

**HIGH SCHOOL REGIONAL/STATE CHEER COMPETITION ROUTINE OUTLINE**

School \_\_\_\_\_ Region \_\_\_\_\_ Classification \_\_\_\_\_

Coach \_\_\_\_\_ Fax ( ) \_\_\_\_\_

Phones: Work ( ) \_\_\_\_\_ Home ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

A **TYPED** outline **MUST** be submitted. **Each sequence of the outline must be numbered.** Use an asterisk (\*) to denote the use of a hands-on spotter. Use a double asterisk (\*\*) to denote a free standing spotter. If you do not receive a communication concerning the submitted outline, you may assume that there are no concerns with the elements of the routine *as they are presented in the outline.*

**I. Technical**

Jump One: \_\_\_\_\_

Jump Two: \_\_\_\_\_

Time: \_\_\_\_\_ [Must be between 30 and 40 seconds]

**II. Open**

Time: \_\_\_\_\_ [Must be no longer than 2 minutes 30 seconds]

Coach's Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail this original and the TYPED OUTLINE to:

**Kelly Geddis**  
WVSSAC  
2875 Staunton Turnpike  
Parkersburg, WV 26104-7219

Mail a COPY of both and any tapes to:

**Pat Gross**  
145 West High Street  
Waynesburg, PA 15370  
E-mail: [patricia\\_m\\_gross@yahoo.com](mailto:patricia_m_gross@yahoo.com)

**THIS FORM AND THE OUTLINE MUST BE POSTMARKED BY THE  
DATE POSTED IN *THE INTERSCHOLASTIC***