

WVSSAC Baseball Pitch Count



		Required Days of Rest (Pitches)				
Age	Maximum Number of Pitches	0 days	1-Day	2-Days	3-Days	4-Days
HS	110	1-30	31-50	51-75	76-110	-----
MS	95	1-25	26-40	41-55	56-70	71+

1. The pitch count is based on the number of pitches thrown to batters during the batter's time at bat. Warm up pitches allowed before the game, in between innings or allowed by the umpire in case of injury or game delay do not count. Additionally, intentional walks and balks do not count towards the total number of pitches thrown.
2. When the pitcher reaches 110 pitches, he may not pitch to another batter. He may only finish pitching to the current batter (at bat).
3. No player can pitch four (4) consecutive days.
4. The pitching rule applies even though a game is called (ended) by the umpire because of darkness, rain or some other factor before it has become an official game.
5. Game officials are not responsible for enforcing the pitch count rule. Schools should report violations to the WVSSAC office following competition.
6. Violations will be considered in the same manner as a school using an ineligible player. The minimum penalty for such violations is forfeiture of the game. Additional penalties could also apply such as, but not limited to, head coach suspension, program probation determined by the WVSSAC office.
7. Recording/Charting pitches:

During the game, each team will provide an individual (preferably a coach) to log pitches from the dugout. The home team will also provide a pitch count recorder in the press box or assigned area to record pitch counts.

Any discrepancy in the pitch count of either pitcher will be resolved at the conclusion of each half inning. If the pitch counts do not match, we will go with the predominant count. If all three counts do not match, the count used by the pitch count recorder will be considered the official count.