

Sports Physical Tips

From preseason to play-offs, MedExpress is here to help keep your athletes in the game.

Get a Sports Physical today at MedExpress.

A sports physical has two main parts:

Medical History questions about:

- serious illness among other family members
- past illness, injuries, hospitalizations and surgeries
- whether you've passed out, felt dizzy, had chest pain, or strained breathing during exercise
- any medications you are on

Physical Examination of:

- height, weight, blood pressure and pulse
- vision
- heart, lungs, abdomen, ears, nose and throat
- posture, joints, strength and flexibility



MedExpress offers Sports Physicals 7 days a week.

(Physicals requiring X-rays, labs or other ancillary requirements may result in additional charges.)

medexpress.com



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URGENT CARE

+ FULL MEDICAL TEAM

+ 8-8 EVERY DAY

+ JUST WALK IN

This information is not intended to replace the advice of a physician. It is information that is generally available. Each person has unique medical needs based on several factors including: age, genetics, body type and build, medications, exposures to illness, and medical history, to name a few. Always seek the advice of a physician or other qualified healthcare provider with any questions you may have regarding a medical condition that you are experiencing. If you are suffering from a non-emergent medical situation, it is suggested that you visit the nearest MedExpress Urgent Care center or your family physician. If you believe you are experiencing a medical emergency, call 911.

