the emergency rule as presented.

10. Administrative Update

- A. Administrative Goals Report – Mr. Dolan reviewed the Administrators goals for the past year.
- B. Regional Principals Meetings – Mr. Dolan provided meeting dates of the Regional Principal Meetings.
- C. Corporate Partner Update – Mr. Dolan gave a report on Corporate Partners
- D. On a motion by Mr. Dunlevy and a second by Mr. Loy, the Board voted

unanimously to go back to Mr. Wooten with a counter offer on his salary proposal.

- E. BB&T Investment Policy – Mr. Dolan shared with the Board BB&T Investment Policy Statement. On a motion by Jim Crawford and a second by David Nuzum, the Board voted unanimously to accept the policy.

11. Appeal

A. Student Athlete, George Washington HS – 127-2-5 (Semester and Season) – On a motion by Lee Loy and a second by Jim Crawford, the Board unanimously voted that the decision of the Executive Director be sustained denying eligibility, for the reason that extreme and undue hardship has not been proven and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.

B. Student Athlete, Bridgeport. HS - 127-2-7 (Residence-Transfer) – On a motion by Lee Loy and a second by Jim Crawford, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility as extreme and undue hardship has been established.

C. Student Athlete, John Marshall HS - 127-2-7 (Residence-Transfer) – On a motion by David Cottrell and a second by Jamie Tallman, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

On a motion by Jim Crawford and second by David Cottrell, the Board voted unanimously to consider the next two appeals together as they are step-sisters and live at the same residence.

D. Student Athletes Cameron HS – 127-2-7 (Residence-Transfer) / Tiara Bertrand, Cameron HS – 127-2-7 (Residence-Transfer) – On a motion by David Cottrell and a second by Lee Loy, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

E. Student Athlete, Gilbert MS– 127-2-4 (Age) – On a motion by

David Cottrell and a second by Lee Loy, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility as extreme and undue hardship has been established.

F. Student Athlete, University HS - 127-2-7 (Residence-Transfer) – Did not appear for appeal.

G. Student Athlete, East Fairmont HS – 127-2-7 (Residence-Transfer) – As principal of East Fairmont HS, Mr. Nuzum recused himself from the hearing. On a motion by Mr. Dunlevy and a second by Mr. Crawford, the Board unanimously voted to overturn the Executive Directors decision and grant eligibility as extreme and undue hardship has been established.

12. Items for the Good of the Order

- A. On a motion by David Cottrell and a second by Robert Dunlevy, the Board voted unanimously to change the August meeting date from August 16-17 to August 29, 2017, 8:00 am.
- B. Mr. Dolan shared with the Board information about the Colonial Life Medical Savings Plan.

13. Motion to adjourn by David Cottrell and seconded by Lee Loy. Vote – unanimous.

Bernie Dolan, Executive Director

I've missed more than 9000 shots in my career.

I've lost almost 300 games.

26 times, I've been trusted to take the game winning shot and missed.

I've failed over and over and over again in my life.

And that is why I succeed.

~ Michael Jordan ~